



For menus and nutrition info, visit [MealViewer.com](http://MealViewer.com) or download the app. [Click to go to the website.](http://MealViewer.com)

**MealViewer**

Menus are subject to change!

We do our best to provide our customers with all our planned options, however occasionally weather, crops, and supplies have other ideas!



## Cold Cereal Variety

May contain no more than 6 grams of sugar per serving:

- Cheerios Oats
- Cinnamon Chex
- Cinnamon Toast Crunch
- Marshmallow Matey's

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
<b>Cold Cereal Variety (WG)</b> Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	<b>Banana Bread Slice</b> Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	<b>Yogurt Cup &amp; Honey Graham Crackers</b> Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk		
6	7	8	9	10
<b>Cold Cereal Variety (WG)</b> Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	<b>Blueberry Mini Loaf &amp; String Cheese Stick</b> Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	<b>Cold Cereal Variety (WG)</b> Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	<b>Banana Bread Slice</b> Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	<b>Yogurt Cup &amp; Honey Graham Crackers</b> Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk
13	14	15	16	17
<b>No School for Students</b> 	<b>Blueberry Mini Loaf &amp; String Cheese Stick</b> Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	<b>Cold Cereal Variety (WG)</b> Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	<b>Banana Bread Slice</b> Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	<b>Yogurt Cup &amp; Honey Graham Crackers</b> Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk
20	21	22	23	24
<b>Cold Cereal Variety (WG)</b> Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	<b>Blueberry Mini Loaf &amp; String Cheese Stick</b> Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	<b>Cold Cereal Variety (WG)</b> Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	<b>Banana Bread Slice</b> Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	<b>Yogurt Cup &amp; Honey Graham Crackers</b> Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk
27	28	29	30	31
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