

**Fun Fact!**

**91% of Americans eat Turkey on Thanksgiving!**



**DAILY BREAKFAST CHOICES**

Hot or cold breakfast choices are available daily, i.e.: Breakfast Sandwich, Pancakes,

Cereal & Toast, or Cereal Bar & Toast. **Must choose at least 1: Fruit or Juice. May choose 1: Milk**

Skim, Low Fat White, or Fat Free Chocolate.

**DAILY LUNCH CHOICES:**

**Choose 1: Entrée. Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal) May Choose: 1 Milk; Skim, Low Fat White, or Fat Free Chocolate.**



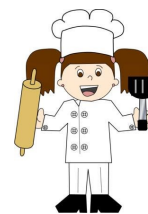
**Available for lunch daily:**

Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices

*All menus are subject to change! We do our best to provide our customers with all of our planned options; however, sometimes crops, weather & availability have other ideas!*

# November Pinellas 6-12 School Lunch Menu

## Monday Tuesday Wednesday Thursday Friday

<p><i>Visit <a href="http://nutrislice.com">nutrislice.com</a> for Menu &amp; Nutrition Information. You can also download the app on your mobile device!</i></p> 	 <p><b>Florida Harvest of the Month: Squash</b></p>	<p><b>1</b> Cinnamon Roll</p> <p><b>Choose One:</b> Teriyaki Beef Dippers w/ Rice Max Snax Quesadilla Yogurt Parfait Turkey &amp; Cheese Hoagie</p> <p><b>Choose:</b> Salsa Cup * Broccoli Sliced Cucumbers</p>	<p><b>2</b> Sausage Biscuit</p> <p><b>Choose One:</b> Chicken Drumstick w/ Hush Puppy Mini Calzones Greek Salad Chicken Caesar Wrap</p> <p><b>Choose:</b> Marinara Cup Sliced Carrots Leafy Green Side Salad</p>	<p><b>3</b> Egg &amp; Cheese Breakfast Taco</p> <p><b>Choose One:</b> Chicken Tender Basket w/ Onion Rings Cheesy Fish Filet Fruit &amp; Yogurt Plate Italian Sub</p> <p><b>Choose:</b> Green Beans * Coleslaw</p>
<p><b>6</b> Maple Pancake Minis</p> <p><b>Choose One:</b> Loaded BBQ Pork &amp; Cheese Nachos Max Sticks Chef Salad Turkey Club Wrap</p> <p><b>Choose:</b> Seasoned Black Beans Marinara Cup * Veggie Dippers</p>	<p><b>7</b> Egg/Ham/Cheese English Muffin</p> <p><b>SCHOOL FAVORITES DAY</b></p>  <p><b>Students choose the menu!</b></p>	<p><b>8</b> Chicken Biscuit</p> <p><b>Choose One:</b> Chicken &amp; Waffle Rib-B-Q Sandwich Yogurt Parfait Turkey &amp; Cheese Hoagie</p> <p><b>Choose:</b> Spinach or Collard Greens Sliced Cucumbers</p>	<p><b>9</b> Cheesy Bacon Toast</p> <p><b>Choose One:</b> Kung Pao Chicken Bowl w/ Rice Pepperoni Stromboli Greek Salad Chicken Caesar Wrap</p> <p><b>Choose:</b> Marinara Cup Seasoned Curly Fries Leafy Green Side Salad</p>	<p><b>10</b> Pancake Pup</p> <p><b>Choose One:</b> Chicken &amp; Broccoli Alfredo w/ Breadstick Pizza Crunchers Fruit &amp; Yogurt Plate Italian Sub</p> <p><b>Choose:</b> Mixed Vegetable Blend Veggie Dippers</p>
<p><b>13</b> Apple Cinnamon Texas Toast</p> <p><b>Choose One:</b> Cheeseburger or Hamburger Firecracker Chicken w/ Rice &amp; Roll Farmers' Salad Turkey Club Wrap</p> <p><b>Choose:</b> Oven Fries Veggie Dippers</p>	<p><b>14</b> Scrambled Egg, Bacon, &amp; Biscuit</p> <p><b>Choose One:</b> ♦ <b>Thanksgiving Holiday Meal</b> ♦ <b>Sliced Turkey w Gravy, Dressing &amp; Roll</b> <b>Grilled Cheese</b> Chicken Caesar Salad Ham &amp; Cheese Sandwich</p> <p><b>Choose: Vegetable Medley</b> <b>Mashed Potatoes • Sweet Potatoes</b></p>	<p><b>15</b> Glazed Dunker</p> <p><b>Choose One:</b> Breaded or Spicy Chicken Sandwich Spaghetti &amp; Meatballs w/ Breadstick Yogurt Parfait Turkey &amp; Cheese Hoagie</p> <p><b>Choose:</b> Broccoli Sliced Cucumbers</p>	<p><b>16</b> Bacon, Egg &amp; Cheese Pizza</p> <p><b>Choose One:</b> Beef or Pork Tacos Cheesy Bread Greek Salad Chicken Caesar Wrap</p> <p><b>Choose:</b> Marinara Cup Refried Fiesta Beans Leafy Green Side Salad</p>	<p><b>17</b> Morning Sausage Roll</p> <p><b>Choose One:</b> BBQ or Herb Chicken w/ Roll Potato-Crusted Fish Sticks w/ Corn Muffin Loaf Fruit &amp; Yogurt Plate Italian Sub</p> <p><b>Choose:</b> Mashed Potatoes w/ Gravy * Veggie Dippers</p>

**November 20-24**

# Thanksgiving Break



<p><b>27</b> Blueberry Bash Mini Waffles</p> <p><b>Choose One:</b> Chicken Nuggets w/ Roll Cheeseburger Meatloaf w/ Mashed Potatoes, Gravy &amp; Roll Farmers' Salad Turkey Club Wrap</p> <p><b>Choose:</b> Corn Veggie Dippers</p>	<p><b>28</b> Egg &amp; Cheese Croissant</p> <p><b>Choose One:</b> <b>Featured Entrée:</b> <b>Taco Burrito</b> Corn Dog Chicken Caesar Salad Ham &amp; Cheese Sandwich</p> <p><b>Choose:</b> Oven Baked Beans Romaine Side Salad</p>	<p><b>29</b> Cinnamon Roll</p> <p><b>Choose One:</b> Teriyaki Beef Dippers w/ Rice Max Snax Quesadilla Yogurt Parfait Turkey &amp; Cheese Hoagie</p> <p><b>Choose:</b> Salsa Cup * Broccoli Sliced Cucumbers</p>	<p><b>30</b> Sausage Biscuit</p> <p><b>Choose One:</b> Chicken Drumstick w/ Hush Puppy Mini Calzones Greek Salad Chicken Caesar Wrap</p> <p><b>Choose:</b> Marinara Cup Sliced Carrots Leafy Green Side Salad</p>	<p>♦ <b>Thanksgiving Holiday Meal</b> ♦ <b>Roast Turkey w/Gravy Stuffing * Mashed Potatoes</b> <b>Glazed Sweet Potatoes * Roll</b> <b>Mixed Vegetable Medley</b> <b>Cranberry Sauce</b> <b>Romaine Salad</b> <b>Holiday Cookie</b></p>
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