



Kellogg's Frosted Flakes® Multi-Grain For School

Kellogg's Frosted Flakes® Multigrain cereal

Product Type
Cereal Pouch

Product Category

UPC Code
3800011465

Servings/Case
96 ct

Sizes
1.0 oz

Format
Single Serve Bowl

Gross Weight
8.24

Allergen Information
CONTAINS WHEAT INGREDIENTS.
CORN USED IN THIS PRODUCT MAY
CONTAIN TRACES OF SOYBEANS.

Dietary Exchange Per Serving
1 1/2 Carbohydrates

Kosher Status
Kosher/Parve

Grain Ounce Equivalents
1

Shelf Life
365 days (12 months)

Country of Origin



Date Printed: 06/01/2016

Kellogg's Frosted Flakes® Multigrain Reduced Sugar

Nutrition Facts	
Serving Size	1 Pouch (28g)
Amount Per Serving	
Calories	100
Calories from Fat	0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 24g	8%
Dietary Fiber 3g	10%
Sugars 7g	
Protein 2g	
Vitamin A 10% • Vitamin C 25%	
Calcium 0% • Iron 25%	
Vitamin D 10% • Thiamin 25%	
Riboflavin 25% • Niacin 25%	
Vitamin B ₆ 25% • Folic Acid 25%	
Vitamin B ₁₂ 25%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat. Fat	Less than 25g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS: WHOLE GRAIN WHEAT, RICE, SUGAR, MILLED CORN, WHEAT BRAN, CONTAINS 2% OR LESS OF SOLUBLE WHEAT FIBER, SALT, MALT FLAVOR, BHT FOR FRESHNESS.

VITAMINS AND MINERALS: VITAMIN C (ASCORBIC ACID), NIACINAMIDE, REDUCED IRON, VITAMIN B₆ (PYRIDOXINE HYDROCHLORIDE), VITAMIN B₂ (RIBOFLAVIN), VITAMIN B₁ (THIAMIN HYDROCHLORIDE), VITAMIN A PALMITATE, FOLIC ACID, VITAMIN B₁₂, VITAMIN D₃.

CONTAINS WHEAT INGREDIENTS. CORN USED IN THIS PRODUCT MAY CONTAIN TRACES OF SOYBEANS.

NLI#10902



**Formulation Statement for Documenting Grains in School Meals
Required Beginning SY 2013-2014**

[*Crediting Standards Based on Revised Exhibit A*
weights per oz equivalent]

School Food Authorities (SFAs) should include a copy of the label from the purchased product carton in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Kellogg's Frosted Flakes® Multigrain Reduced Sugar Code No.: 38000 11465

Manufacturer: Kellogg Company Serving Size: 1 container (1 oz) (28 g)

I. Does the product meet the Whole Grain-Rich Criteria: Yes X* No

(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program)

*Whole grain wheat is the primary ingredient by weight, listed first in the ingredient statement.

II. Does the product contain non-creditable grains: Yes No **How many grams:**

(Products with more than 0.24oz equivalent or 3.99 grams for Groups A-G and 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains), or Group I (ready-to-eat breakfast cereals). *(Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)*

Indicate to which Exhibit A Group (A-I) the Product Belongs: I

Description of Product per Food Buying Guide	Portion Size of Product as Purchased A	Weight of 1 ounce equivalent as listed in SP 30-2012 B	Creditable Amount
			A ÷ B
Ready to eat cereal	1oz (28g)	1 ounce (28g)	1
A. Total Creditable Amount¹			1

¹Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.

Total weight (per portion) of product as purchased 1 oz (28 g)

Total contribution of product (per portion) 1 oz equivalent

I further certify that the above information is true and correct and that a 1 ounce portion of this product (ready for serving) provides 1 oz equivalent grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of noncreditable grains may not credit towards the grain requirements for school meals.

Signature

Sr. Director, Nutrition Labeling & Regulatory Compliance
Title

Julia M. Jursinic, MS

Printed Name

01/16/15

Date

1-877-511-5777

Phone Number