

MAY

Pinellas County Elementary School Lunch Menu

Fun Facts!



Fresh from Florida Harvest of the Month Corn is one of the most popular cereal grains in the world—and like all cereal crops, are members of the grass family!

DAILY BREAKFAST CHOICES

Hot or cold breakfast choices are available daily, i.e.: Breakfast Sandwich, Pancakes, Cereal & Toast, or Cereal Bar & Toast. Must choose at least 1: Fruit or Juice. May choose 1 Milk: Skim, Low Fat White, or Fat Free Chocolate.

DAILY LUNCH CHOICES:

Choose 1: Entrée. Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with lunchmeal) May Choose 1 Milk: Skim, Low Fat White, or Fat Free Chocolate.

Also available for lunch daily:

Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Sweet Corn</p>		<p>1 Cinnamon Roll <u>Choose One:</u> Teriyaki Beef Dippers over Rice <u>or</u> Lo Mein Noodles Chicken Nuggets w/ Dip Cup Yogurt & Fruit Parfait Ham & Cheese Croissant <u>Choose:</u> Sliced Cucumbers Steamed Broccoli Florets</p>	<p>2 Sausage Biscuit or Sausage & Grits <u>Choose One:</u> Breakfast for Lunch Mini Cheese Calzones Chef Salad Chicken Caesar Wrap <u>Choose:</u> Marinara Cup Deli Roasted Potatoes Leafy Green Side Salad</p>	<p>3 Breakfast Bowl (<i>Cheesy Eggs & Tots</i>) <u>Choose One:</u> Pizza Cheesy Fish Filet Sandwich Chicken Caesar Salad Turkey & Cheese Ciabatta Sandwich <u>Choose:</u> Corn Niblets Fresh Veggie Dippers</p>
<p>6 Maple Pancake Minis <u>Choose One:</u> Hamburger or Cheeseburger Chicken & Broccoli Penne Alfredo w/ Breadstick Fruit & Yogurt Plate Bologna & Cheese Sandwich <u>Choose:</u> Carrots Veggie Dippers</p>	<p>7 Breakfast Sandwich (Egg/Ham/Chs) **Special Featured Item** Popcorn Chicken Bowl Managers' Choice Entree Farmers' <u>or</u> Apple-A-Day Salad PBJ Jamwich Kit <u>Choose:</u> Corn Niblets Romaine Side Salad</p>	<p>8 Chicken Biscuit <u>Choose One:</u> Chicken Tender Basket w/ Crinkle Oven Fries Macaroni & Cheese Yogurt & Fruit Parfait Ham & Cheese Croissant <u>Choose:</u> Sliced Cucumbers Spinach <u>or</u> Collard Greens</p>	<p>9 Sunshine Omelet Wrap <u>Choose One:</u> Beef <u>or</u> Pork Tacos Max Cheese Sticks Chef Salad Chicken Caesar Wrap <u>Choose:</u> Refried Fiesta Beans Leafy Green Salad</p>	<p>10 Apple Cinnamon Texas Toast <u>Choose One:</u> Pizza Teriyaki Chicken Bowl Chicken Caesar Salad Turkey & Cheese Ciabatta Sandwich <u>Choose:</u> Green Beans Fresh Veggie Dippers</p>
<p>13 Pancake Pup <u>Choose One:</u> Chicken & Waffle Managers' Choice Entree Fruit & Yogurt Plate Bologna & Cheese Sandwich <u>Choose:</u> Peas <u>or</u> Green Beans Fresh Veggie Dippers</p>	<p>14 Scrambled Egg, Bacon, & Biscuit <u>Choose One:</u> Corn Dog Managers' Choice Entree Farmers' <u>or</u> Apple-A-Day Salad PBJ Jamwich Kit <u>Choose:</u> Baked Beans Romaine Salad</p>	<p>15 Glazed Dunker <u>Choose One:</u> Chicken Drumstick w/ Hush Puppy Managers' Choice Entree Yogurt & Fruit Parfait Ham & Cheese Croissant <u>Choose:</u> Broccoli Florets Sliced Cucumbers</p>	<p>16 Bacon, Egg & Cheese Pizza <u>Choose One:</u> Cheese Stick & Toasted Ravioli Boat Managers' Choice Entrée Chef Salad Chicken Caesar Wrap <u>Choose:</u> Sweet Potato Waffle Fries Marinara Cup * Leafy Green Salad</p>	<p>17 Breakfast Chicken Nibbler <u>Choose One:</u> Pizza Managers' Choice Entree Chicken Caesar Salad Turkey & Cheese Ciabatta Sandwich <u>Choose:</u> French Fries Fresh Veggie Dippers</p>
<p>20 Eggo Mini Confetti Pancakes <u>Choose One:</u> Breaded Chicken Sandwich Managers' Choice Entree Cold Entrée Salad Choice Cold Sandwich Choice <u>Choose:</u> Hot Veggie Choice Fresh Side Salad Choice</p>	<p>21 Egg & Cheese Croissant <u>Choose One:</u> Grilled Cheese Sandwich Managers' Choice Entree Cold Entrée Salad Choice Cold Sandwich Choice <u>Choose:</u> Hot Veggie Choice Fresh Side Salad Choice</p>	<p>22 Cinnamon Roll <u>Choose One:</u> Teriyaki Beef Dippers over Rice <u>or</u> Lo Mein Noodles Managers' Choice Entree Cold Entrée Salad Choice Cold Sandwich Choice <u>Choose:</u> Hot Veggie Choice Fresh Side Salad Choice</p>	<p>23 Sausage Biscuit or Sausage & Grits <u>Choose One:</u> Breakfast for Lunch Managers' Choice Entree Cold Entrée Salad Choice Cold Sandwich Choice <u>Choose:</u> Hot Veggie Choice Fresh Side Salad Choice</p>	<p>24 Apple Cinnamon Texas Toast <u>Choose One:</u> Pizza Managers' Choice Entree Cold Entrée Salad Choice Cold Sandwich Choice <u>Choose:</u> Hot Veggie Choice Fresh Side Salad Choice</p>
<p>27 NO SCHOOL</p> <p>Memorial DAY</p>	<p>28 Managers' Choice Hot Entree Managers' Choice Hot Entree Cold Entrée Salad Choice Cold Sandwich Choice Hot &/or Cold Vegetable Choice <u>Fruit Choices:</u> Fresh, Frozen, Cupped or Juice</p>	<p>29 Managers' Choice Hot Entree Last Day of School! Managers' Choice Hot Entree Cold Entrée Salad Choice Cold Sandwich Choice Hot &/or Cold Vegetable Choice <u>Fruit Choices:</u> Fresh, Frozen, Cupped or Juice</p>	<p>30 SCHOOLS OUT FOR THE SUMMER</p>	