



September 17th is **Constitution Day.** September 17, 1787 the U.S. Constitution was signed by 39 Founding Fathers in Philadelphia.



Free Grab N Go Breakfast For All Students

Breakfast Entrée, Juice, Fruit, Grain & Milk


DAILY LUNCH CHOICES:
Choose 1: Entrée
Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their meal)
Available Daily: Meatless Entrée, Variety of Fruits & Juices
May Choose: 1 Milk; Low Fat White Milk, Fat Free Chocolate Flavored

We welcome any suggestions /input regarding our program. Please feel free to contact Cynthia Passero, Food Service Manager @ Passero@pcsb.org or call 727-669-1227

Free & reduced Lunch Application Website : www.myschoolapps.com

All menus are subject to change.

We do our best to provide our customers with all of our planned options, however, occasionally crops, weather & supplies have other ideas!

Mon	Tue	Wed	Thu	Fri
 INTERNATIONAL LITERACY DAY SEPTEMBER 8	** Indicates This Month's Featured Items 	Visit nutrilslice.com for Menu & Nutrition Information 	1 Cereal & Grab & Go Choose One: Chicken & Dutch Waffle Grilled Cheese Choose: Glazed Carrots Tossed Side Salad	2 Super Bakery Goody Ring Choose One: Pizza Day! Potato Crusted Fish Sticks & Corn Muffin Loaf Choose: Green Beans, Veggie Dippers
5 No School 	6 Trix Cereal bar School Favorite Day! Corn Dog Stuffed Shells w/ Rip Stick PB & J Choose: Corn , Romaine Salad	7 Dunkin Stick Choose One: Chicken Drumstick w/ Hush Puppy Macaroni & Cheese PB & J Sandwich Choose: Sweet Potato Waffle Fries Sliced Cucumbers	8 Cereal & Grab & Go Choose One: Pork Tacos Mini Calzones PB & J Sandwich Choose: Marinara Cup Refried Fiesta Beans	9 Apple Cinnamon Muffin Top Choose One: Pizza, Day ! Fish Cake Sandwich w/Cheese PB & J Sandwich Choose: Seasoned Spinach Veggie Dippers
12 Cereal & Grab & Go Choose One: Hamburger or Cheeseburger Turkey Pot Roast & Noodles w/Roll PB & J Sandwich Choose: Corn Nibbles Veggie Dippers	13 Blueberry Muffin Choose One: Featured Entrée: ** Potato Turbate w/Roll ** Pepperoni Stromboli, ,PB & J Choose: Sliced Carrots Marinara Cup	14 Strawberry Bagelful Choose One: Chicken Nuggets Spaghetti & Meatballs PB & J Sandwich Choose: Broccoli Sliced Cucumbers	15 Cereal & Grab & Go Choose One: Breakfast for Lunch Cheesy Bread PB & J Sandwich Choose: Marinara Cup Deli Roasted Potatoes	16 Super Bakery Cinnamon Bun Choose One: Pizza Day! Ocean Treasure Fish Nuggets PB & J Sandwich Choose: Oven Baked Beans Veggie Dippers
19 Cereal & Grab & Go Choose One: Chicken Sandwich Pizza Crunchers PB & J Sandwich Choose: Crinkle Oven Fries Veggie Dippers	20 Pop Tart Grab n Go Choose One: Featured Entrée: **Herb Roasted Chicken w/Noodles & Roll** Corndog PB & J Choose: Oven Baked Beans Romaine Side Salad	21 Blueberry Muffin Choose One: Beef Dippers w/Rice Stuffed Shells Marinara PB & J Sandwich Choose: Broccoli Sliced Cucumbers	22 Cereal & Grab & Go Choose One: Chicken & Dutch Waffle Grilled Cheese PB & J Sandwich Choose: Glazed Carrots Tossed Side Salad	23 Super Bakery Goody Ring Choose One: Pizza Day ! Potato Crusted Fish Sticks & Corn Muffin Loaf PB & J Sandwich Choose: Green Beans, Veggie Dippers
26 Cereal & Grab & Go Choose One: Max Sticks Mandarin Orange Chicken Bowl w/ Roll PB & J Sandwich Choose: Marinara Cup Stir Fry Vegetable Veggie Dippers	27 Trix Cereal Bar School Favorite Day! Hot Dog Stuffed Baked Potato w/ Dinner Rolls PB & J Choose: Corn, Romaine Salad	28 Dunkin Stick Choose One: Chicken Drumstick w/ Hush Puppy Macaroni & Cheese PB & J Sandwich Choose: Sweet Potato Waffle Fries Sliced Cucumbers	29 Cereal & Grab & Go Choose One: Beef or Pork Tacos Mini Calzones PB & J Sandwich Choose: Marinara Cup Refried Fiesta Beans Tossed Side Salad	30 Apple Cinnamon Muffin Top Choose One: Pizza Day! Fish Cake Sandwich w/Cheese, PB & J Sandwich Choose: Seasoned Spinach, Veggie Dippers