## August 2023 Cafe Menu

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</thead>
</table>
| 1 Breakfast:  
Sausage, Egg & Cheese Burrito  
Lunch  
Cheese or Chicken Quesadilla  
Red Beans & Spanish Rice  
Soup of the Day  
2 Breakfast:  
Breakfast Pizza  
Lunch  
Cheese Ravioli w/ Roll  
Zucchini Boats  
Soup of the Day  
3 Breakfast:  
Ham, Egg & Cheese Croissant  
Lunch  
Bacon Cheeseburger or Veggie Burger  
Fries  
Soup of the Day  
4 Breakfast:  
Chicken & Waffle Sandwich  
Lunch  
Pizza Variety  
Fries  
Soup of the Day  
5 Breakfast:  
Egg & Cheese Biscuit  
Lunch  
Rueben on Rye  
Onion Rings  
Soup of the Day  
6 Breakfast:  
Bacon, Egg & Cheese Burrito  
Lunch  
Beef or Chicken Nachos  
Black Beans & Rice  
Soup of the Day  
7 Breakfast:  
Breakfast Pizza  
Lunch  
Meatloaf w/ Mashed Potatoes & Gravy  
● Green Beans  
Soup of the Day  
8 Breakfast:  
Bacon, Egg & Cheese Muffin  
Lunch  
Popcorn Shrimp Basket  
Corn  
Soup of the Day  
9 Breakfast:  
Chicken Biscuit  
Lunch  
Assorted Grilled Cheese Corn  
● Fries  
Soup of the Day  
10 Breakfast:  
Ham, Egg & Cheese Burrito  
Lunch  
Bacon Cheeseburger or Veggie Burger  
Fries  
Soup of the Day  
11 Breakfast:  
Fried Egg Sandwich  
Lunch  
Pizza Variety  
Fries  
Soup of the Day  
12 Breakfast:  
Sausage Biscuit  
Lunch  
Assorted Grilled Cheese Corn  
● Fries  
Soup of the Day  
13 Breakfast:  
Sausage, Egg & Cheese Biscuit  
Lunch  
Grilled Chicken Sandwich  
Tater Tots  
Soup of the Day  
14 Breakfast:  
Chicken Biscuit  
Lunch  
Rueben on Rye  
Onion Rings  
Soup of the Day  
15 Breakfast:  
Sausage, Egg & Cheese Burrito  
Lunch  
Bacon Cheeseburger or Veggie Burger  
Fries  
Soup of the Day  
16 Breakfast:  
Breakfast Pizza  
Lunch  
Cheese Ravioli w/ Roll  
Zucchini Boats  
Soup of the Day  
17 Breakfast:  
Sausage, Egg, Cheese on Toast  
Lunch  
Pizza Variety  
Fries  
Soup of the Day  
18 Breakfast:  
Sausage, Egg, Cheese on Toast  
Lunch  
Pizza Variety  
Fries  
Soup of the Day  
19 Breakfast:  
Egg & Cheese Biscuit  
Lunch  
Rueben on Rye  
Onion Rings  
Soup of the Day  
20 Breakfast:  
Bacon, Egg & Cheese Burrito  
Lunch  
Beef or Chicken Nachos  
Black Beans & Rice  
Soup of the Day  
21 Breakfast:  
Breakfast Pizza  
Lunch  
Cheese Ravioli w/ Roll  
Zucchini Boats  
Soup of the Day  
22 Breakfast:  
Breakfast Pizza  
Lunch  
Grits  
Soup of the Day  
23 Breakfast:  
Breakfast Pizza  
Lunch  
Cheese Ravioli w/ Roll  
Zucchini Boats  
Soup of the Day  
24 Breakfast:  
Breakfast Pizza  
Lunch  
Grits  
Soup of the Day  
25 Breakfast:  
Breakfast Pizza  
Lunch  
Grits  
Soup of the Day  
26 Breakfast:  
Breakfast Pizza  
Lunch  
Grits  
Soup of the Day  
27 Breakfast:  
Breakfast Pizza  
Lunch  
Grits  
Soup of the Day  
28 Breakfast:  
Breakfast Pizza  
Lunch  
Grits  
Soup of the Day  
29 Breakfast:  
Breakfast Pizza  
Lunch  
Grits  
Soup of the Day  
30 Breakfast:  
Breakfast Pizza  
Lunch  
Grits  
Soup of the Day  
31 Breakfast:  
Breakfast Pizza  
Lunch  
Grits  
Soup of the Day  

### Daily Breakfast Choices
- Eggs, Bacon, Sausage, Hash browns, Grits, Oatmeal, French Toast or Pancakes, Waffles, Variety of Fruits & Juice Assorted Milk

### Daily Lunch Choices
- Meat / Meatless Entrée, Entraîne Salads, Cold Sandwiches, Hot & Cold Vegetables, Variety of Fruits & Juices

### August Harvest is Cucumbers & Cantaloupe

### In July 1857, Frederick Maytag invented the washing machine

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