

March 2025

Middle Lunch Menu



Monday Tuesday Wednesday Thursday Friday

NATIONAL SCHOOL BREAKFAST WEEK — MARCH 3-7

<p>3</p> <p>Choose One: Chicken Tenders & Waffles Cheese Pizza Crunchers ~OR~ Entrée Salad ~OR~ Cold Sandwich</p> <p>Choose: Corn Niblets Farmstand Veggie Dippers</p>	<p>4</p> <p>Choose One: Cheese Max Sticks BBQ Pork & Cheese Nachos ~OR~ Entrée Salad ~OR~ Cold Sandwich</p> <p>Choose: Santa Fe Black Beans Marinara Sauce Cup • Salsa Cup Sliced Cucumber Side Salad</p>	<p>5</p> <p>Choose One: Teriyaki Beef Dippers w/ Rice & Fortune Cookie Corn Dog Fry Basket w/ Cheez-It's Crackers ~OR~ Entrée Salad ~OR~ Cold Sandwich</p> <p>Choose: Crinkle Crispy Fries House Mixed Side Salad</p>	<p>6</p> <p>Choose One: Pizza Variety Breaded Chicken Drumstick w/ Macaroni & Cheese ~OR~ Entrée Salad ~OR~ Cold Sandwich</p> <p>Choose: Green Beans Romaine Side Salad</p>	<p>7</p> <p>Choose One: Chicken Penne Alfredo w/ Garlic Bread Crunchy Breaded Alaskan Fish Sandwich ~OR~ Entrée Salad ~OR~ Cold Sandwich</p> <p>Choose: Broccoli Florets Carrot Dippers</p>
<p>10</p> <p>Choose One: Dill Chicken Nuggets w/ Cheez-Its Crackers Penne Pasta & Meat Sauce w/ Garlic Bread ~OR~ Entrée Salad ~OR~ Cold Sandwich</p> <p>Choose: Sweet Potato Fries Farmstand Veggie Dippers</p>	<p>11</p> <p>Choose One: Beef or Pork Tacos Mini Cheese Calzones ~OR~ Entrée Salad ~OR~ Cold Sandwich</p> <p>Choose: Refried Fiesta Beans Marinara Sauce Cup NEW Triple Berry Blast Veg Juice</p> <p>Students May Only Choose One Juice Triple Berry Blast or Tropical Fruit</p>	<p>12</p> <p>Choose One: Tangerine Chicken w/ Rice & Fortune Cookie Macaroni & Cheese w/ Roll ~OR~ Entrée Salad ~OR~ Cold Sandwich</p> <p>Choose: Broccoli Florets House Mixed Side Salad</p>	<p>13</p> <p>Choose One: Pizza Variety Crispy Chicken Sandwich Spicy Chicken Sandwich ~OR~ Entrée Salad ~OR~ Cold Sandwich</p> <p>Choose: Deli Roasted Potato Romaine Side Salad</p>	<p>14</p> <p>Choose One: Brunch for Lunch Alaskan Fish Sticks & Tater Tots Basket w/ Goldfish Pretzels ~OR~ Entrée Salad ~OR~ Cold Sandwich</p> <p>Choose: Crispy Tator Tots Carrot Dippers Side Salad</p>

DID YOU KNOW?

Eating a healthy breakfast can improve memory and listening skills. Don't miss out on your free school breakfast!



Daily Lunch Choices

Choose 1:

Meat / Meatless Entrée,
Entrée Salads,
Cold Sandwiches

Must Choose at least 1:

Hot & Cold Vegetables
Variety of Fruits & Juices
(may choose up to 2 servings each of fruits & veggies with their meal)

May Choose 1 Milk:

Low Fat White,
Fat Free Chocolate,
Fat Free Strawberry or
Fat Free Skim



SPRING BREAK



<p>24</p> <p>Choose One: Grilled Cheese Grilled Ham & Cheese Cherry Blossom Chicken w/ Lo Mein & Fortune Cookie ~OR~ Entrée Salad ~OR~ Cold Sandwich</p> <p>Choose: Tomato Soup Farmstand Veggie Dippers</p>	<p>25</p> <p>Choose One: Max Snax Cheese Quesadilla Chicken Cheese Quesadilla Meat Lovers Stromboli ~OR~ Entrée Salad ~OR~ Cold Sandwich</p> <p>Choose: Green Beans Marinara Sauce Cup • Salsa Cup Sliced Cucumber Side Salad</p>	<p>26</p> <p>Choose One: Cheesy Bread Popcorn Chicken Bowl w/ Biscuit ~OR~ Entrée Salad ~OR~ Cold Sandwich</p> <p>Choose: Mashed Potato & Gravy Corn Niblets * Marinara Sauce Cup</p>	<p>27</p> <p>Choose One: Pizza Variety Chicken & Veg Dumplings w/ Chicken Stir-Fried Rice ~OR~ Entrée Salad ~OR~ Cold Sandwich</p> <p>Choose: Broccoli Florets Romaine Side Salad</p>	<p>28</p> <p>Choose One: Hamburger on a Bun Cheeseburger on a Bun Baja Fish Tacos w/Tortillas ~OR~ Entrée Salad ~OR~ Cold Sandwich</p> <p>Choose: Country Baked Beans Carrot Dippers Side Salad</p>
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Choose One:
Chicken Tenders & Waffles
Cheese Pizza Crunchers
~OR~ Entrée Salad
~OR~ Cold Sandwich

Choose:
Corn Niblets
Farmstand Veggie Dippers



Menus are subject to change!
We do our best to provide our customers with all of our planned options, however occasionally weather, crops, and supplies have other ideas!

For Menu & Nutrition Information or to download the app on your device Visit MealViewer.com

Pinellas County Schools
FOOD AND NUTRITION
ENERGY FOR EDUCATION

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