

Benefit News

Final Reminder: Flexible Spending Accounts (FSA)

The deadline to submit 2020 claims for reimbursement or substantiation for the FSA is March 31, 2021. Balances left over will be forfeited and used to offset the expenses of the plan. Visit our [Flexible Spending website](#) for a claim form, a list of eligible expenses and answers to frequently asked questions. Don't wait until the last day to submit your claims!

Final Reminder: Health Reimbursement Account (HRA) included with the CDHP Health Plan

The HRA deadline to submit 2020 claims for reimbursement or substantiation is also March 31, 2021. Funds for the 2021 plan year were added to the account and accessible on January 1st for 2021 claims. In addition, anything left in the 2020 HRA account will be rolled over the first part of April to be used for any 2021 claims. If you have questions, please contact PayFlex at 888-678-8242.

EAP – Caring for the Caregiver Training

Wednesday, April 14 5:30-7:30pm

More than 53% of family caregivers work full-time jobs. It takes time, commitment, energy, organizational skills and above all, love to be a caregiver. But we must remember to give care to ourselves as well. This 2-hour zoom training is relevant for anyone who is in a caregiving relationship. PLN credits available. [Click here to register.](#)

Upcoming RFL Webinars for April

Resources for Living (RFL) EAP provides webinars monthly on a variety of topics. To register, log in to your PCSB member website at www.resourcesforliving.com, Username: pcsb Password: eap. Click [here](#) to see April Webinars.

Remember, the EAP is available 24/7 at **800-848-9392** to assist you with life coping skills.

Wellness News

Final Days of Limeade's Race to Level 1!

The first challenge of the new [Limeade](#) program ends March 31, 2021. All schools and large worksites will compete against each other to get 50% of their eligible staff to Level 1 by March 31. To get to Level 1, eligible employees must register and complete their Well-Being Assessment to earn 1,000 points and reach Level 1. By doing so, employees will also earn an instant \$20 gift card through Limeade. To learn more about Limeade, visit pcsb.org/wellness.

Diabetic Refresher Course – April 12 & April 19

If you are a diabetic who is interested in learning about what is new with diabetes, healthy cooking, and more, join the [Dining with Diabetes Course](#) today! Attending both webinars will count as your "refresher" if you are a current member in the Diabetes Care Program.

To register for the course, please contact Gina DeOrsey at 727-588-6137 or pcs.deorseyg@pcsb.org.

Aetna – [Happy Hearts Virtual Wellness Series](#)

Aetna covers topics including gratitude, positive affirmations, breathing, basic yoga, resting, stretching, and mindfulness. Feel free to share with family or even students. Click [here](#) to sample a video segment.

Employee Discounts

[Pinellas County Schools Main Discount Page](#)

- [PerkSpot](#): travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB
New! [PerkSpot Browser Extension](#) – Never miss a deal!
- [Tickets at Work](#): exclusive discounts, special offers and access to preferred seating and tickets to top attractions, theme parks, shows, sporting events, movie tickets, hotels and much more.
Company code: PCS
- [LA Fitness/Esporta](#) – 30-day free guest pass.
- [Amalie Arena and Yuengling Center upcoming events](#)
Please note, Amalie Arena is allowing limited fans at this time due to Covid-19. Tickets will remain on sale for future events and customers will be contacted for any changes to their events.