



## YOUR PCS BENEFIT WEEKLY UPDATE

April 27, 2023

### **BENEFIT NEWS**

#### **The Healthcare Bluebook Treasure Hunt WINNERS!**

We had 456 participants in the Healthcare Bluebook Treasure Hunt game between April 10<sup>th</sup> and April 21<sup>st</sup>, below are the lucky 8 winners of a \$25 Amazon gift card. Winners will be notified by email with a link to the e-gift card.

- Courtney Klingman
- Michell Niknezhad
- Johnathan Baughman
- Stephen Quackenbush
- Lara Mcclullough
- Nidhi Pino
- Joseph Berezcki



To learn more about Healthcare Bluebook, [click here](#). To look up a Fair Price (company code: PCSB).

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### **RETIREMENT NEWS**

#### **2023 Benefits & Compensation Guide (Retiree Guide)**

Employees may log in to the Employee Self-Service website [here](#) to view their full personalized 2023 Benefits & Compensation Guide (Retiree Guide). These personalized guides are only produced for full-time employees. The guide contains an Annual Benefits and Compensation statement for *calendar year 2022* that highlights the total compensation (salary & benefits) provided by the Board.

If you have concerns regarding the accuracy of the information presented in the Benefits & Compensation Guide (Retirement Guide), please contact Kelli Barr in the Risk Management and Insurance Department at (727) 588-6141 or at [barrk@pcsb.org](mailto:barrk@pcsb.org).

[The Meaningful Notice Plan](#) Information provides a brief explanation of the provisions, policies, and rules that govern our voluntary retirement plan. Most employees are eligible to participate in the 403(b) and 457(b) plans immediately upon employment; however, private contractors, appointed/elected trustees and/or school board members are not eligible to participate in the Retirement Savings Program. Eligible employees may make voluntary elective deferrals to both the 403(b) and 457(b) plans and participants are fully vested in their contributions and earnings at all times.

If you have a question regarding your Voluntary Retirement account, contact your representative with your Investment Provider.

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## **WELLNESS NEWS**

### **Start Scheduling Preventative Exams for Summer**

Take advantage of the upcoming summer months and schedule your annual preventative exams. Preventative exams are one of the most important things you can do for your health to detect issues, manage chronic conditions, and prevent new issues from occurring. Doctor appointments can fill up fast, so start scheduling your summer exams today! Aetna members can use the "Find a Doctor" feature on [www.aetna.com](http://www.aetna.com) to find a provider.



### **Earn Points for Completing Your Preventative Exams Through Limeade!**

Limeade participants can earn 100 to 500 points by completing various preventative exams including annual physicals, well woman's exam, dental exams, and more! Visit [pcsb.org/limeade](http://pcsb.org/limeade) to learn about the different preventative exams you can earn points for and how to track them.

## Employee Assistance Program – RFL Webinars for May

Resources for Living (RFL) provides webinars monthly to help employees be less stressed and more productive. [This flyer](#) announces the four new webinars for May: 1) Mental Health: Best practices at work 2) 20 minutes to relaxation 3) Retirement: What does it mean to you? 4) Coping with traumatic stress. To register for the webinars, log in to your PCSB member website at [www.resourcesforliving.com](http://www.resourcesforliving.com), **Username: pcsb Password: eap**. If you can't attend a live webinar, [check out webinars on-demand from our webinar library](#). And remember, the EAP is available 24/7 at **800-848-9392** to assist you with life coping skills.



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### **Employee Discounts**

Main employee discount page

### **Concerts & Events Discounts**

Concerts and other event discounts through Amalie Arena and Yuengling Center

### **PerkSpot**

Travel, theme park tickets, entertainment & local offers

Company Code:  
PCSB

### **Tickets at Work**

Special offers like discounts on theme park tickets & more!

Company Code: PCSB

