## OCTOBER 2025







For menus and nutrition info, visit MealViewer.com or download the app.
Click to go to the website.

## **MealViewer**

## Menus are subject to change!

We do our best to provide our customers with all our planned options, however occasionally weather, crops, and supplies have other ideas!

## **Cold Cereal Variety**

May contain no more than 6 grams of sugar per serving:

- Cheerios Oats
- Cinnamon Chex
- · Cinnamon Toast Crunch
- · Marshmallow Matey's

Monday	Tuesday	Wednesday	Thursday	Friday
		Scooby Doo Cinnamon Grahams (WG) 100% Apple Juice	Honey Graham Crackers (WG)  100% Tropical Fruit Juice	Goldfish Pretzel Crackers (WG) 100% Apple Juice
6	7	8	9	10
Cold Cereal Variety (WG)	Goldfish Pretzel Crackers (WG)	Cheez-Its Baked Crackers (WG)	Apple Cinnamon Graham Crackers (WG)	Goldfish Colors Cheddar Crackers (WG)
Unflavored 1% Low-Fat Milk	100% Tropical Fruit Juice	100% Apple Juice	100% Tropical Fruit Juice	100% Apple Juice
13 No School for Students	14	15	16	17
	Goldfish Colors Cheddar Crackers (WG)	Scooby Doo Cinnamon Grahams (WG)	Honey Graham Crackers (WG)	Goldfish Pretzel Crackers (WG)
***	100% Tropical Fruit Juice	100% Apple Juice	100% Tropical Fruit Juice	100% Apple Juice
20	21	22	23	24
Cold Cereal Variety (WG)	Goldfish Pretzel Crackers (WG)	Cheez-Its Baked Crackers (WG)	Apple Cinnamon Graham Crackers (WG)	Goldfish Colors Cheddar Crackers (WG)
Unflavored 1% Low-Fat Milk	100% Tropical Fruit Juice	100% Apple Juice	100% Tropical Fruit Juice	100% Apple Juice
27	28	29	30	31
Cold Cereal Variety (WG)	Goldfish Colors Cheddar Crackers (WG)	Scooby Doo Cinnamon Grahams (WG)	Honey Graham Crackers (WG)	Goldfish Pretzel Crackers (WG)
Unflavored 1% Low-Fat Milk	100% Tropical Fruit Juice	100% Apple Juice	100% Tropical Fruit Juice	100% Apple Juice

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file expressions or contact USDA through the Federal Relay Service at (800) 877-8339. To file approximation complaint from which can be obtained online at: https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax/Mail.jpdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged civil rights violation. The completed AD-3027 from reter must be submitted to USDA by. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.