OCTOBER 2025

PRE-K IN CLASS



DAILY PRE-K LONGA INCLUDES

Hot Entrée, Variety of Seasonal **Fruits**

Fresh, Cupped & Dried & Unflavored Milk Choice

Low Fat 1% White Fat Free Skim



For menus and nutrition info, visit MealViewer.com or download the app. Click to go to the website.

MealViewer

Menus are subject to change!

We do our best to provide our customers with all our planned options, however occasionally weather, crops, and supplies have other ideas!



Wednesday

Macaroni & Cheese

Country Baked Beans

Seasonal Fresh Fruit

Unflavored 1% Low-Fat

or Fat-Free Skim Milk

Crispy Breaded Chicken Sandwich

Thursday

Romaine Side Salad Cupped or Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

3

Cheese or Pepperoni Pizza

Friday

Baby Carrot Dippers Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

Chicken Broccoli Penne

Alfredo w/ Roll **Carrot Dippers** Seasonal Fresh Fruit

Unflavored 1% Low-Fat or Fat-Free Skim Milk

Beef or Pork Taco

Fiesta Refried Beans Cupped or Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

Boneless Wings & Roll

Steamed Broccoli Florets Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

Grilled Cheese Sandwich

Steamed Corn Kernels Cupped or Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

Cheese or Pepperoni Pizza

Green Beans Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

13

No School for Students



Cheesy Bread

Marinara Sauce Cup Santa Fe Black Beans Cupped or Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

15

Chicken Nuggets & Roll

Crinkle Crispy Fries Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

16

2

Teriyaki Beef Dippers w/ Rice

Steamed Broccoli Florets Cupped or Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

17

Cheese or Pepperoni Pizza

Baby Carrot Dippers Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

NATIONAL SCHOOL LUNCH WEEK | October 13-17, 2025 | Taste the World with Your School Lunch Passport!

Pepperoni (beef) Calzone

Marinara Sauce Cup Carrot & Celery Dippers Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

21

14

Mozzarella Cheese Bites w/ Tuscan Sauce

Fiesta Refried Beans Cupped or Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

Popcorn Chicken Potato Bowl w/ Chicken Gravy

Mashed Potato & Gravy Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

23

Sliced Beef & Broccoli w/ **Ramen Noodles**

Romaine Side Salad Cupped or Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

Cheese or Pepperoni Pizza

Green Beans Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

27

Grilled Hamburger or Cheeseburger on Bun

Sweet Potato Fries Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

28

Pasta & Beef Meatballs in Sauce

> Steamed Corn Kernels Cupped or Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

29

Macaroni & Cheese

Country Baked Beans Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

30

Crispy Breaded Chicken Sandwich

> Romaine Side Salad Cupped or Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

31

Cheese or Pepperoni Pizza

Baby Carrot Dippers Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk

In accordance with federal civil rights law and USDA civil rights law and USDA civil rights regulations and policies, the USDA, its agencies, offices, employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the state or local agency that administers the program or contact USDA through the Telecommunications Relay Service at 711 (voice and TTY). Additionally, program information may be made available in languages other than English. To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at How to File a Program Discrimination Complaint form, all (866) 632-9992 Submit your completed form or letter to USDA by, Mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410; Fax: (202) 690-7442; or Email: program.intake@usda.gov. This institution is an equal opportunity provider