

### Benefit News

#### The Standard Offers Identity Theft Toolkit

Identity theft can happen to anyone, and it is important to know what you can do to reduce your risk. Florida currently ranks second in fraud and identity theft reports nationwide.

Life Services Toolkit is automatically available, at no cost, to all employees insured under our group life policy. One of the features of Life Service Toolkit includes tips to detect, avoid and recover from identity theft. To learn more about these resources, visit [standard.com/mytoolkit](https://standard.com/mytoolkit) and enter user name "assurance" to learn how you can reduce your risk of falling victim to fraud.

[Life Service Toolkit \(English\)](#)

[Life Service Toolkit \(Spanish\)](#)

#### EAP Support with Recent Events in Washington, D.C.

Distressing events can affect everyone who lives through them. Even people who experience these events only through the media can have emotional and stress reactions. Your employee assistance program (EAP) is here to help. [Resource for Living EAP January newsletter](#). Call 800-848-9392 or visit [www.resourcesforliving.com](http://www.resourcesforliving.com) (username: pcsb | password: eap) for 24/7 free and confidential support.

### Wellness News

#### 2021 Spring Wellness Webinars

Throughout the spring semester there will be a variety of different wellness webinars including nutrition, EAP, Financial Webinars, Yoga classes and more! Employees must register for these webinars. Full list of webinars and details can be found on [Wellness District Campaigns](#).

##### Upcoming webinars

1/12 5:00pm – *Strategies to Slash Debt* – [Register](#)

1/14 5:30pm – *Guided Meditation: Yoga Nidra* - [Register](#)

1/20 5:00pm – *Nutrition Facts: Myth or Truth?* - [Register](#)

#### New Wellness Program – Limeade – Begins March 1, 2021!

The Limeade platform will offer holistic and engaging wellness program for employees enrolled in the Aetna medical insurance through PCS and their dependent spouses. This program will include a variety of new activities, incentives, nutrition support, mental health tools, financial wellness program, challenges and more! View the [Limeade FAQs](#) for any questions. More information of the program will be coming soon.

#### Aetna Health Promise Ending

Submit all missing credits by 2/26/2021

The new wellness program, Limeade will be replacing the Aetna Health Promise. The last day to earn credits for the Aetna Health Promise incentive was 12/31/2020. Please be sure to check you credits to make sure all your credits are posted. If you do not see your credits on your Aetna member website, please report it to the on-site Aetna representatives, Jessica O'Connell [pcs.oconnelli@pcsb.org](mailto:pcs.oconnelli@pcsb.org) or Gina DeOrsey [pcs.deorseyg@pcsb.org](mailto:pcs.deorseyg@pcsb.org) by **2/26/2021**. Directions for how to [check your credits](#).

Employees who earn the incentive in 2020 will receive the incentive directly in their paycheck in the first quarter of 2021. Employees must be actively employed and have the PCS medical insurance through Aetna at the time of pay out to be eligible for the incentive. More details can be found on [pcsb.org/wellness](http://pcsb.org/wellness).

# Employee Discounts

[2021 Toronto Raptor Tickets](#) – Amalie Arena

[PerkSpot](#): travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB

[Tickets at Work](#): exclusive discounts, special offers and access to preferred seating and tickets to top attractions, theme parks, shows, sporting events, movie tickets, hotels and much more.  
Company code: PCS