

# Get the **FLU** **SHOT** not the flu!

Experts are predicting the flu season to continue through spring. It's not too late to get your flu vaccine. The flu shot takes about 2 weeks to become fully effective.

## **Humana members**

All Humana member can receive a flu shot at no cost at any pharmacy.

## **Insured through another company**

Most insurance companies will cover flu shots at no cost at most pharmacies. Contact your insurance company for more details and any restrictions.

## **Not insured**

If you do not have insurance, you can still get a flu shot if you are 18 years or older. You can visit any of the following pharmacies with no appointment to get a flu shot.

**Costco** - \$19.99 per flu shot. You do not need a Costco Membership to receive a flu shot.

**CVS/Target** - \$25.00 per flu shot. You will also receive a \$5 off coupon on any \$25 purchase for receiving a flu shot.

**Sam's Club** - \$30.00 per flu shot. You do not need a Sam's Club Membership to receive a flu shot.

**Walgreens** - \$31.99 per flu shot. For every person that receives a flu shot, Walgreens will help provide a lifesaving vaccine to a child in a developing country. For more information, visit [www.walgreens.com](http://www.walgreens.com).

**Publix** - \$42.00 per flu shot.

