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Inspiring mothers about their important role of being a mother

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MENTAL & BEHAVIORAL HEALTH, ALCOHOL & SUBSTANCE ABUSE TREATMENT

NAMI of Pinellas County
Mental health services for individuals, family members, and the public

Evara Health (Previously Community Health Centers of Pinellas, Inc.)
727.824.8181, www.evarahealth.org
Affordable medical and mental/behavioral health services in Pinellas County

Windmoor Healthcare
No-cost mental health assessment and full-service mental health care

Directions for Living
727.524.4464, www.directionsforliving.org
Adult and child psychiatry, therapy, peer recovery, support and homeless services

Operation PAR
888.727.6398, www.operationpar.org
24/7 access to substance abuse treatment

Suncoast Center
727.388.1220, www.suncoastcenter.org
Comprehensive emotional wellness, trauma services, and child advocacy

Pinellas Wellness Connection
727.791.3131, www.pinellaswellnessconnection.org
Directory of mental health organizations

Psychology Today
www.psychologytoday.com/
Directory of local therapists

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Directory for mental/behavioral health services

Substance Abuse & Mental Health Services Administration (SAMHSA)
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Treatment resources for mental health and substance abuse

VETERANS SERVICES

Bay Pines VA Healthcare
Primary care, mental health care, specialty care, and social services

VA General Information
Main/Information: 800.688.2411, VA Health Benefits Hotline: 877.222.8387

SPC Veterans Services
727.341.7990
Information on GI Bill/education benefits and guidance

FOOD & TRANSPORTATION SERVICES

Food Pantry
https://www.pcb.o/cms/lib/FL01903687/Centricity/Domain/11510/
FoodPantries_South.pdf
Information on campus food pantries and links to community food pantry resources

Hope Villages of America
727.443.4031, www.hopevillagesofamerica.org
Local food distribution center

Feeding Tampa Bay
813.254.1190, www.feedingtampabay.org
Local food pantry and hot meals

Transportation
PTC has an agreement with PSTA to allow all PTC students, Faculty, and Staff a free UPASS (universal, anytime, all-routes)

SOCIAL/HUMAN SERVICES DIRECTORY

2-1-1 Tampa Bay Cares, Inc.
Dial 211, OR Text your zipcode to 898211, www.211tampabay.org
Directory for all health/human services (including transportation, housing, financial, safety, employment, education, and other services)

DOMESTIC VIOLENCE

CASA
24/7 Domestic Violence Hotline: 727.895.4912, www.casapinellas.org
Community Action Stops Abuse; Domestic Violence center providing shelter, treatment, legal, education, and other services

Hope Villages of America
24/7 Domestic Violence Services: 727.442.4128, www.hopevillagesofamerica.org
Provide assistance with domestic violence situations, homelessness, hunger, and other basic needs

HOUSING & HOMELESS SERVICES

Homeless Shelters Directory
https://www.homelesshelterdirectory.org/
Online shelter locator

Homeless Helpline via 2-1-1
Dial 211, OR Text HousingFirst to 898211, www.211tampabay.org
Homeless services

LGBTQ+ RESOURCES

Metro Inclusive Health
LGBTQ+ focused primary care, mental/behavioral health, HIV, PrEP, and Trans health services

The Trevor Project
1.866.486.7386 OR text START to 678678, www.thetrevorproject.org
Suicide prevention and crisis intervention for LGBTQ+

SUBSTANCE ABUSE & HOMELESSNESS SERVICES

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