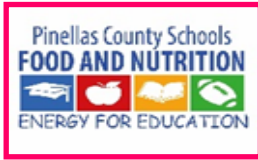


September 2024 Pre-K in class Dinner Menu

Fun Facts!

Snap Beans

- Snap beans can be green, yellow, purple, speckled, and more
- Green beans have a high level of vitamin K.
- After tomatoes and peppers, green beans are the third most common home-garden vegetable



Dinners Include

A Variety of Seasonal Fruits

Fresh, Cupped, Dried & 100% Juices

Choice of Milk:

Low Fat White, Fat Free Chocolate, Fat Free Strawberry

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Happy LABOR DAY</p>	<p>3</p> <p>Hamburger on a Bun (WG) Cheeseburger on a Bun</p> <p>Crinkle Crispy Fries Seasonal Fresh Fruit Unflavored 1% Low-Fat Milk</p>	<p>4</p> <p>Chicken Nuggets (WG)</p> <p>Corn Niblets Seasonal Fresh Fruit Unflavored 1% Low-Fat Milk</p>	<p>5</p> <p>Grilled Ham & Cheese Sandwich (WG)</p> <p>Peas & Carrots Seasonal Fresh Fruit Unflavored 1% Low-Fat Milk</p>	<p>6</p> <p>Meat Lovers Stromboli (WG)</p> <p>Broccoli Florets Marinara Sauce Cup Orchard Cupped Fruit Unflavored 1% Low-Fat Milk</p>
<p>9</p> <p>Cheese Pizza Crunchers (WG)</p> <p>Broccoli Florets Orchard Cupped Fruit Unflavored 1% Low-Fat Milk</p>	<p>10</p> <p>Crispy Breaded Chicken Sandwich (WG)</p> <p>Sweet Potato Fries Seasonal Fresh Fruit Unflavored 1% Low-Fat Milk</p>	<p>11</p> <p>Big Daddy Cheese or Pepperoni Pizza (WG)</p> <p>Green Beans Seasonal Fresh Fruit Unflavored 1% Low-Fat Milk</p>	<p>12</p> <p>Mini Cheese Calzones (WG)</p> <p>Marinara Sauce Cup Cucumber Dippers Seasonal Fresh Fruit</p>	<p>13</p> <p>Taco Beef & Cheese Tortilla Dunkers (WG)</p> <p>Corn Niblets Orchard Cupped Fruit Unflavored 1% Low-Fat Milk</p>
<p>16</p> <p>Big Daddy Cheese or Pepperoni Pizza (WG)</p> <p>Crispy Tater Tots Orchard Cupped Fruit Unflavored 1% Low-Fat Milk</p>	<p>17</p> <p>Penne Pasta & Meat Sauce w/ Roll (WG)</p> <p>Green Beans Seasonal Fresh Fruit Unflavored 1% Low-Fat Milk</p>	<p>18</p> <p>Mini Cheese Calzones (WG)</p> <p>Marinara Sauce Cup Romaine Side Salad Seasonal Fresh Fruit Unflavored 1% Low-Fat Milk</p>	<p>19</p> <p>Cheesy Bread (WG)</p> <p>Broccoli Florets Marinara Sauce Cup Seasonal Fresh Fruit Unflavored 1% Low-Fat Milk</p>	<p>20</p> <p>Popcorn Chicken & Roll (WG)</p> <p>Corn Niblets Orchard Cupped Fruit Unflavored 1% Low-Fat Milk</p>
<p>23</p> <p>No School Teacher Work Day</p>	<p>24</p> <p>Hamburger on a Bun (WG) Cheeseburger on a Bun</p> <p>Crinkle Crispy Fries Seasonal Fresh Fruit Unflavored 1% Low-Fat Milk</p>	<p>25</p> <p>Chicken Nuggets (WG)</p> <p>Corn Niblets Seasonal Fresh Fruit Unflavored 1% Low-Fat Milk</p>	<p>26</p> <p>Grilled Ham & Cheese Sandwich (WG)</p> <p>Peas & Carrots Seasonal Fresh Fruit Unflavored 1% Low-Fat Milk</p>	<p>27</p> <p>Meat Lovers Stromboli (WG)</p> <p>Broccoli Florets Marinara Sauce Cup Orchard Cupped Fruit Unflavored 1% Low-Fat Milk</p>
<p>30</p> <p>Cheese Pizza Crunchers (WG)</p> <p>Broccoli Florets Orchard Cupped Fruit Unflavored 1% Low-Fat Milk</p>	<p>MY SCHOOL Apps</p>	<p>HARVEST MONTH</p>	<p>PAY FOR SCHOOL MEALS ONLINE</p>	<p>Menus are subject to change!</p> <p>We do our best to provide our customers with all of our planned options, however occasionally weather, crops, and supplies have other ideas!</p>

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