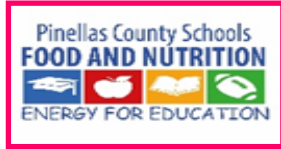


September 2024

Middle Lunch Menu



Fun Fact

Snap Beans

- Snap beans can be green, yellow, purple, speckled, and more
- Green beans have a high level of vitamin K.
- After tomatoes and peppers, green beans are the third most common home-garden vegetable

Daily Lunch Choices

Choose 1:

Meat / Meatless Entrée,
Entrée Salads,
Cold Sandwiches

Must Choose at least 1:

Hot & Cold Vegetables
Variety of Fruits & Juices
(may choose up to 2 servings each of fruits & veggies with their meal)

May Choose 1 Milk:

Low Fat White,
Fat Free Chocolate,
Fat Free Strawberry or
Fat Free Skim

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p>  <p>Happy LABOR DAY</p>	<p>3</p> <p>Choose One: Beef or Pork Tacos Mini Cheese Calzones Chicken Caesar Salad Any Timers Cheese Pizza</p> <p>Choose: Refried Fiesta Beans Marinara Sauce Cup Sliced Cucumber Side Salad</p>	<p>4</p> <p>Choose One: Tangerine Chicken w/ Rice & Fortune Cookie Macaroni & Cheese w/ Roll Apple a Day Salad Plate PBJ Uncrustable Kit</p> <p>Choose: Broccoli Florets House Mixed Side Salad</p>	<p>5</p> <p>Choose One: Pizza Variety Crispy Chicken Sandwich Spicy Chicken sandwich Chicken BLT Salad Any Timers Turkey & Cheese</p> <p>Choose: Deli Roasted Potato Romaine Side Salad</p>	<p>6</p> <p>Choose One: Brunch for Lunch Alaskan Fish Sticks & Tater Tots Basket w/ Goldfish Pretzels Fruit & Yogurt Plate PBJ Uncrustable Kit</p> <p>Choose: Crispy Tator Tots Carrot Dippers Side Salad</p>
<p>9</p> <p>Choose One: Grilled Cheese Grilled Ham & Cheese Cherry Blossom Chicken w/ Lo Mein & Fortune Cookie Apple a Day Salad Plate PBJ Uncrustable Kit</p> <p>Choose: Tomato Soup • Veggie</p>	<p>10</p> <p>Choose One: Max Snax Quesadilla Chicken Cheese Quesadilla Meat Lovers Stromboli Chicken Caesar Salad Any Timers Cheese Pizza</p> <p>Choose: Green Beans Marinara • Salsa • Cucumber</p>	<p>11</p> <p>Choose One: Cheesy Bread Popcorn Chicken Bowl w/ Biscuit Yogurt, Fruit & Granola Parfait PBJ Uncrustable Kit</p> <p>Choose: Corn Niblets Mashed Potato & Gravy</p>	<p>12</p> <p>Choose One: Pizza Variety Chicken & Veg Dumplings w/ Chicken Stir-Fried Rice Chicken Caesar Wrap Any Timers Turkey & Cheese</p> <p>Choose: Broccoli Florets • Romaine</p>	<p>13</p> <p>Choose One: Hamburger on a Bun Cheeseburger on a Bun Baja Fish Tacos w/Tortillas Fruit & Yogurt Plate PBJ Uncrustable Kit</p> <p>Choose: Baked Beans • Carrots</p>
<p>16</p> <p>Choose One: Chicken Tenders & Waffles Cheese Pizza Crunchers Chicken BLT Salad PBJ Uncrustable Kit</p> <p>Choose: Corn Niblets Farmstand Veggie Dippers</p>	<p>17</p> <p>Choose One: Cheese Max Sticks BBQ Pork & Cheese Nachos Crispy Chicken Wrap Any Timers Cheese Pizza</p> <p>Choose: Santa Fe Black Beans Marinara Sauce Cup • Salsa Cup Sliced Cucumber Side Salad</p>	<p>18</p> <p>Choose One: Teriyaki Beef Dippers w/ Rice & Fortune Cookie Corn Dog Fry Basket w/ Cheez-It's Crackers Yogurt, Fruit & Granola Parfait PBJ Uncrustable Kit</p> <p>Choose: Crinkle Crispy Fries House Mixed Side Salad</p>	<p>19</p> <p>Choose One: Pizza Variety Breaded Chicken Drumstick w/ Macaroni & Cheese Apple a Day Salad Plate Chicken Caesar Wrap Any Timers Turkey & Cheese</p> <p>Choose: Green Beans Romaine Side Salad</p>	<p>20</p> <p>Choose One: Chicken Penne Alfredo w/ Garlic Bread Crunchy Breaded Alaskan Fish Sandwich Fruit & Yogurt Plate PBJ Uncrustable Kit</p> <p>Choose: Broccoli Florets Carrot Dippers Side Salad</p>
<p>23</p>  <p>No School Teacher Work Day</p>	<p>24</p> <p>Choose One: Beef or Pork Tacos Mini Cheese Calzones Chicken Caesar Salad Any Timers Cheese Pizza</p> <p>Choose: Refried Fiesta Beans Marinara Sauce Cup Sliced Cucumber Side Salad</p>	<p>25</p> <p>Choose One: Tangerine Chicken w/ Rice & Fortune Cookie Macaroni & Cheese w/ Roll Apple a Day Salad Plate PBJ Uncrustable Kit</p> <p>Choose: Broccoli Florets House Mixed Side Salad</p>	<p>26</p> <p>Choose One: Pizza Variety Crispy Chicken Sandwich Spicy Chicken sandwich Chicken BLT Salad Any Timers Turkey & Cheese</p> <p>Choose: Deli Roasted Potato Romaine Side Salad</p>	<p>27</p> <p>Choose One: Brunch for Lunch Alaskan Fish Sticks & Tater Tots Basket w/ Goldfish Pretzels Fruit & Yogurt Plate PBJ Uncrustable Kit</p> <p>Choose: Crispy Tator Tots Carrot Dippers Side Salad</p>
<p>30</p> <p>Choose One: Grilled Cheese Grilled Ham & Cheese Cherry Blossom Chicken w/ Lo Mein & Fortune Cookie Apple a Day Salad Plate PBJ Uncrustable Kit</p> <p>Choose: Tomato Soup Farmstand Veggie Dippers</p>			<p>PAY FOR SCHOOL MEALS ONLINE</p> 	<p>Menus are subject to change!</p> <p>We do our best to provide our customers with all of our planned options, however occasionally weather, crops, and supplies have other ideas!</p>

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