Resources *for* Living®

Embracing diversity, fostering inclusion

Diversity refers to all the ways in which people are different. Types of diversity include age, gender, race, ethnicity and sexual orientation. Inclusion means creating an environment in which people of all backgrounds and identities feel accepted, safe and celebrated.

Creating inclusive spaces is crucial to helping ensure that everyone's voices and experiences are heard and reflected in our larger culture, as a country and in each of our workplaces. This involves working to understand and honor our differences. It also means identifying and challenging any biases you may be holding.

Check out the resources we've put together to illustrate the immense value of diversity and the importance of inclusion.

View Resources

We're here to help you find resources and services that fit your needs and preferences.

Reach out today.

(800)848-9392(TTY:711)

www.resourcesforliving.com

Username: pcsb
Password: eap

We've put together these resources to highlight the value of diversity

Diversity and inclusion

Encouraging diversity and inclusion helps reduce stigma and improve mental health and wellness in communities. Learn ways you can help to improve our communities.

View infographic

Inclusion deep dive: creating an atmosphere of belonging at work

Inclusive work environments improve team performance, boost morale and more.

Watch webinar

Managing bias: unconscious bias

Understanding, recognizing and challenging biases helps us create a culture of inclusion.

Learn more