COACHES CONTACT FOR SUMMER CONDITIONING

All athletes must have a completed Athletic Participation packet and student insurance before participating in conditioning. The links for these can be found on our school website and also on www.pcsb.org. Printed copies of the Athletic Participation packet will be available in the main of Hollins High.

**Football:** Coach Stokes email- stokesj@pcsb.org

**Boys Basketball:** Coach Lauster email- lausterr@pcsb.org

**Girls Basketball:** Coach Jones email- joneske@pcsb.org

**Cross Country:** Coach Callahan email- callahandan@pcsb.org

**Soccer:** Coach Saliotte email- dsaliotte@gmail.com

**Swimming:** Coach Zemaitis email- zemaitism@pcsb.org

**Volleyball:** Coach Rivera Rivera email- riverariverae@pcsb.org

**Wrestling:** Coach Spataro email- spataron@pcsb.org