

# Goal Setting

*Circle the letter next to the response that best explains how you think you approach the school day.*

1. I arrive on time:
  - a. some of the time
  - b. most of the time
  - c. always
2. I have my homework completed:
  - a. some of the time
  - b. most of the time
  - c. always
3. My homework is usually:
  - a. carelessly done
  - b. OK
  - c. my very best
4. I obey school rules:
  - a. only when I have to
  - b. grudgingly
  - c. cheerfully
5. I contribute ideas and suggestions for classroom projects:
  - a. never
  - b. seldom
  - c. often
6. I think my classmates find me to be:
  - a. disagreeable
  - b. agreeable
  - c. cheerfully cooperative
7. I think my teacher finds me to be:
  - a. disruptive
  - b. no problem
  - c. helpful
8. When I think about school, I:
  - a. dread it
  - b. feel it's OK
  - c. look forward to it