



## Meal Distribution Heating/Storage Instructions

### Allergen Statement

*While we are providing "Energy for Education" for our students district wide, we are unable to identify and monitor students with special food allergies. Parents/Guardians are responsible for confirming foods included in meal packages are appropriate for their child. Please visit <https://www.pcsb.org/Page/33678> for nutrient and ingredient information.*

### Storage Instructions

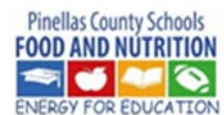
ALL **Refrigerated Foods** including **Juice, Fresh Fruits, and Dairy Items** need to be stored at a temperature of **41°F or lower**. Please consume all refrigerated items and fresh fruit within 7 days of receiving. ALL **Frozen Foods** need to be stored at a temperature of **0° or lower**. **Shelf Stable** items should be stored at a temperature of **85° or lower**. Packaged Snacks (crackers/cookies) and Condiments including Marinara or Salsa Cups are shelf stable. Please consume all shelf stable items by the "best by" date on the manufacturers' label, except **fresh breads & rolls** which should be consumed within 7 days.

### Reheating Instructions

All **Items that Require Heating** : Store in freezer or refrigerator until ready to heat or consume. Heat using **Microwave Prep** or **Oven Prep** instructions as indicated. Please consume any and all cooked items within 2 hours of heating.

Breakfast Entrees	Safe Storage	Consume By	Microwave Prep	Oven Prep
Cold Cereal, Cereal Bars	Shelf Stable	"best by date"	<b>X</b>	<b>X</b>
Breakfast Bread, Muffins, Pop Tarts, Pancakes, Scones	Keep frozen until use.	within 7 days	remove from package; heat on high 30-45secs.	remove from package; bake @350° for 10 mins.
Breakfast Pizza, Breakfast Sandwiches, Sausage, Eggs, Pancake & Sausage on a Stick			remove from package; heat on microwave safe dish on high; 1-2 mins. to 165°; stir.	remove from container; bake in oven safe dish @350° for 20 mins. to 165°.
Lunch or Dinner Entrees	Safe Storage	Consume By	Microwave Prep	Oven Prep
All Cold Sandwiches	Refrigerate or Freeze	within 7 days	<b>X</b>	<b>X</b>
<b>All</b> combined Casseroles or prepared Pasta or Rice Dishes; Sloppy Joes,; Taco Meats;			remove from package; heat on microwave safe dish on high; 1-2 mins. to 165°; stir.	remove from package; bake in oven safe dish @350° for 20 mins. to 165°.
<b>All</b> Chicken or Turkey Items				
Hot Dogs; Corn dogs; Fish Patties, Sticks or Nuggets; Beef Patties or Strips; Pulled or Diced Pork; Pizza; Stromboli; Calzones; Quesadillas; Dumplings; Cheese Sticks; Burritos; Meatballs;				
<b>All</b> Frozen Bread Items; <b>All</b> Egg Items				
Vegetables	Safe Storage	Consume By	Microwave Prep	Oven Prep
Fresh Vegetables, <i>raw, sliced, &amp;/or packaged</i>	Refrigeration	within 7 days	<b>X</b>	<b>X</b>
Broccoli, Carrots, Corn, Green Beans, Mixed Vegetables, Peas, Spinach, Sweet Potatoes	Refrigerate or Keep Frozen until use.		remove from package; heat on microwave safe dish on high; 1-2 mins. to 140°; stir.	remove from package; bake in oven safe dish @350° for 20 mins. to 140°.
Baked Beans, Black Beans, Collards, Onion Rings, Potato Products, Refried Beans			remove from package; heat on microwave safe dish on high; 1-2 mins. to 165°; stir .	remove from package; bake in oven safe dish @350° for 20 mins. to 165°; stir.

**All menus are subject to change! We do our best to provide our customers with all of our planned meal options; however, occasionally issues beyond our control prohibit it. This institution is an equal opportunity provider/employer.**



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