

# 2024-2025

## Swimming and Diving Schedule

July 29 (M)	First Day of Practice
August 14 (W)	Team Suit Fitting - 2:30-5pm at the Seminole HS pool
August 16 (F)	Team Bonding Park Practice & Picnic @ Walsingham - entire team 5:30-7
August 17 (S)	Pre-season Invite @ Northeast HS (swimmers who haven't raced since Oct. 23')
August 23 (F)	Blue/Orange Meet - entire team swim/dive and fundraiser @OFHS 5:45-7:30
August 26 (M)	Team Spirit Night @ Chipotle in Seminole City Center 5-9pm
August 28 (W)	OFHS vs Clearwater @ Long Center (we will need to help provide timers)
September TBA	Team/Senior/Individual Pictures, team bonding, synchro contest
September 2 (M)	Labor Day - no practice
September 4 (W)	OFHS vs East Lake vs Shorecrest @ Northshore Pool
September 6-7	Relays Meet @ Diving (Fri)- Northeast HS/Swimming (Sat) - Northshore
September 11 (W)	early practice - Team Dinner (need host)
September 12 (Th)	OFHS vs Largo @ Largo (which is also our home pool)
September 17 (Tu)	OFHS vs Palm Harbor @ OFHS
September 18 (W)	early practice - Team Dinner (need host)
September 25 (W)	OFHS vs St. Pete @ St. Pete (Northeast HS)
September 27-28	PCAC: diving Fri @ Clearwater HS ; swimming Sat @ The Long Center
October 1 (Tu)	early practice - team dinner (need host)
October 2 (W)	OFHS vs Countryside @OFHS
October 8 (Tu)	early practice - team dinner (need host)
October 9 (W)	OFHS vs Seminole @ OFHS (Senior Night - need parent hep)
October week of 10/21	Districts @ TBA
Oct/Nov week of 10/28	Regionals @ TBA
November 7-8 (Th-Fri)	States @ FAST pool in Ocala (warm-up Th afternoon, compete Fri)
December 11	Team Banquet @Banquet Masters, 6-8pm

@OFHS means the pool we practice in at Seminole

\*dates subject to change

Updated: 5/10/24

ACT Dates: 9/14 and 10/26 (possibly districts)

SAT Dates: 8/24, 10/5, and 11/2 (possibly regions)

\*\*\*please plan accordingly for ACT/SAT\*\*\*

## Go Warriors!