

MAY

Pinellas County High School Lunch Menu

Fun Facts!



Fresh from Florida Harvest of the Month Corn is one of the most popular cereal grains in the world—and like all cereal crops, are members of the grass family!

DAILY BREAKFAST CHOICES

Hot or cold breakfast choices are available daily, i.e.: Breakfast Sandwich, Pancakes, Cereal & Toast, or Cereal Bar & Toast. Must choose at least 1: Fruit or Juice. May choose 1 Milk: Skim, Low Fat White, or Fat Free Chocolate.

DAILY LUNCH CHOICES:

Choose 1: Entrée. Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with lunchmeal) May Choose 1 Milk; Skim, Low Fat White, or Fat Free Chocolate.

Also available for lunch daily:

Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices



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Monday	Tuesday	Wednesday	Thursday	Friday
<p>Sweet Corn</p>		<p>1 Cinnamon Roll</p> <p>Chicken & Broccoli Penne Alfredo w/ Roll</p> <p>Bacon Cheeseburger</p> <p>Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose:</p> <p>Oven Crinkle Fries</p> <p>Sliced Cucumbers</p>	<p>2 Sausage Biscuit or Sausage & Grits</p> <p>Choose One:</p> <p>Beef or Pork Tacos</p> <p>Cheesy Bread</p> <p>Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose:</p> <p>Green Beans</p> <p>Marinara Cup</p>	<p>3 Breakfast Bowl (Cheesy Eggs & Tots)</p> <p>Choose One: Roasted Chicken w/ Quinoa-Rice Blend & Roll</p> <p>Cheese Stick & Toasted Ravioli Boat w/ Tuscan Sauce</p> <p>Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Steamed Broccoli Florets</p> <p>Fresh Carrots w/ Dip</p>
<p>6 Maple Pancake Minis</p> <p>Choose One:</p> <p>Designer Burger:</p> <p>Osceola HS Warrior Burger</p> <p>Chicken Nuggets w/ Roll</p> <p>Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Seasoned Curly Fries</p> <p>Fresh Veggie Dippers</p>	<p>7 Breakfast Sandwich (Egg/Ham/Chs)</p> <p>**Special Featured Item**</p> <p>Firecracker Chicken Bowl w/ Chow Mein Noodles</p> <p>Managers' Choice Entrée</p> <p>Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Broccoli Florets</p> <p>Romaine Side Salad</p>	<p>8 Chicken Biscuit</p> <p>Choose One:</p> <p>Homestyle or Spicy Chicken Sandwich</p> <p>Chipotle Mac & Cheese-BBQ Pork Bowl w/ Roll</p> <p>Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Corn Niblets</p> <p>Sliced Cucumbers</p>	<p>9 Sunshine Omelet Wrap w/ Bacon</p> <p>Choose One:</p> <p>Teriyaki Beef Dippers</p> <p>over Rice or Lo Mein & Roll</p> <p>Max Cheese Sticks</p> <p>Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Marinara Cup</p> <p>Santa Fe Black Beans</p>	<p>10 Apple Cinnamon Texas Toast</p> <p>Choose One:</p> <p>Chicken & Waffle</p> <p>Cheesy or Spicy Fish Filet Sandwich</p> <p>Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose:</p> <p>Sweet Peas or Green Beans</p> <p>Fresh Carrots w/ Dip</p>
<p>13 Pancake Pup</p> <p>Choose One:</p> <p>Cheese Tortellini Bake w/ Breadstick</p> <p>Managers' Choice Entrée</p> <p>Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose:</p> <p>Mashed Potatoes & Gravy</p> <p>Fresh Veggie Dippers</p>	<p>14 Scrambled Egg, Bacon, & Biscuit</p> <p>Choose One:</p> <p>Beef Rib B Q Sandwich</p> <p>Managers' Choice Entrée</p> <p>Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose:</p> <p>Baked Beans</p> <p>Romaine Side Salad</p>	<p>15 Glazed Dunker</p> <p>Choose One:</p> <p>Boneless Buffalo Chicken w/ Biscuit</p> <p>Managers' Choice Entrée</p> <p>Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose:</p> <p>Green Beans</p> <p>Sliced Cucumbers</p>	<p>16 Bacon, Egg & Cheese Pizza</p> <p>Choose One:</p> <p>Loaded BBQ Pork & Cheese Nachos</p> <p>Managers' Choice Entrée</p> <p>Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose:</p> <p>Corn Niblets</p> <p>Romaine Side Salad</p>	<p>17 Breakfast Chicken Nibbler</p> <p>Choose One:</p> <p>Chicken Tender Basket w/ Onion Rings</p> <p>Managers' Choice Entrée</p> <p>Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Spinach or Collard Greens</p> <p>Fresh Carrots w/ Dip</p>
<p>20 Eggo Mini Confetti Pancakes</p> <p>Managers' Choice Hot Entrée</p> <p>Cold Entrée Salad Choice</p> <p>Cold Sandwich Choice</p> <p>Hot &/or Cold Vegetable Choice</p> <p>Fruit Choices:</p> <p>Fresh, Frozen, Cupped or Juice</p>	<p>21 Egg & Cheese Croissant</p> <p>Managers' Choice Hot Entrée</p> <p>Cold Entrée Salad Choice</p> <p>Cold Sandwich Choice</p> <p>Hot &/or Cold Vegetable Choice</p> <p>Fruit Choices:</p> <p>Fresh, Frozen, Cupped or Juice</p>	<p>22 Cinnamon Roll</p> <p>Managers' Choice Hot Entrée</p> <p>Cold Entrée Salad Choice</p> <p>Cold Sandwich Choice</p> <p>Hot &/or Cold Vegetable Choice</p> <p>Fruit Choices:</p> <p>Fresh, Frozen, Cupped or Juice</p>	<p>23 Sausage Biscuit or Sausage & Grits</p> <p>Managers' Choice Hot Entrée</p> <p>Cold Entrée Salad Choice</p> <p>Cold Sandwich Choice</p> <p>Hot &/or Cold Vegetable Choice</p> <p>Fruit Choices:</p> <p>Fresh, Frozen, Cupped or Juice</p>	<p>24 Apple Cinnamon French Toast</p> <p>Managers' Choice Hot Entrée</p> <p>Cold Entrée Salad Choice</p> <p>Cold Sandwich Choice</p> <p>Hot &/or Cold Vegetable Choice</p> <p>Fruit Choices:</p> <p>Fresh, Frozen, Cupped or Juice</p>
<p>27 NO SCHOOL</p> <p>Memorial DAY</p>	<p>28 Managers' Choice Breakfast</p> <p>Managers' Choice Lunch Entrée</p> <p>Cold Entrée Salad Choice</p> <p>Cold Sandwich Choice</p> <p>Hot &/or Cold Vegetable Choice</p> <p>Fruit Choices:</p> <p>Fresh, Frozen, Cupped or Juice</p>	<p>29 Managers' Choice Breakfast</p> <p>Last Day of School!</p> <p>Managers' Choice Lunch Entrée</p> <p>Cold Entrée Salad Choice</p> <p>Cold Sandwich Choice</p> <p>Hot &/or Cold Vegetable Choice</p> <p>Fruit Choices:</p> <p>Fresh, Frozen, Cupped or Juice</p>	<p>30</p>	