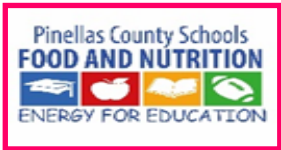


October 2023 Elementary Lunch Menu



October 9-13 2023



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Choose One: Chicken n Waffles Cheese Pizza Crunchers Turkey Chef Salad Crispy Chicken Wrap Choose: Corn Niblets Farmstand Veggie Dippers</p>	<p>3</p> <p>Choose One: Cheesy Bread >>BBQ Pork & Cheese Nacho's<< Chicken BLT Salad Turkey Pinwheel Munchable Choose: Refried Fiesta Beans Marinara Sauce Cup•Salsa Cup</p>	<p>4</p> <p>Choose One: Teriyaki Beef Dippers Chicken Drumstick (Both Entrées Served with Rice) Yogurt, Fruit & Granola Parfait Turkey & Cheese Croissant Choose: Broccoli Florets Sliced Cucumber Side Salad</p>	<p>5</p> <p>Choose One: Chicken Parmesan Sandwich Corn Dog (Chicken) Apple a Day Salad Plate Chicken Caesar Wrap Choose: Crinkle Crispy Fries Romaine Side Salad</p>	<p>6</p> <p>Choose One: Pizza Day! Fish Sticks & Tots Basket Fruit & Yogurt Plate PBJ Uncrustable Choose: Green Beans Carrot Dippers Side Salad</p>
<p>9</p> <p>National Choose One: Breaded Chicken Nuggets Pasta with Meat Sauce (Both Entrées Served with Roll) Yogurt, Fruit & Granola Parfait Turkey Club Sub Choose: Sweet Potato Fries Farmstand Veggie Dippers</p>	<p>10</p> <p>School Choose One: Taco Day! Mini Cheese Calzones Chicken Caesar Salad Italian Pinwheel Munchable Choose: Marinara Sauce Cup Santa Fe Black Beans Sliced Cucumber Side Salad</p>	<p>11</p> <p>Lunch Choose One: Teriyaki Chicken Dumpling's w/ Rice Macaroni & Cheese Apple a Day Salad Plate Turkey & Cheese Croissant Choose: Broccoli Florets</p>	<p>12</p> <p>Week Choose One: Breakfast for Lunch Chicken Patty on a Bun Harvest Farmers Salad Ham & Cheese Hoagie Choose: Deli Roasted Potato Romaine Side Salad</p>	<p>13</p> <p>;) Choose One: Pizza Day! Fish Sticks & Chips Fruit & Yogurt Plate PBJ Uncrustable Choose: Green Beans Carrot Dippers Side Salad</p>
<p>16</p> <p>No School for Students Pro-Ed Day</p>	<p>17</p> <p>Choose One: Grilled Cheese Meat Lovers Stromboli Chicken Caesar Salad Turkey Pinwheel Munchable Choose: Tomato Soup Marinara Sauce Cup Sliced Cucumber Side Salad</p>	<p>18</p> <p>Choose One: Beefy Mac Casserole Popcorn Chicken Bowl Yogurt, Fruit & Granola Parfait Ham & Cheese Croissant Choose: Mashed Potato & Gravy Farmstand Veggie Dippers</p>	<p>19</p> <p>** Feature Entrée ** Choose One: Cheese Quesadilla *Burger Day * Taco Salad - Beef Chicken Caesar Wrap Choose: Green Beans • Salsa Cup Romaine Side Salad</p>	<p>20</p> <p>Choose One: Pizza day! Cheesy Shrimp Tacos w/ Tortillas Fruit & Yogurt Plate PBJ Uncrustable Choose: Broccoli Florets Carrot Dippers Side Salad</p>
<p>23</p> <p>Choose One: Chicken n Waffles Cheese Pizza Crunchers Turkey Chef Salad Crispy Chicken Wrap Choose: Corn Niblets Farmstand Veggie Dippers</p>	<p>24</p> <p>Choose One: Cheesy Bread >>Taco Beef & Cheese Nacho's<< Chicken BLT Salad Turkey Pinwheel Munchable Choose: Refried Fiesta Beans Marinara Sauce Cup•Salsa Cup</p>	<p>25</p> <p>Choose One: Teriyaki Beef Dippers Chicken Drumstick (Both Entrées Served with Rice) Yogurt, Fruit & Granola Parfait Turkey & Cheese Croissant Choose: Broccoli Florets Sliced Cucumber Side Salad</p>	<p>26</p> <p>Choose One: Chicken Parmesan w/ Pasta Hot Dog on a Bun (Chicken) Apple a Day Salad Plate Chicken Caesar Wrap Choose: Crinkle Crispy Fries Romaine Side Salad</p>	<p>27</p> <p>Choose One: Pizza Day! Fish Sticks & Tots Basket Fruit & Yogurt Plate PBJ Uncrustable Choose: Green Beans Carrot Dippers Side Salad</p>
<p>30</p> <p>Choose One: Dill Chicken Nuggets Pasta with Meat Sauce (Both Entrées Served with Roll) Yogurt, Fruit & Granola Parfait Turkey Club Sub Choose: Sweet Potato Fries Farmstand Veggie Dippers</p>	<p>31</p> <p>Choose One: Tarantula Taco Day! Ghoulish Cheese Calzones Wicked Chicken Caesar Salad Italian Pinwheel Munchable Choose: Marinara Sauce Cup Santa Fe Black Beans Sliced Cucumber Side Salad</p>		<p>Menus are subject to change!</p> <p>We do our best to provide our customers with all of our planned options, however occasionally weather, crops, and supplies have other ideas!</p>	

Daily Lunch Choices

Choose 1:

Meat / Meatless Entrée,
 Entrée Salads,
 Cold Sandwiches

Must Choose

at least 1:

Hot & Cold Vegetables
 Variety of Fruits & Juices
 (may choose up to 2 servings each of fruits & veggies with their meal)

May Choose 1 Milk:

Low Fat White,
 Fat Free Chocolate,
 Fat Free Strawberry or
 Fat Free Skim

PAY FOR SCHOOL MEALS ONLINE

