



STUDENT RESOURCES

*[If you experience an **Emergency**, Call 911]*

CRISIS RESOURCES (SUICIDE, DOMESTIC ABUSE, RAPE/SEXUAL ASSAULT)

National Suicide Prevention Lifeline

1.800.273.TALK (8255), <https://suicidepreventionlifeline.org/>

Available 24/7 to anyone who feels suicidal or who is experiencing emotional distress

Crisis Text Line

Text HOME to 741741

Available 24/7 to anyone feeling suicidal or experiencing emotional distress

Veterans Crisis Line

1.800.273.8255, Press 1, OR Text 838255

For veterans in crisis

Mobile Crisis Response Team

727.362.4424

For response to mental/behavioral health crises in Pinellas County

Domestic Abuse Hotline

1.800.799.7233 [TTY: 1-800-787-3224] OR Text START to 88788

For those experiencing domestic abuse/violence

Rape Crisis Center of Pinellas County

727.530.7273, www.suncoastcenter.org/sexual-assault-services

Help for victims of rape/sexual assault

National Sexual Assault Hotline

800.656.HOPE (4673) OR visit <https://hotline.rainn.org> to Chat online

Help for victims of rape/sexual assault

MENTAL & BEHAVIORAL HEALTH, ALCOHOL & SUBSTANCE ABUSE TREATMENT

NAMI of Pinellas County

727.791.3434, www.nami-pinellas.org

Mental health services for individuals, family members, and the public

Evara Health (Previously Community Health Centers of Pinellas, Inc.)

727.824.8181, www.evarahealth.org

Affordable medical and mental/behavioral health services in Pinellas County

Windmoor Healthcare

Main: 727.541.2646, Emergencies: 727.322.7222, www.windmoor.com

No-cost mental health assessment and full-service mental health care

Directions for Living

727.524.4464, www.directionsforliving.org

Adult and child psychiatry, therapy, peer recovery, support and homeless services

Operation PAR

888.727.6398, www.operationpar.org

24/7 access to substance abuse treatment

Suncoast Center

727.388.1220, www.suncoastcenter.org

Comprehensive emotional wellness, trauma services, and child advocacy

Pinellas Wellness Connection

727.791.3131, www.pinellaswellnessconnection.org

Directory of mental health organizations

Psychology Today

www.psychologytoday.com/

Directory of local therapists

Central Florida Behavioral Health Network

www.cfbhn.org/service-locator/

Directory for mental/behavioral health services

Substance Abuse & Mental Health Services Administration (SAMHSA)

www.findtreatment.samhsa.gov/

Treatment resources for mental health and substance abuse

VETERANS SERVICES

Bay Pines VA Healthcare

727.398.6661, www.baypines.va.gov/

Primary care, mental health care, specialty care, and social services

VA General Information

Main/Information: 800.698.2411, VA Health Benefits Hotline: 877.222.8387

SPC Veterans Services

727.341.7990

Information on GI Bill/ education benefits and guidance

FOOD & TRANSPORTATION SERVICES

Food Pantry

[https://www.pcsb.org/cms/lib/FL01903687/Centricity/Domain/11510/](https://www.pcsb.org/cms/lib/FL01903687/Centricity/Domain/11510/FoodPantries_South.pdf)

[FoodPantries_South.pdf](https://www.pcsb.org/cms/lib/FL01903687/Centricity/Domain/11510/FoodPantries_South.pdf)

Information on campus food pantries and links to community food pantry resources

Hope Villages of America

727.443.4031, www.hopevillagesofamerica.org

Local food distribution center

Feeding Tampa Bay

813.254.1190, www.feedingtampabay.org

Local food pantry and hot meals

Transportation

PTC has an agreement with PSTA to allow all PTC students, Faculty, and Staff a free UPASS (universal, anytime, all-routes)

SOCIAL/HUMAN SERVICES DIRECTORY

2-1-1 Tampa Bay Cares, Inc.

Dial 211, OR Text your zipcode to 898211

<https://211tampabay.org/>

Directory for all health/human services (including transportation, housing, financial, safety, employment, education, and other services)

DOMESTIC VIOLENCE

CASA

24/7 Domestic Violence Hotline: 727.895.4912, www.casapinellas.org
Community Action Stops Abuse; Domestic Violence center providing shelter, treatment, legal, education, and other services

Hope Villages of America

24/7 Domestic Violence Services: 727.442.4128, www.hopevillagesofamerica.org
Provide assistance with domestic violence situations, homelessness, hunger, and other basic needs

HOUSING & HOMELESS SERVICES

Homeless Shelters Directory

<https://www.homelessshelterdirectory.org/>

Online shelter locator

Homeless Helpline via 2-1-1

Dial 211, OR Text HousingFirst to 898211, www.211tampabay.org
Homeless services

LGBTQ+ RESOURCES

Metro Inclusive Health

727.321.3854, www.metrotampabay.org

LGBTQ+ focused primary care, mental/behavioral health, HIV, PrEP, and Trans health services

The Trevor Project

1.866.488.7386 OR Text START to 678678, www.thetrevorproject.org
Suicide prevention and crisis intervention for LGBTQ+

FAMILY RESOURCES

PCSB Family Resources

<https://www.pcsb.org/Domain/142>

Diverse collection of family resources from Pinellas County Schools.

2-1-1 Tampa Bay Cares, Inc.

Dial 211, OR Text your zipcode to 898211

<https://211tampabay.org/>

Homeless assistance, community resources, etc.

Clothes to Kids

<http://www.clothestokids.org/>

Provides new and quality used clothing to low-income or in-crisis school-age children, free of charge in Pinellas County.

Family First, All Pro Dad, iMOM

<https://www.familyfirst.net/>

Provides parenting, marriage and relational truth that helps people love their family well and gives them greater hope for the future.

<https://www.allprodad.com/>

Guidance on protecting and providing for your family

<https://www.imom.com/>

Inspiring mothers about their important role of being a mother

Florida Kid Care

<http://www.floridakidcare.com/>

Health Insurance for Children

FLDOE

<http://www.fldoe.org/>

Florida Department of Education

Florida PTA

<http://floridapta.org/>

Florida Parent Teacher Association

FAMILY RESOURCES (CONT'D)

Florida's MTSS

<http://www.florida-rti.org/>

Multi-Tiered System of Supports for academic, behavioral, and social-emotional growth of all students.

JWB

<https://www.jwbpinellas.org/>

Juvenile Welfare Board (The Children's Services Council of Pinellas County); partnerships, innovation, and advocacy to strengthen Pinellas County children and families.

Parent Toolkit, NBC/Today Show

<http://www.parenttoolkit.com/>

One-stop resource for information about nearly every aspect of a child's development.

PCCPTA

<http://www.pccpta.org/>

Pinellas County Council PTA (Pinellas Parents and Teachers Association)

Reading Matters

<http://www.readingmatters.net/>

Single source for published professional development materials, children's books, and instructional resources.

Together Counts!

<http://www.togethercounts.com/at-home>

Home activities for families to do together



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