

## **High School Lunch Menu**

	PINELLAS COUNTY SCHOOLS	កា	ign School I	luncn men	U
	Monday	Tuesday	Wednesday	Thursday	Friday
	*All hot or cold entrees include a choice of milk. * All menus are subject to change! We do our best to provide our customers with all of our planned options; however, occasionally issues beyond our control do not allow it.	<ol> <li><u>Choose One:</u> Loaded BBQ Pork &amp; Cheese Nachos with Corn Niblets ~OR~ Entrée Salad</li> <li>Cold Sandwich with Vegetable Salad ~OR~</li> <li>PBJ Kit with Fresh Vegetable Cup All of the Above Include</li> <li>100% Fruit Juice &amp; Fresh Fruit Fresh Celery &amp; Grape Tomatoes</li> </ol>	<ul> <li><u>Choose One:</u> <ul> <li>Teriyaki Beef Dippers with</li> <li>Rice, Roll &amp; Steamed Broccoli</li> <li>~OR~ Entrée Salad</li> <li>~OR~ Cold Sandwich with</li> <li>Vegetable Salad ~OR~</li> </ul> </li> <li>PBJ Kit with Fresh Vegetable Cup</li> <li>All of the Above Include</li> <li>100% Fruit Juice &amp; Cupped Fruit</li> <li>Sliced Cucumbers</li> </ul>	<ul> <li>3 <u>Choose One:</u> Chicken Souvlaki Sandwich with Sweet Potato Fries ~OR~ Entrée Salad</li> <li>~OR~ Cold Sandwich with Vegetable Salad~OR~</li> <li>PBJ Kit with Fresh Vegetable Cup</li> <li>All Include 100% Fruit Juice &amp; Fresh Fruit &amp; Fresh Broccoli</li> </ul>	<ul> <li>Choose One:</li> <li>Cheese Sticks &amp; Toasted Ravioli Boat with Marinara Cup</li> <li>~OR~ Entrée Salad</li> <li>~OR~ Cold Sandwich with</li> <li>Vegetable Salad ~OR~</li> <li>PBJ Kit with Fresh Vegetable Cup</li> <li>All of the Above Include</li> <li>100% Fruit Juice &amp; Cupped Fruit</li> <li>Carrot &amp; Celery Cup</li> </ul>
	7 LABOR DAY—NO SCHOOL	<ul> <li>Choose One: Beef, Pork or Chicken Tacos</li> <li>with Salsa Cup &amp; Refried Beans</li> <li>~OR~ Entrée Salad</li> <li>~OR~ Cold Sandwich with</li> <li>Vegetable Salad ~OR~</li> <li>PBJ Kit with Fresh Vegetable Cup</li> <li>All of the Above Include</li> <li>100% Fruit Juice &amp; Fresh Fruit</li> <li>Fresh Celery &amp; Grape Tomatoes</li> </ul>	<ul> <li><u>Choose One:</u> Max Cheese Sticks or Cheese Quesadillas with Marinara Cup or Salsa Cup ~OR~ Entrée Salad</li> <li>~OR~ Cold Sandwich with Vegetable Salad ~OR~</li> <li>PBJ Kit with Fresh Vegetable Cup All Include 100% Fruit Juice &amp; Cupped Fruit &amp; Sliced Cucumbers</li> </ul>	<ul> <li><u>Choose One:</u></li> <li>Chicken Nuggets, Tenders or Buffalo Chicken Nuggets</li> <li>with Biscuit &amp; Crispy Fries</li> <li>~OR~ Entrée Salad</li> <li>~OR~ Cold Sandwich with</li> <li>Vegetable Salad ~OR~</li> <li>PBJ Kit with Fresh Vegetable Cup</li> <li>All Include 100% Fruit Juice &amp; Fresh Fruit &amp; Fresh Broccoli</li> </ul>	<ul> <li><u>Choose One:</u> <ul> <li>Italiano School Choice w/</li> <li>Marinara Cup &amp; Tater Tots</li> <li>~OR~ Entrée Salad</li> <li>~OR~ Cold Sandwich with</li> <li>Vegetable Salad ~OR~</li> </ul> </li> <li>PBJ Kit with Fresh Vegetable Cup</li> <li>All of the Above Include</li> <li>100% Fruit Juice &amp; Cupped Fruit</li> <li>Carrot &amp; Celery Cup</li> </ul>
	14       Choose One:         Popcorn Chicken & Waffle with         Country Baked Beans         ~OR~ Entrée Salad         ~OR~ Cold Sandwich with         Vegetable Salad ~OR~         PBJ Kit with         PBJ Kit with         Fresh Vegetable Cup         All of the Above Include         100% Fruit Juice & Cupped Fruit         Carrot & Dip Cup	<ul> <li>15 <u>Choose One:</u></li> <li>Loaded BBQ Pork &amp; Cheese Nachos with Corn Niblets</li> <li>~OR~ Entrée Salad</li> <li>~OR~ Cold Sandwich with</li> <li>Vegetable Salad ~OR~</li> <li>PBJ Kit with Fresh Vegetable Cup</li> <li>All of the Above Include</li> <li>100% Fruit Juice &amp; Fresh Fruit</li> <li>Fresh Celery &amp; Grape Tomatoes</li> </ul>	<ul> <li>16 <u>Choose One:</u> Teriyaki Beef Dippers with Rice, Roll &amp; Steamed Broccoli</li> <li>~OR~ Entrée Salad</li> <li>~OR~ Cold Sandwich with Vegetable Salad ~OR~</li> <li>PBJ Kit with Fresh Vegetable Cup All Include 100% Fruit Juice &amp; Cupped Fruit &amp; Sliced Cucumbers</li> </ul>	<ul> <li>17 <u>Choose One:</u> Chicken Souvlaki Sandwich <i>with</i> Sweet Potato Fries</li> <li>~OR~ Entrée Salad</li> <li>~OR~ Colld Sandwich <i>with</i> Vgetable Salad</li> <li>~OR~</li> <li>PBJ Kit <i>with</i> Fresh Vegetable Cup</li> <li>All Include 100% Fruit Juice &amp; Fresh Fruit &amp; Fresh Broccoli</li> </ul>	<ul> <li>18 <u>Choose One:</u></li> <li>Cheese Sticks &amp; Toasted Ravioli Boat with Marinara Cup</li> <li>~OR~ Entrée Salad</li> <li>~OR~ Cold Sandwich with</li> <li>Vegetable Salad ~OR~</li> <li>PBJ Kit with Fresh Vegetable Cup</li> <li>All of the Above Include</li> <li>100% Fruit Juice &amp; Cupped Fruit</li> <li>Carrot &amp; Celery Cup</li> </ul>
	<ul> <li>21 <u>Choose One:</u> Honey Sriracha Wings with Rolls &amp; Steamed Broccoli</li> <li>~OR~ Entrée Salad</li> <li>~OR~ Cold Sandwich with</li> <li>Vegetable Salad ~OR~</li> <li>PBJ Kit with Fresh Vegetable Cup</li> <li>All of the Above Include</li> <li>100% Fruit Juice &amp; Cupped Fruit</li> <li>Carrot &amp; Dip Cup</li> </ul>	<ul> <li>22 <u>Choose One:</u> Beef, Pork or Chicken Tacos with Salsa Cup &amp; Refried Beans ~OR~ Entrée Salad</li> <li>~OR~ Cold Sandwich with Vegetable Salad ~OR~</li> <li>PBJ Kit with Fresh Vegetable Cup All of the Above Include</li> <li>100% Fruit Juice &amp; Fresh Fruit Fresh Celery &amp; Grape Tomatoes</li> </ul>	<ul> <li>23 <u>Choose One:</u> Max Cheese Sticks or Cheese Quesadillas with Marinara Cup or Salsa Cup ~OR~ Entrée Salad</li> <li>~OR~ Cold Sandwich with Vegetable Salad ~OR~</li> <li>PBJ Kit with Fresh Vegetable Cup All Include 100% Fruit Juice &amp; Cupped Fruit &amp; Sliced Cucumbers</li> </ul>	<ul> <li>24 <u>Choose One:</u> Chicken Nuggets, Tenders or Buffalo Chicken Nuggets with Biscuit &amp; Crispy Fries ~OR~ Entrée Salad ~OR~ Cold Sandwich with Vegetable Salad~OR~ PBJ Kit with Fresh Vegetable Cup All Include 100% Fruit Juice &amp; Fresh Fruit &amp; Fresh Broccoli</li> </ul>	<ul> <li>25 <u>Choose One:</u> Italiano School Choice w/ Marinara Cup &amp; Tater Tots</li> <li>~OR~ Entrée Salad</li> <li>~OR~ Cold Sandwich with</li> <li>Vegetable Salad~OR~</li> <li>PBJ Kit with Fresh Vegetable Cup All of the Above Include</li> <li>100% Fruit Juice &amp; Cupped Fruit Carrot &amp; Celery Cup</li> </ul>
Pinellas County Schools FOOD AND NUTRITION The second seco	<ul> <li>28 <u>Choose One:</u> Popcorn Chicken &amp; Waffle with Country Baked Beans ~OR~ Entrée Salad ~OR~ Cold Sandwich with Vegetable Salad ~OR~</li> <li>PBJ Kit with Fresh Vegetable Cup All Include 100% Fruit Juice &amp; Cupped Fruit &amp; Carrot &amp; Dip Cup</li> </ul>	<ul> <li>29 <u>Choose One:</u></li> <li>Loaded BBQ Pork &amp; Cheese Nachos with Corn Niblets</li> <li>~OR~ Entrée Salad</li> <li>~OR~ Cold Sandwich with</li> <li>Vegetable Salad ~OR~</li> <li>PBJ Kit with Fresh Vegetable Cup</li> <li>All Include 100% Juice &amp; Fresh Fruit &amp; Celery &amp; Grape Tomatoes</li> </ul>	<ul> <li>30 <u>Choose One:</u> Teriyaki Beef Dippers with Rice, Roll &amp; Steamed Broccoli</li> <li>~OR~ Entrée Salad</li> <li>~OR~ Cold Sandwich with Vegetable Salad~OR~</li> <li>PBJ Kit with Fresh Vegetable Cup All Include 100% Fruit Juice &amp; Cupped Fruit &amp; Sliced Cucumbers</li> </ul>	October 1 <u>Choose One:</u> Chicken Souvlaki Sandwich with Sweet Potato Fries ~OR~ Entrée Salad ~OR~ Cold Sandwich with Vegetable Salad~OR~ PBJ Kit with Fresh Vegetable Cup All Include 100% Fruit Juice & Fresh Fruit & Fresh Broccoli	<ul> <li>Choose One: Cheese Sticks &amp; Toasted Ravioli Boat with Marinara Cup ~OR~ Entrée Salad ~OR~ Cold Sandwich with Vegetable Salad~OR~ PBJ Kit with Fresh Vegetable Cup All Include 100% Fruit Juice &amp; Cupped Fruit &amp; Carrot &amp; Celery Cup</li> </ul>

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