



## YOUR PCS BENEFIT WEEKLY UPDATE

May 12, 2023

### **BENEFIT NEWS**

#### **PCS Administration Building Summer Hours**

The Administration Building summer hours will begin on Monday, June 5, 2023, and will conclude on Friday, July 28, 2023. The four-day work schedule will be in effect with district offices open, Monday through Thursday from 7:30 a.m. – 5:30 p.m. Offices will be closed on Fridays. The regular five-day work week schedule will resume on Monday, July 31, 2023.

The Risk Management Department is available all summer for your insurance needs:

- Life Status Changes
- Leave of Absence Billing
- Disability, Life Insurance Claims and
- General Questions

The Risk Management Department will be able to answer any questions and process any paperwork throughout the summer.

Please do not hesitate to contact us at **727- 588-6195** to further assist you.





## **WELLNESS NEWS**

### **2023 Summer Mobile Mammography Stops!**

The AdventHealth Mobile Mammography Bus will be visiting several PCS sites over the summer. View [this flyer](#) to see the full list of events. Make your appointment today by visiting [www.adventhealthmobilemammography.com](http://www.adventhealthmobilemammography.com).

The bus accepts most major medical insurance. Women 40 years and older do not need a prescription. For questions, check out the [Mobile Mammography FAQs](#).

### **Employee Assistance Program – May is Mental Health Awareness Month**

According to the National Alliance on Mental Illness, millions of people in the U.S. are affected by mental illness each year.

This shows the need to raise awareness, reduce stigma and advocate for our mental wellness. Mental health is physical health. It's all connected. Take time to manage your physical and mental health. Your body and mind will thank you for it.



The [attached flyer](#) suggests daily activities you can do to improve your mental state of being. Challenge yourself to do one thing each day that brings you happiness. Daily habits like this can help transform your mental health for the better. And remember, the **EAP is available 24/7 at 800-848-9392** to assist you with life coping skills.



#### **Employee Discounts**

Main employee discount page

#### **Concerts & Events Discounts**

Concerts and other event discounts through Amalie Arena and Yuengling Center

#### **PerkSpot**

Travel, theme park tickets, entertainment & local offers

Company Code: PCSB

#### **Tickets at Work**

Special offers like discounts on theme park tickets & more!

Company Code: PCSB

