



## YOUR PCS BENEFIT WEEKLY UPDATE December 1, 2022



### **BENEFIT NEWS**

#### **Payroll Deductions**

Just a reminder- newly elected coverage and plan changes will be effective 01/01/2023. Employee health insurance rates did not change for 2023, unless you enrolled in a new plan or level of coverage. The district absorbed the 3.9% increase (appx. \$5.5M). Disability insurance had a minimal increase in premium.

As a reminder, 2023 employee insurance deductions will begin:

- 12/02/2022 Administrative/Instructional/Professional/Technical/Supervisory personnel
- 12/09/2022 Supporting Services personnel

The Flexible Spending Accounts (FSA) and MetLaw Legal plan deductions for 2022 will continue through the last December deduction. FSA and MetLaw Legal deductions for 2023 will begin with the first payroll in January.

#### **Limeade Gift Cards**

If you have received gift cards through your participation in the Limeade wellness program (Year 2), they are taxable, per IRS rules and the value of the gift card(s) you received will be added to your taxable wages on the paychecks above.

If you have any questions regarding benefits and insurance deductions, please contact the Benefits Team at 727-588-6197 and **not the Payroll** department.

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### **RETIREMENT NEWS**

#### **Prepare for Retirement with Suncoast Credit Union**

Whether you're just getting started in your career or have been impacting the lives of students for years, you deserve to feel confident your retirement plan is on the right track. Understanding the different options and how they fit in with your plan is key to a successful retirement strategy. Use [this guide](#) to learn more about the Suncoast Credit Union voluntary retirement program and how to enroll.

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### **WELLNESS NEWS**

#### **PCS Limeade: Preventative Exams Must Be Completed In 2022**

All PCS employees with the Aetna medical insurance are eligible to participate in the Limeade wellness program. To learn more about Limeade, visit [pcsb.org/limeade](https://pcsb.org/limeade). The Limeade program runs through February 13, 2023. However, all preventative exams must be completed within 2022 to earn Limeade points for the current program year. Any exams done in 2023 will count towards the next program year.

### **Missing points for your preventative exams?**

Check your preventative exams. If you do not see points for your automatically tracked exams (annual physical, well woman exam, mammogram, and colonoscopy) within 60 days or by 12/31/2022, you must send an email to [hillca@pcsb.org](mailto:hillca@pcsb.org) or [pcs.oconnellj@pcsb.org](mailto:pcs.oconnellj@pcsb.org) to report the missing exams. Use [these directions](#) to check your point history. All other preventative exams will be self-submitted. Use [these directions](#) to learn how to self-submit the additional exams.



### **District Wellness Webinars**

Join the live district wellness webinars to learn about nutrition, EAP/emotional well-being, and more! PLN credits and Limeade points available for certain live webinars. For details, upcoming webinars, and recordings of past webinars, visit [Employee Wellness District Campaigns](#).

## **Employee Discounts**

Main employee discount page

### **Concert & Event Discounts**

Concerts and other event discounts through Amalie Arena and Yuengling Center

### **PerkSpot**

Travel, theme park tickets, entertainments & local offers  
Company code: PCSB

### **Tickets at Work**

Special offers like discounts on theme park ticket and much more!  
Company code: PCSB