

# February

## Pinellas County Schools 6-12 Lunch Menu



**GO TEAM USA!**  
**WINTER OLYMPICS**  
**2/9-2/25**



**DAILY BREAKFAST CHOICES**  
Hot or cold breakfast choices are available daily, i.e.: Breakfast Sandwich, Pancakes, Cereal & Toast, or Cereal Bar & Toast. Must choose at least 1: Fruit or Juice. May choose 1: Milk Skim, Low Fat White, or Fat Free Chocolate.

**DAILY LUNCH CHOICES:**  
Choose 1: Entrée. Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal) May Choose: 1 Milk; Skim, Low Fat White, or Fat Free Chocolate.

**Available for lunch daily:** Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices

Monday	Tuesday	Wednesday	Thursday	Friday
	 <p><b>Celery</b></p>	<p><i>All menus are subject to change! We do our best to provide our customers with all of our planned options, however, occasionally weather, crops and supplies have other ideas!</i></p>	<p><b>1</b> Breakfast Burrito <b>Choose One:</b> Stir-Fry Chicken Lo Mein Bowl w/ Noodles Pepperoni Stuffed Sandwich Greek Salad Chicken Caesar Wrap <b>Choose:</b> Corn Niblets Leafy Green Side Salad</p>	<p><b>2</b> Pancake Pup <b>Choose One:</b> Chicken &amp; Broccoli Alfredo w/ Breadstick Pizza Crunchers Fruit &amp; Yogurt Plate Italian Sub <b>Choose:</b> Mixed Vegetable Blend Fresh Veggie Dippers</p>
<p><b>5</b> Apple Cinnamon Texas Toast <b>Choose One:</b> Hamburger/Cheeseburger Firecracker Chicken w/ Rice &amp; Roll Veggie Double Dipper Salad Turkey Club Wrap <b>Choose:</b> Oven Fries Fresh Veggie Dippers</p>	<p><b>6</b> Scrambled Egg, Bacon, &amp; Biscuit <b>Choose One:</b> <i>* Featured Entrée *</i> <b>Uno's Cheeseburger Pizza</b> Grilled Cheese Sandwich Chicken Caesar Salad Ham &amp; Cheese Sandwich <b>Choose:</b> Tomato Soup * Romaine Side Salad</p>	<p><b>7</b> Glazed Dunker <b>Choose One:</b> Breaded or Spicy Chicken Sandwich Spaghetti &amp; Meatballs w/ Breadstick OR Beef Ravioli w/ 2 Breadstick Yogurt &amp; Fruit Parfait Turkey &amp; Cheese Hoagie <b>Choose:</b> Steamed Broccoli * Sliced Cucumbers</p>	<p><b>8</b> Bacon, Egg &amp; Cheese Pizza <b>Choose One:</b> Beef or Pork Tacos Garlic Cheesy Bread Greek Salad Chicken Caesar Wrap <b>Choose:</b> Marinara Cup * Fiesta Beans Leafy Green Side Salad</p>	<p><b>9</b> Morning Sausage Roll <b>Choose One:</b> BBQ or Herb Chicken w/ Roll Potato Crusted Fish Sticks w/ Corn Muffin Loaf Fruit &amp; Yogurt Plate Italian Sub <b>Choose:</b> Fresh Veggie Dippers Mashed Potatoes w/ Gravy</p>
<p><b>12</b> Blueberry Bash Mini Waffles <b>Choose One:</b> Chicken Nuggets w/ Roll Big Fella Bacon Cheeseburger Farmers' Salad Turkey &amp; Cheese Hoagie <b>Choose:</b> Seasoned Curly Fries Fresh Veggie Dippers</p>	<p><b>13</b> Egg &amp; Cheese Croissant <b>Choose One:</b> <i>* Featured Entrée *</i> <b>Not So Sloppy Joe Bread Bowl</b> Corn Dog Chicken Caesar Salad • Ham &amp; Cheese Sandwich <b>Choose:</b> Oven Baked Beans Romaine Side Salad</p>	<p><b>14</b> Cinnamon Roll <b>Choose One:</b> Teriyaki Beef Dippers w/ Rice &amp; Roll Max Snax Cheese Quesadilla Yogurt &amp; Fruit Parfait Turkey &amp; Cheese Hoagie <b>Choose:</b> Salsa Cup * Steamed Broccoli Sliced Cucumbers</p>	<p><b>15</b> Sausage Biscuit <b>Choose One:</b> Chicken Drumstick w/ Hush Puppies Meatball Sub Greek Salad Chicken Caesar Wrap <b>Choose:</b> Carrots OR Roasted Butternut Squash Leafy Green Side Salad</p>	<p><b>16</b> Egg &amp; Cheese Breakfast Taco <b>Choose One:</b> Chicken Tender Basket w/ Onion Rings Cheesy Fish Filet Sandwich Fruit &amp; Yogurt Plate Italian Sub <b>Choose:</b> Green Beans * Fresh Veggie Dippers</p>
<p><b>19</b> <b>No School</b></p> 	<p><b>20</b> Egg/Ham/Cheese Breakfast Sandwich <b>**Student Involvement Day**</b> <b>Students Choose the Menu!</b></p> 	<p><b>21</b> Chicken Biscuit <b>Choose One:</b> Chicken &amp; Waffle Rib-B-Q Sandwich Yogurt &amp; Fruit Parfait Turkey &amp; Cheese Hoagie <b>Choose:</b> Spinach or Collard Greens Sliced Cucumbers</p>	<p><b>22</b> Breakfast Burrito <b>Choose One:</b> Stir-Fry Chicken Lo Mein Bowl w/ Noodles Pepperoni Stuffed Sandwich Greek Salad Chicken Caesar Wrap <b>Choose:</b> Corn Niblets Leafy Green Side Salad</p>	<p><b>23</b> Pancake Pup <b>Choose One:</b> Chicken &amp; Broccoli Alfredo w/ Breadstick Pizza Crunchers Fruit &amp; Yogurt Plate Italian Sub <b>Choose:</b> Mixed Vegetable Blend Fresh Veggie Dippers</p>
<p><b>26</b> Apple Cinnamon Texas Toast <b>Choose One:</b> Hamburger/Cheeseburger Firecracker Chicken w/ Rice &amp; Roll Veggie Double Dipper Salad Turkey Club Wrap <b>Choose:</b> Oven Fries Fresh Veggie Dippers</p>	<p><b>27</b> Scrambled Egg, Bacon, &amp; Biscuit <b>Choose One:</b> <i>* Featured Entrée *</i> <b>Siracha Wings, Fries, Breadstick, Celery &amp; Ranch Cup</b> Grilled Cheese Sandwich Chicken Caesar Salad Ham &amp; Cheese Sandwich <b>Choose:</b> Tomato Soup * Romaine Salad</p>	<p><b>28</b> Glazed Dunker <b>Choose One:</b> Breaded or Spicy Chicken Sandwich Spaghetti &amp; Meatballs w/ Breadstick OR Beef Ravioli w/ 2 Breadstick Yogurt &amp; Fruit Parfait Turkey &amp; Cheese Hoagie <b>Choose:</b> Broccoli * Sliced Cucumbers</p>	<p><b>Visit <a href="http://nutrilslice.com">nutrilslice.com</a> for Menu &amp; Nutrition Information. You can also download the app on your mobile device!</b></p> 	

