

September 2024 School Snack Menu



Fun Fact!

Snap Beans

- Snap beans can be green, yellow, purple, speckled, and more
- Green beans have a high level of vitamin K.
- After tomatoes and peppers, green beans are the third most common home-garden vegetable

Cold Cereal Variety

May contain no more than 6 grams of sugar:

- Cheerios
- Cinnamon Chex
- Cinnamon Toast Crunch
- Marshmallow Matey's

Monday	Tuesday	Wednesday	Thursday	Friday
2  	3 Farmers Market Educational Grahams Apple Juice	4 Belly Bear Chocolate Grahams Tropical Fruit Juice	5 Cinnamon Frosted Pop Tart Apple Slices Fruit Juice	6 Cold Cereal Variety Unflavored 1% Low-Fat Milk
9 Goldfish Pretzel Crackers Tropical Fruit Juice	10 Keebler Animal Shapes Crackers Apple Juice	11 Blueberry Muffin Flat Tropical Fruit Juice	12 Goldfish Cheddar Crackers Apple Sauce Fruit Juice	13 Cold Cereal Variety Unflavored 1% Low-Fat Milk
16 Baked Cheetos Tropical Fruit Juice	17 Cocoa Cherry Bar Apple Juice	18 Scooby Doo Cinnamon Grahams Tropical Fruit Juice	19 Baked Churros Crackers Apple Slices Fruit Juice	20 Cold Cereal Variety Unflavored 1% Low-Fat Milk
23  	24 Farmers Market Educational Grahams Apple Juice	25 Belly Bear Chocolate Grahams Tropical Fruit Juice	26 Cinnamon Frosted Pop Tart Apple Slices Fruit Juice	27 Cold Cereal Variety Unflavored 1% Low-Fat Milk
30 Goldfish Pretzel Crackers Tropical Fruit Juice				<div style="border: 1px dashed orange; padding: 5px;"> <p>Menus are subject to change!</p> <p>We do our best to provide our customers with all of our planned options, however occasionally weather, crops, and supplies have other ideas!</p> </div>

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