



For menus and nutrition info, visit MealViewer.com or download the app. [Click to go to the website.](http://MealViewer.com)

MealViewer

Menus are subject to change!

We do our best to provide our customers with all our planned options, however occasionally weather, crops, and supplies have other ideas!

BREAKFAST IS FREE FOR ALL PINELLAS COUNTY SCHOOL STUDENTS!

Cold Cereal Variety

May contain no more than 6 grams of sugar per serving:

- Cheerios Oats
- Cinnamon Chex
- Cinnamon Toast Crunch
- Marshmallow Matey's

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cold Cereal Variety (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	2 Bacon & Cheese Egg Bite on Brazilian Bun Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	3 Apple Cinnamon French Toast Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk
6 Cold Cereal Variety (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	7 Chicken Biscuit Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	8 Cold Cereal Variety (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	9 Maple Sausage Pancake Wrap-stick Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	10 Cinnamon Waffle Mini Bites Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk
13 No School for Students 	14 Sausage Biscuit Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	16 Cold Cereal Variety (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	17 Bacon & Cheese Egg Bite on Brazilian Bun Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	18 Apple Cinnamon French Toast Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk
20 Cold Cereal Variety (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	21 Chicken Biscuit Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	22 Cold Cereal Variety (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	23 Maple Sausage Pancake Wrap-stick Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	24 Cinnamon Waffle Mini Bites Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk
27 Cold Cereal Variety (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	28 Sausage Biscuit Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	29 Cold Cereal Variety (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	30 Bacon & Cheese Egg Bite on Brazilian Bun Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	31 Apple Cinnamon French Toast Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk