



# Commitment to Character

Cooperation: Getting along with others and working together.

## National Hispanic Heritage Month: September 15- October 15



Hispanic Heritage Month theme: "Hispanic Americans: A History of Serving Our Nation." The theme invites us to reflect on Hispanic American's service and contributions to the history of our Nation.

### What's the difference between Hispanic, Latino, and Spanish?

Hispanic, Latino and Spanish are often used interchangeably in describing race. But what's the right terminology?

<https://www.youtube.com/watch?v=gs2tdjzla8Y>  
The above link is great for secondary students.

Excellent resources for classroom articles, ideas and resources below:

<https://www.hispanicheritagemonth.gov/for-teachers/>

Resources for K-5, 6-8 and 9-12

<http://www.nea.org/tools/lessons/hispanic-heritage-month.html>

<https://home1.nps.gov/hispanicheritage/teachers.html>

<https://www.hispanicheritagemonth.org/index.php/classroom>

Culturally Responsive Books for Students:

<https://inclusiveschools.org/culturally-responsive-books-for-students/>

<https://teachmet.com/2017/07/23/10-culturally-responsive-books-to-kick-start-your-class-library/>

## Three Words A Day

- Oct. 1 Think for yourself.
- Oct. 2 Accept new ideas.
- Oct. 3 Learning is essential.
- Oct. 4 Good friends understand.
- Oct. 5 Enjoy your age.
- Oct. 6 Problems create opportunity.
- Oct. 7 Write about feelings.
- Oct. 8 Be open minded.
- Oct. 9 Little things count.
- Oct. 10 Don't fool yourself.
- Oct. 11 Let others talk.
- Oct. 12 Fear limits activities.
- Oct. 13 Practice makes perfect.
- Oct. 14 Answer telephones politely.
- Oct. 15 Love helps people.
- Oct. 16 Beginnings are hard.
- Oct. 17 Improving is possible.
- Oct. 18 Don't blame others.
- Oct. 19 Congratulate someone today.
- Oct. 20 Patience takes practice.
- Oct. 21 Always talk clearly.
- Oct. 22 Respect your body.
- Oct. 23 Enjoy many things.
- Oct. 24 Everyone has feelings.
- Oct. 25 Set high standards.
- Oct. 26 Laughter feels good.
- Oct. 27 Help erases sadness.
- Oct. 28 Cheating cheats you.
- Oct. 29 Wish upon stars.
- Oct. 30 Share your candy.
- Oct. 31 Winning isn't everything.

### Bullying Prevention Month: "Create a World Without Bullying"

StopBullying.gov provides information from various government agencies on what bullying is, what cyberbullying is, who is at risk, and how you can prevent and respond to bullying.  
<http://www.stopbullying.gov/>

Pacers National Bullying Prevention Center provides resources and activities to help raise awareness.  
<http://www.pacer.org/bullying/nbpm/>

For your Calendar

12<sup>th</sup> -16<sup>th</sup>  
National School Lunch Week

15<sup>th</sup>  
Hispanic Heritage Awareness Ends

23<sup>th</sup>  
Unity Day

21<sup>th</sup> - 25<sup>th</sup>  
National School Bus Safety Week

22<sup>rd</sup>  
Mix it Up at Lunch Day

23<sup>rd</sup> - 31<sup>st</sup>  
Red Ribbon Week

## Dinner Dilemmas

Purpose: To create family discussions that promotes Character Education in Pinellas County.

Dinner Dilemmas are designed to go home once a month with the students. Schools that send home a weekly newsletter could print one dilemma each week in its publication. During the week families are asked to discuss the dilemma. It is hoped that families will talk about the dilemma and decide how the character quality of the month relates to the situation presented. It is further hoped that families will discuss the dilemma of the week and decide how the character quality of the month applies to each family member.

### Week 1

Situation: One evening Sam's dad says he will take the family out for ice cream after the kids clean-up the kitchen. The ice cream shop closes in 20 minutes. Sam's brother was not helping.

Dilemma: On one hand, Sam knew he could do both jobs. On the other hand, Sam felt his brother should cooperate to help get the task completed as quickly as possible.

Discussion: What advice do you have for Sam?

### Week 2

Situation: Sue and Sam arrived at the kickball field at the same time. Both volunteer to be the pitcher.

Dilemma: On one hand, they knew only one of them could be the pitcher. On the other hand, neither one wanted to play another position.

Discussion: How could they cooperate to solve this situation?

### Week 3

Situation: Sam and his best friend are writing a play to be performed by their club. They disagreed as to the ending of the story.

Dilemma: On one hand, Sam thinks his ending is better than his friend's is. On the other hand, Sam wants to cooperate with his friend.

Discussion: What advice do you have for Sam and his friend?

### Week 4

Situation: Working in a cooperative group, each person had a specific job to do. One member of the group was not contributing to the group's goal.

Dilemma: On one hand, they could attempt to solve the situation within the group. On the other hand, they could report to the teacher, that one person was not cooperating.

Discussion: What advice do you have for the group?

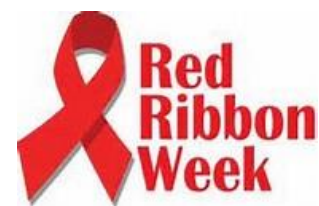
### Books to read aloud on cooperation:

"Pumpkin Soup" by Helen Cooper

"Cookies: Bite-Sized Life Lessons" by Amy Krouse Rosenthal

"The Three Little Wolves and the Big Bad Pig" by Eugene

Trivizas



**THE 2019 RED RIBBON  
THEME: SEND A MESSAGE.  
STAY DRUG FREE.™**

Check out new Red Ribbon Week curriculum ideas for all grade levels at:

[www.redribbon.org/curriculum](http://www.redribbon.org/curriculum).



### QUOTE OF THE WEEK:

**Quotes: Starting the week of  
September 30th**

Week 1 - "Great oaks from little acorns grow." ~ Latin Proverb

Week 2 - "Put yourself in the other man's place and then you will know why he thinks certain things and does certain deeds." ~Elbert Hubbard

Week 3- "We may have all come on different ships, but we're in the same boat now." ~Martin Luther King Jr.

Week 4- "We cannot learn from one another until we stop shouting at one another—until we speak quietly enough so that our words can be heard as well as our voices." ~Richard M. Nixon

Week 5 - "People acting together as a group can accomplish things which no individual acting alone could ever hope to bring about." Franklin Roosevelt, Thirty-Second President

Bus Safety: 2019: The theme is "My School Bus, The Safest Form of Student Transportation!" <https://www.napt.org/nsbsw>

School Lunches: Theme is "School Lunch: What's on Your Playlist?" <https://schoolnutrition.org/Meetings/Events/NSLW/2019/>

Mix it Up: <https://www.tolerance.org/mix-it-up>

Contact  
Information

Autumn Lunin  
Email: [lunina@pcsb.org](mailto:lunina@pcsb.org)

Next Month is Citizenship Month

Being law abiding and involved in service to school, community and country.