



YOUR PCS BENEFIT WEEKLY UPDATE



**RISK MANAGEMENT NEWS &
ANNOUNCEMENTS**
October 20, 2022

BENEFITS NEWS

2023 ANNUAL ENROLLMENT - ENDS MONDAY, OCTOBER 24th

Annual Enrollment for 2023 will be open through **Monday, October 24th, 2022**.
Employees may enroll, change, or cancel coverages during
Annual Enrollment.



Please visit www.pcsb.org/annual-enrollment for electronic links to the Newsletter, the full BENEFlex Guide, as well as additional information and other useful links to review prior to October 24th.

Attend a Live Zoom Benefits Education Meeting Make Your Reservation Today!

Click on the link(s) below to Register for a Live Zoom Annual Enrollment Education Meeting
Thursday, October 20th at 5:00 PM - [Register here](#)

ADDITIONAL ENROLLMENT INFORMATION

CDHP Plan and the Health Reimbursement Account (HRA) Rollover Amount Change

- Beginning January 1, 2023, the rollover maximums will be \$1,000 for employee only, \$1,500 for employee/spouse or employee/child and \$2,000 for family coverage.
- For a listing of eligible expenses, including over the counter items, go to <https://www.payflex.com/>. However, as a reminder, the HRA can be used for medical and prescription coverage only. Dental and vision expenses are not eligible through your HRA/CDHP Medical Plan.

Optional Life Insurance Information

- Do you have enough Life Insurance to help take care of the people you love? For more information, go to: [Group Additional Life Insurance](#).
- You can elect coverage for you, your spouse and/or eligible unmarried children under the age of 26.
- If your spouse is also a PCS employee or a PCS retiree, he/she cannot be covered as one of your dependents. Only one school board employee can cover your dependents.

MetLife Voluntary Products

- To enroll or cancel your MetLife Hospital Indemnity Plan, utilize the PCS Employee Self-Service Link during the **enrollment window Oct. 12 – 24th**.
- To enroll or cancel the MetLife Legal Plan online, utilize the MetLife website. Use “Pinellas County Schools” as the organization or call 1800-GET-MET8 during the enrollment window Oct. 12-Oct. 24th.

WELLNESS NEWS

Limeade: Earn Your Preventative Exam Points Before 12/31/22

Limeade participants can earn points for completing certain preventative exams within 2022. The Limeade program runs through February 13, 2023, but all preventative exams must be completed before 12/31/2022 to count towards the Limeade program. Participants can automatically earn points for their annual physical, well woman’s exam, mammograms and colonoscopies. These could take 60 days to process. [Check your points regularly](#). If you do not see your points within 60 days or by 12/31/2022, please contact the wellness team at 727-588-6031 or Limeade support at 888-984-3638.

You can also earn points by self-submitted certain exams including dental exams, vision exams, skin cancer screenings, flu shots and covid vaccines. Use these [self-submit directions](#) to learn about how to self-submit and automatically earn points for preventative exams. For more information about Limeade, who’s eligible, and how to earn points visit pcsb.org/limeade.

Employee Assistance Program – October is Domestic Violence Awareness Month

Domestic violence is a pattern of abusive behavior in any relationship that is used by one partner to gain or maintain power over another. It can be physical, sexual, verbal and even emotional. And It can happen to anyone – any gender, race, if you're rich or poor, any sexual orientation, literally, anyone. This is not an easy conversation to have, but if you or someone you know is dealing with violence at home, please reach out for support. [This flyer](#) from Resources for Living (RFL) has resources available, including early warning signs of an abusive relationship, what emotional abuse is and ways to get help. Please remember, the **EAP is available 24/7 at 800-848-9392** to assist you with life coping skills.

EMPLOYEE DISCOUNTS

- [PerkSpot](#): travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB
- [Tickets at Work](#): exclusive discounts, special offers, and much more. Company code: PCS
- [Amalie Arena Concerts and Events](#)