



Meal Distribution Heating/Storage Instructions

Allergen Statement

While we are providing "Energy for Education" for our students district wide, we are unable to identify and monitor students with special food allergies. Parents/Guardians are responsible for confirming foods included in meal packages are appropriate for their child. Please visit <https://www.pcsb.org/Page/33678> for nutrient and ingredient information.

Storage Instructions

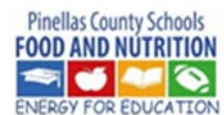
ALL **Refrigerated Foods** including **Juice, Fresh Fruits, and Dairy Items** need to be stored at a temperature of **41°F or lower**. Please consume all refrigerated items and fresh fruit within 7 days of receiving. ALL **Frozen Foods** need to be stored at a temperature of **0° or lower**. **Shelf Stable** items should be stored at a temperature of **85° or lower**. Packaged Snacks (crackers/cookies) and Condiments including Marinara or Salsa Cups are shelf stable. Please consume all shelf stable items by the "best by" date on the manufacturers' label, except **fresh breads & rolls** which should be consumed within 7 days.

Reheating Instructions

All **Items that Require Heating** : Store in freezer or refrigerator until ready to heat or consume. Heat using **Microwave Prep** or **Oven Prep** instructions as indicated. Please consume any and all cooked items within 2 hours of heating.

Breakfast Entrees	Safe Storage	Consume By	Microwave Prep	Oven Prep
Cold Cereal, Cereal Bars	Shelf Stable	"best by date"	X	X
Breakfast Bread, Muffins, Pop Tarts, Pancakes, Scones	Keep frozen until use.	within 7 days	remove from package; heat on high 30-45secs.	remove from package; bake @350° for 10 mins.
Breakfast Pizza, Breakfast Sandwiches, Sausage, Eggs, Pancake & Sausage on a Stick			remove from package; heat on microwave safe dish on high; 1-2 mins. to 165°; stir.	remove from container; bake in oven safe dish @350° for 20 mins. to 165°.
Lunch or Dinner Entrees	Safe Storage	Consume By	Microwave Prep	Oven Prep
All Cold Sandwiches	Refrigerate or Freeze	within 7 days	X	X
All combined Casseroles or prepared Pasta or Rice Dishes; Sloppy Joes,; Taco Meats;			remove from package; heat on microwave safe dish on high; 1-2 mins. to 165°; stir.	remove from package; bake in oven safe dish @350° for 20 mins. to 165°.
All Chicken or Turkey Items				
Hot Dogs; Corn dogs; Fish Patties, Sticks or Nuggets; Beef Patties or Strips; Pulled or Diced Pork; Pizza; Stromboli; Calzones; Quesadillas; Dumplings; Cheese Sticks; Burritos; Meatballs;				
All Frozen Bread Items; All Egg Items				
Vegetables	Safe Storage	Consume By	Microwave Prep	Oven Prep
Fresh Vegetables, <i>raw, sliced, &/or packaged</i>	Refrigeration	within 7 days	X	X
Broccoli, Carrots, Corn, Green Beans, Mixed Vegetables, Peas, Spinach, Sweet Potatoes	Refrigerate or Keep Frozen until use.		remove from package; heat on microwave safe dish on high; 1-2 mins. to 140°; stir.	remove from package; bake in oven safe dish @350° for 20 mins. to 140°.
Baked Beans, Black Beans, Collards, Onion Rings, Potato Products, Refried Beans			remove from package; heat on microwave safe dish on high; 1-2 mins. to 165°; stir .	remove from package; bake in oven safe dish @350° for 20 mins. to 165°; stir.

All menus are subject to change! We do our best to provide our customers with all of our planned meal options; however, occasionally issues beyond our control prohibit it. This institution is an equal opportunity provider/employer.





Meal Distribution Heating/Storage Instructions for Individually Wrapped Items

Allergen Statement

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Storage Instructions

ALL *Refrigerated Foods* including *Juice, Fresh Fruits, and Dairy Items* need to be stored at a temperature of 41°F or lower. Please consume all refrigerated items and fresh fruit within 7 days of receiving. ALL *Frozen Foods* need to be stored at a temperature of 0° or lower. *Shelf Stable* items (*included canned goods*) should be stored at a temperature of 85° or lower. Packaged Snacks (crackers/cookies) and Condiments including Marinara or Salsa Cups are shelf stable. Please consume all shelf stable items by the "best by" date on the manufacturers' label, except *fresh breads & rolls* which should be consumed within 7 days.

Reheating Instructions

All Items that Require Heating: Store in freezer or refrigerator until ready to heat or consume. Heat using Microwave Prep or Oven Prep IMPORTANT: instructions are for Conventional Ovens unless otherwise noted) instructions as indicated.

Individually Wrapped Breakfast Items:	Safe Storage	Consume By	Microwave Prep - From Frozen	Oven Prep - From Frozen
Tasty Brands IW Chicken Sausage, Egg & Cheese on English Muffin	Keep Frozen Until Use	Within 7 Days	remove sandwich from wrapper & wrap sandwich in paper towel; place on microwave safe plate; heat 1 minute 10 seconds on high to 165°; let sit for 1 minute before eating.	do not remove from package ; thaw for up to 1 day under refrigeration before heating; preheat convection oven to 350°; bake 11-13 minutes to 165°; let sit for 1 minute before eating.
Individually Wrapped Lunch or Dinner Items:			Safe Storage	Consume By
.	Keep Frozen Until Use	Within 7 Days	Important note: do not remove all individually wrapped from packaging when heating; please use extreme caution when opening packages after heating as contents will be hot!	
JTM Premium Beef Taco & Cheddar Cheese Tray			make a slit in film over each compartment; & microwave at 50% power; remove film & stir after 50 seconds; microwave 1 min & stir; microwave 30 more seconds, to 165°	Convection Oven : preheat to 275°; cook 25 mins to 165°
JTM Premium Cheddar Cheese Sauce Tray			heat on high for approx. 2 minutes; let cool for 60 seconds before removing film & eating	Convection Oven : preheat to 350°; cook 12 mins
JTM Mini Turkey Corn Dogs with Macaroni & Cheese			heat on high for approx. 2 minutes; let cool for 60 seconds before removing film & eating	Convection Oven : preheat to 350°; cook 17 mins to 165°
Los Cabos Bean & Cheese Burrito			microwave on high for 50 seconds to 160°	preheat to 300°; cook 24-28 mins to 165°
Pillsbury Cheesy Pull Apart (Italian or Southwest)			See package instructions	preheat to 350°; cook 18-20 minutes
S & F Foods Turkey Ham & Cheese Stuffer			microwave on high for 1 m 15 sec to 1 m 30 sec to 165°; let sit 2 minutes before eating	preheat to 350°; cook 13-15 minutes to 165°; let sit 2 minutes before eating
S & F Foods Pepperoni Pizza Breadsticks			microwave on high for 1 m 15 sec to 1 m 30 sec to 165°; let sit 2 minutes before eating	preheat to 350°; cook 13-15 minutes to 165°; let sit 2 minutes before eating
Tasty Brands Pizzaboli			microwave on high for 1 m 15 sec to 1 m 30 sec to 165°; let sit 2 minutes before eating	preheat to 350°; cook 13-15 minutes to 165°; let sit 2 minutes before eating
Tasty Brands Turkey Hotdog on a Bun				do not remove from package ; thaw for up to 72 hours before heating; preheat oven to 325°; bake 11-13 minutes to 165°
Tony's Galaxy Pizza		remove plastic wrap & place pizza on microwave safe plate; cook on high for 2-2 1/2 minutes to 160° or	do not remove from package ; preheat oven to 400°; bake 24-26 minutes to 160°	