FACE IT

FACE IT is a program for youth between 12 and 18 years old who may have alcohol, tobacco, and other drug problems in their lives. It offers all youth a means of facing and resolving problems related to alcohol, tobacco, and other drugs. FACE IT is offered as an alternative to reassignment, or on the recommendation of a concerned party. In emphasizing relationship-building and communication, a parent or caregiver attends each session along with their daughter or son.

Participants have the opportunity to recognize the benefits of living alcohol, tobacco, and other drug-free and to participate in a personal assessment of their own attitudes and experiences relating to the possession, use, and/or abuse of alcohol, tobacco, and other drugs.

Students attending as an alternative to reassignment have the chance to reduce out-of-school suspension days so that they can maintain their academic progress.

For the 20-21 school year, FACE IT classes, which are offered free of charge, will be held virtually via Microsoft Teams.

If families need assistance with securing a device or internet connectivity, please contact your school’s administration.

A parent or caregiver is required to attend each class with the youth.

Enroll online at http://faceitregistration.pcsb.org or call 727-588-6130

Pinellas County Schools Prevention Office

Pinellas County Schools
301 4th Street SW
Largo, FL 33770
Phone: 727-588-6130
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Email: sturmr@pcsb.org

Developed under a Grant to Reduce Alcohol Abuse U. S. Education Department
GOAL
Empower families to help youth avoid and stop using alcohol, tobacco, and other drugs.

OUTCOMES

**Students will:**
- Learn about the consequences and effects of using or possession of alcohol, tobacco, and other drugs
- Reduce or eliminate incidents of alcohol, tobacco, and other drug use and possession at school and in the community
- Learn, practice, and apply healthy life skills.

**Parents/caregivers will:**
- Learn about the consequences and effects of using alcohol, tobacco, and other drugs
- Enhance parenting tools and skills
- Develop and provide clear no alcohol, tobacco, or other drug use rules for their children.

**Families will:**
- Improve family relationships and communication.

Thought-Provoking Topics
- Alcohol
- Anger Management
- Building Healthy Relationships
- Communication
- Conflict Resolution
- Families Living with a Substance Abuser
- Handling Stress
- Limits and Consequences
- Making Healthy Choices
- Marijuana
- Mental Health and Substance Abuse
- Prescription & Over-the-Counter Drug Misuse & Abuse
- Setting Goals
- Tobacco Use
- Underage Drinking

Number of Sessions
Participants graduate after successfully completing eight (8) sessions – one session per week.