Values That are Important to Me

Using a 10 point scale, rate the following items according to how high a priority they are in your life. Give one point to items which are not very important and up to ten points to those which are most important. You may assign the same rating to more than one item.

Doing my best in school
Being popular
Friendships
Respecting other individuals
Self-respect
Graduating from high school
Honesty in myself and others
Being responsible for my actions
Religion
Getting along with my parents
Having money
Staying drug-free
Helping others
Having a healthy body
Going to college
Being successful

Source: Gray, Mattie Evans, Images, Sacramento: California State Department of Education, 1988

Which were you highest priorities and why?

