

6-12 Lunch Menu

Pinellas County Schools FOOD AND NUTRITION

Earth Day is April 22nd! This day is about learning different ways to protect our environment. Celebrate by enjoying delicious fruits and veggies that come straight from the earth!



Daily Lunch Choices Choose 1:

Meat / Meatless Entrée, Entrée Salads, **Cold Sandwiches**

Must Choose at least 1:

Hot & Cold Vegetables Variety of Fruits & Juices (may choose up to 2 servings each of fruits & veggies with their meal)

May Choose 1 Milk:

Low Fat White, Fat Free Chocolate, Fat Free Strawberry or Fat Free Skim

Monday

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Wednesdav

Thursday

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For Menu & Nutrition nformation or to download the app on your device Visit MealViewer.com

Choose One:

Dill Chicken Nuggets w/

Cheez-Its Crackers

Penne Pasta & Meat Sauce

w/ Garlic Bread

~OR~ Entrée Salad

~OR~ Cold Sandwich

Choose:

Sweet Potato Fries

Farmstand Veggie Dippers

Choose One:

Choose One: Cheese Max Sticks **BBQ Pork & Cheese Nachos**

~OR~ Entrée Salad ~OR~ Cold Sandwich Choose:

Santa Fe Black Beans Marinara Sauce Cup . Salsa Cup Sliced Cucumber Side Salad

Choose One:

Beef or Pork Tacos

Mini Cheese Calzones

~OR~ Entrée Salad

~OR~ Cold Sandwich

Choose: Refried Fiesta Beans

Triple Berry Blast Veg Juice

Students May Only Choose One Juice Triple Berry Blast or Tropical Fruit

Marinara Sauce Cup

Choose One: Terivaki Beef Dippers w/ Rice & **Fortune Cookie** Corn Dog Fry Basket w/ Cheez-It's Crackers ~OR~ Entrée Salad

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16

~OR~ Cold Sandwich Choose: Crinkle Crispy Fries House Mixed Side Salad 9

Choose One: Pizza Variety **Breaded Chicken Drumstick** w/ Macaroni & Cheese ~OR~ Entrée Salad ~OR~ Cold Sandwich Choose: Green Beans Romaine Side Salad

Choose One: Chicken Penne Alfredo w/ **Garlic Bread** Crunchy Breaded Alaskan Fish Sandwich ~OR~ Entrée Salad ~OR~ Cold Sandwich Choose: Broccoli Florets Carrot Dippers 11

10 Choose One: **Choose One:** Tangerine Chicken w/ Rice Pizza Variety & Fortune Cookie Crispy Chicken Sandwich Macaroni & Cheese w/ Roll Spicy Chicken Sandwich ~OR~ Entrée Salad ~OR~ Cold Sandwich Choose: Broccoli Florets House Mixed Side Salad

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~OR~ Entrée Salad ~OR~ Cold Sandwich Choose:

Deli Roasted Potato Romaine Side Salad

Choose One: Brunch for Lunch Alaskan Fish Sticks & **Tater Tots Basket** w/ Goldfish Pretzels ~OR~ Entrée Salad ~OR~ Cold Sandwich Choose: Crispy Tator Tots

Carrot Dippers Side Salad

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Grilled Cheese **Grilled Ham & Cheese** Cherry Blossom Chicken w/ Lo Mein & Fortune Cookie

~OR~ Entrée Salad ~OR~ Cold Sandwich Choose: Tomato Soup Farmstand Veggie Dippers

Choose One: Max Snax Cheese Quesadilla Chicken Cheese Quesadilla

Meat Lovers Stromboli ~OR~ Entrée Salad ~OR~ Cold Sandwich Choose: Green Beans Marinara Sauce Cup ● Salsa Cup Sliced Cucumber Side Salad

Choose One: Cheesy Bread Popcorn Chicken Bowl w/ Biscuit

~OR∼ Entrée Salad ~OR~ Cold Sandwich Choose:

Mashed Potato & Gravy Corn Niblets * Marinara Sauce Cup

18 **Choose One:** Pizza Variety



Choose: Broccoli Florets Romaine Side Salad No School For Students



21 No School For Students



Choose One:

Choose One: Cheese Max Sticks BBQ Pork & Cheese Nachos

~OR~ Entrée Salad ~OR~ Cold Sandwich Choose:

Santa Fe Black Beans Marinara Sauce Cup . Salsa Cup Sliced Cucumber Side Salad

23 **Choose One:**

Teriyaki Beef Dippers w/ Rice & Fortune Cookie Corn Dog Fry Basket w/ Cheez-It's Crackers ~OR~ Entrée Salad

~OR~ Cold Sandwich Choose: Crinkle Crispy Fries House Mixed Side Salad

24 **Choose One:** Pizza Variety **Breaded Chicken Drumstick** w/ Macaroni & Cheese

~OR~ Entrée Salad ~OR~ Cold Sandwich Choose: Green Beans Romaine Side Salad

25

Choose One: Chicken Penne Alfredo w/ **Garlic Bread** Crunchy Breaded Alaskan Fish Sandwich ~OR~ Entrée Salad ~OR~ Cold Sandwich

Choose: Broccoli Florets Carrot Dippers

Dill Chicken Nuggets w/ **Cheez-Its Crackers** Penne Pasta & Meat Sauce w/ Garlic Bread ~OR~ Entrée Salad ~OR~ Cold Sandwich

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Choose: Sweet Potato Fries Farmstand Veggie Dippers Choose One:

Beef or Pork Tacos Mini Cheese Calzones

~OR~ Entrée Salad ~OR~ Cold Sandwich Choose: Refried Fiesta Beans Marinara Sauce Cup

Triple Berry Blast Veg Juice Students May Only Choose One Juice Triple Berry Blast or Tropical Fruit 30 Choose One:

Tangerine Chicken w/ Rice & Fortune Cookie Macaroni & Cheese w/ Roll ~OR~ Entrée Salad ~OR~ Cold Sandwich

Choose: Broccoli Florets House Mixed Side Salad

Menus are subject to change!

We do our best to provide our customers with all of our planned options, however occasionally weather, crops, and supplies have other ideas!

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