

October

K-12th School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>#BackByPopularDemand (#BBPD) Your school site may add additional menu options that are not listed here.</p>		<p><i>All menus are subject to change! We do our best to provide our customers with all of our planned options; however, occasionally issues beyond our control do not allow it.</i></p>	<p>1 Biscuit w/ Sausage Gravy OR Wild Blueberry Muffin & Cheese Stick WITH Fresh Fruit 100% OJ White Milk</p>	<p>2 Egg, Ham, & Cheese English Muffin or Croissant Breakfast Sandwich OR Cereal with Graham Crackers WITH Cupped Fruit 100% OJ White Milk</p>
<p>5 Egg & Cheese Croissant OR Cereal with Graham Crackers WITH Cupped Fruit 100% OJ White Milk</p>	<p>6 Chicken Biscuit OR Breakfast Bread (Banana, Blueberry, or Zucchini) WITH Fresh Fruit 100% OJ White Milk</p>	<p>7 Maple Pancake Minis OR Yogurt Cup & Pouch Cereal WITH Cupped Fruit 100% OJ White Milk</p>	<p>8 Sausage Biscuit OR Chocolate Chocolate Chip Muffin & Cheese Stick WITH Fresh Fruit 100% OJ White Milk</p>	<p>9 Cheese Omelet with Toast or Tortilla (HS only: w/ Bacon) OR Cereal with Graham Crackers WITH Cupped Fruit 100% OJ White Milk</p>
<p>12 Pancake Pup OR Cereal with Graham Crackers WITH Cupped Fruit 100% OJ White Milk</p>	<p>13 Eggs, Bacon, & Biscuit OR Breakfast Bread (Banana, Blueberry, or Zucchini) WITH Fresh Fruit 100% OJ White Milk</p>	<p>14 Apple Cinnamon Texas Toast OR Pop Tart & String Cheese WITH Cupped Fruit 100% OJ White Milk</p>	<p>15 Biscuit w/ Sausage Gravy OR Wild Blueberry Muffin & Cheese Stick WITH Fresh Fruit 100% OJ White Milk</p>	<p>16 Egg, Ham, & Cheese English Muffin or Croissant Breakfast Sandwich OR Cereal with Graham Crackers WITH Cupped Fruit 100% OJ White Milk</p>
<p>19 Egg & Cheese Croissant OR Cereal with Graham Crackers WITH Cupped Fruit 100% OJ White Milk</p>	<p>20 Chicken Biscuit OR Breakfast Bread (Banana, Blueberry, or Zucchini) WITH Fresh Fruit 100% OJ Choice of Milk</p>	<p>21 Maple Pancake Minis OR Yogurt Cup & Pouch Cereal WITH Cupped Fruit 100% OJ White Milk</p>	<p>22 Sausage Biscuit OR Chocolate Chocolate Chip Muffin & Cheese Stick WITH Fresh Fruit 100% OJ White Milk</p>	<p>23 Cheese Omelet with Toast or Tortilla (HS only: w/ Bacon) OR Cereal with Graham Crackers WITH Cupped Fruit 100% OJ White Milk</p>
<p>26 No School For Students</p>	<p>27 Eggs, Bacon, & Biscuit OR Breakfast Bread (Banana, Blueberry, or Zucchini) WITH Fresh Fruit 100% OJ White Milk</p>	<p>28 Apple Cinnamon Texas Toast OR Pop Tart & String Cheese WITH Cupped Fruit 100% OJ White Milk</p>	<p>29 Biscuit w/ Sausage Gravy OR Wild Blueberry Muffin & Cheese Stick WITH Fresh Fruit 100% OJ White Milk</p>	<p>30 Egg, Ham, & Cheese English Muffin or Croissant Breakfast Sandwich OR Cereal with Graham Crackers WITH Cupped Fruit 100% OJ White Milk</p>

In accordance with Federal Law and US Department of Agriculture policy, Pinellas County School Food Service is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. (Not all prohibited bases apply to all programs). To file a complaint of discrimination, write: USDA, Director, Office of Civil Rights, 1400 Independence Av. SW, Washington D.C. 20250-9410; or email: program.intake@usda.gov. This institution is an equal opportunity provider/employer.