



May 2018

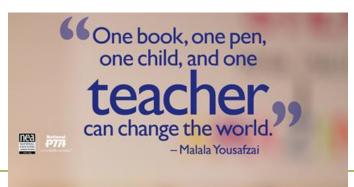
## **Commitment to Character**

Caring: Being kind, friendly, considerate and willing to listen, give and share.

## HOW TO BE A CARING PERSON

- Treat people with kindness and generosity.
- Help people in need.
- Be sensitive to people's feelings.
- Never be mean or hurtful.
- Think about how your actions will affect others.
- Always remember we become caring people by doing caring things!

http://www.goodcharacter.com/pp/caring.html



#### Web Sites:

http://character.org/lessons/search-bytopic/?Topics[]=Caring&GradeCategories=MixedGrades&search=Search

http://www.wikihow.com/Be-Caring

http://www.rootsofaction.com/art-kindnessteaching-children-care/

## Three Words a Day

- May 1 Attitudes is everything!
- May 2 Express your feelings.
- May 3 Don't belittle others.
- May 4 Courtesy is contagious.
- May 5 Knowledge is power.
- May 6 Don't "get even."
- May 7 Compliment other people.
- May 8 Friends are prizes.
- May 9 Smiles show caring.
- May 10 Reading strengthens minds.
- May 11 Positive attitudes win.
- May 12 Appreciate hard work.
- May 13 Grooming tells feelings.
- May 14 Acquire new talents.
- May 15 Never be indifferent.
- May 16 Always be responsible.
- May 17 People can change.
- May 18 Make reasonable goals.
- May 19 Choose good models.
- May 20 Animals need care.
- May 21 Help at home.
- May 22 Books erase loneliness.
- May 23 Do not interrupt.
- May 24 Believing is winning.
- May 25 Patience has limits.
- May 26 Show you care.
- May 27 Count your blessings.
- May 28 Try, try, try.
- May 29 Remember happy memories.
- May 30 Forgive and forget.
- May 31 Experience new things.

## Florida.org Character Conference

Friday, July 20, 2017 8:00 am - 3:30 pm The University of Tampa – Vaughn Center 9th Floor

200 UT Poe Parkway, Tampa, FL 33606 Sign-in begins at 7:30 am

Registration Fee: \$30.00Fee: (Includes membership to FloridaCharacter.org See Flyer for details

PAY HERE: https://goo.gl/forms/HabjvhZpGlhLiyC02

National Teacher's
Appreciation Week 7-11

**National School Nurse Day 9** 

Have a safe and restful summer.

### **Dinner Dilemmas**

Purpose: To create family discussions that promotes Character Education in Pinellas County.

Dinner Dilemmas are designed to go home once a month with the students. Schools that send home a weekly newsletter could print one dilemma each week in its publication. During the week families are asked to discuss the dilemma. It is hoped that families will talk about the dilemma and decide how the character quality of the month relates to the situation presented. It is further hoped that families will discuss the dilemma of the week and decide how the character quality of the month applies to each family member.

#### Week 1

Situation: Sam sees a jacket lying on the PE field. He knows it belongs to a kid in another classroom.

Dilemma: On one hand Sam can walk away and ignore the jacket. On the other hand Sam could show he cares by taking the jacket to the boy.

Discussion: What advice do you have for Sam?

#### Week 2

Situation: Sue is on her way to go to the mall with some friends. She is late and her friends are waiting for her. Kim stops Sue to talk about a problem. Kim has been crying.

Dilemma: On the one hand Sue wants to go to the mall with her friends. She does not want to keep them waiting any longer for her. On the other hand Sue knows a caring person would stay and listen.

Discussion: What advice do you have for Sue?

#### Week 3

Situation: Sue's aunt gives her \$10.00. Sue wants to buy a book that cost \$9.95 at the school Book Fair. As she walks to the Book Fair Sue sees the collection box for donations to hurricane victims.

Dilemma: On the one hand Sue really wants the book. On the other hand Sue really cares about the hurricane victims.

Discussion: What is your advice for Sue?

#### Week 4

Situation: It is Monday morning and the student responsible for cleaning the cage and feeding the class pet is absent.

Dilemma: On the one hand Sam does not like to clean the pet's cage and knows it is not his job this week. On the other hand Sam knows someone needs to volunteer to care for the pet.

Discussion: What is your advice for Sam?

## Books to read aloud on Caring:

Somebody Loves You Mr. Hatch by Eileen Spinelli The Paper Crane by Molly Bang The Gardner by Sarah Stewart

# QUOTE OF THE WEEK:

Quotes: Starting the week of April 30:

Week 1 – "Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, and an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around." Leo Buscaglia

Week 2- "Real generosity is doing something nice for someone who will never find out." Frank. A. Clark

Week 3 – "A smile is the light in your window that tells others that there is a caring, sharing person inside." Denis Waitley

Week 4-" Without a sense of caring, there can be no sense of community." Anthony J. D'Angelo

Join NEA and the National PTA in saying "Thank You" by sharing one of the following on social media during Teacher Appreciation Week, May 7-11:

A picture of yourself with your favorite teacher, past or present; A picture of your child with his or her teacher;

A picture of yourself holding a piece of paper with a simple message saying Thank You to a teacher and why you're thanking him or her.

Be sure to use the hashtag #ThankATeacher when sharing.



Contact Information Autumn Lunin Email: lunina@pcsb.org Next Month is Courage-Being brave in difficult situations, challenging yourself.