

YOUR PCS BENEFIT WEEKLY UPDATE



BENEFITS NEWS

2023 ANNUAL ENROLLMENT HAS BEGUN!

Annual Enrollment for 2023 will be open through Monday, October 24, 2022. Employees may enroll, change, or cancel coverages during Annual Enrollment.



Please visit <u>www.pcsb.org/annual-enrollment</u> for electronic links to the Newsletter, the full BENEFlex Guide, as well as additional information and other useful links to review prior to October 24th.

Attend a Live Zoom Benefits Education Meeting Make Your Reservation Today!

Click on the link(s) below to Register for a Live Zoom Annual Enrollment Education Meeting

Tuesday, October 18th at 8:00 AM - Register here
Thursday, October 20th at 5:00 PM - Register here

Additional Enrollment Information

CDHP Plan and the Health Reimbursement Account (HRA) Rollover Amount Change

- Beginning January 1, 2023, the rollover maximums will be \$1,000 for employee only, \$1,500 for employee/spouse or employee/child and \$2,000 for family coverage.
- For a listing of eligible expenses for the HRA, go to <u>www.payflex.com</u> and on the front page, it has eligible expenses listed, including many over the counter items.

Optional Life Insurance Information

- Do you have enough Life Insurance to help take care of the people you love? A
 one-time guaranteed issue open enrollment is available for employee up to
 \$250,000 and spouse up to \$30,000. For more information, go to: Group
 Additional Life Insurance.
- You can elect coverage for you, your spouse and/or eligible unmarried children under the age of 26.
- If your spouse is also a PCS employee or a PCS retiree, he/she cannot be covered as one of your dependents. Only one school board employee can cover your dependents.

MetLife Voluntary Products

- To enroll or cancel your MetLife Hospital Indemnity Plan, utilize the PCS Employee Self-Service Link during the enrollment window Oct. 12 - 24th.
- To enroll or cancel the MetLife Legal Plan online, utilize the MetLife website.
 Use "Pinellas County Schools" as the organization or call 1800-GET-MET8
 during the enrollment window Oct. 12-Oct. 24th.

WELLNESS NEWS

Pinellas Goes Pink - Thursday, October 20

In honor of Breast Cancer Awareness Month, we are encouraging all PCS employees to come together to wear pink on Thursday, October 20 to raise awareness for breast cancer and the importance of breast cancer screenings. Talk to your doctor about your screening options and/or encourage all the women in your life to get routine screenings to save lives!

Employee Assistance Program - World Mental Health Day

Since 1992, October 10 has been designated World Mental Health Day by the World Federation for Mental Health and supported by the World Health Organization (WHO). This year, the WHO has launched the campaign, making mental health and well-being for all a global priority. For more information including mental well-being resources, check out the <u>attached</u> flyer from Resources for Living (RFL). Remember that caring for your mental health and wellbeing can make a difference in your overall health. Please remember, the <u>EAP is available 24/7 at 800-848-9392</u> to assist you with life coping skills.

EMPLOYEE DISCOUNTS

- <u>PerkSpot:</u> travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB
- <u>Tickets at Work:</u> exclusive discounts, special offers, and much more. Company code: PCS
- Amalie Arena Concerts and Events
 - Lightning Home Opener vs. Philadelphia Flyers