



Elementary School Lunch Menu

All menus are subject to change! We do our best to provide our customers with all of our planned options; however, • occasionally issues beyond our control prohibit it.

Teriyaki Beef Dippers, Rice & Roll with Steamed Broccoli ~OR~ Deli Combo Sub or PBJ Kit with Fresh Broccoli Florets

~OR~ Yogurt & Fruit Parfait with Fresh Broccoli Florets

Choose One:

& Fresh Fruit

& Fresh Fruit

Choose One: Cheesy Bread with Marinara Cup, Mixed Vegetables,

& Fruit Juice **~OR~** Turkey & Cheese Sandwich or PBJ Kit with Carrot & Celery Cup & Fruit Juice ~OR~

Apple A Day Salad with Carrot & Celery Cup

Max Cheese Sticks with Country Baked Beans & Marinara Cup & ~OR∼ Cheesy Turkey Wrap or PBJ Kit with Carrots & Dip & Fruit Juice

Chicken Caesar Salad & Fruit Juice

Choose One:

Breakfast for Lunch with Roasted Potatoes & Fresh Fruit ~OR~

Chicken Caesar Wrap or PBJ Kit with Celery & Grape Tomatoes & Fresh Fruit ~OR~

Fruit & Yogurt Plate with Celery & Grape Tomatoes

Choose One:

Wednesday

Pasta & Meatballs with Steamed Broccoli & Fruit Cup ~OR~

Ham & Cheese Croissant or PBJ Kit with Sliced Cucumbers & Fruit Cup ~OR~

Sunshine Dipper Salad

Choose One:

Popcorn Chicken & Waffle & Sweet Potato Fries & Fresh Fruit ~OR~ |

Deli Combo Sub or PBJ Kit with Fresh Broccoli Florets & Fresh Fruit ~OR~

> Yogurt & Fruit Parfait with

Fresh Broccoli Florets

Choose One:

Pizza Choice with Corn Niblets & Fruit Juice ~OR~

Turkey & Cheese Sandwich or PBJ Kit with Carrot & Celery Cup & Fruit Juice

~OR~

Apple A Day Salad with Carrot & Celery Cup

Chicken Nuggets & Baked Beans & Fruit Juice

Cheesy Turkey Wrap or PBJ Kit with Carrots & Dip & Fruit Juice

Chicken Caesar Salad & Fruit Juice

Choose One:

13

20

Pork Tacos with Salsa Cup & Corn Niblets & Fresh Fruit ~OR~

Chicken Caesar Wrap or PBJ Kit with Fresh Celery & Grape Tomatoes & Fresh Fruit ~OR~

> Fruit & Yogurt Plate with Celery & Grape Tomatoes

Choose One:

Macaroni & Cheese & Sweet Green Peas & Fruit Cup ~OR~

Ham & Cheese Croissant or PBJ Kit with Sliced Cucumbers & Fruit Cup ~OR~

> Sunshine Dipper Salad & Fruit Cup

15 Choose One:

Teriyaki Beef Dippers, Rice & Roll with Steamed Broccoli & Fresh Fruit ~OR~

Deli Combo Sub or PBJ Kit with Fresh Broccoli Florets & Fresh Fruit

~OR~ Yogurt & Fruit Parfait with Fresh Broccoli Florets

16 Choose One:

Cheesy Bread with Marinara Cup, Mixed Vegetables, & Fruit Juice ~OR~

Turkey & Cheese Sandwich or PBJ Kit with Carrot & Celery Cup & Fruit Juice ~OR~

Apple A Day Salad with Carrot & Celery Cup

Cheese Ouesadillas with Country Baked Beans & Marinara Cup or Salsa Cup & Fruit Juice

~OR∼ Cheesy Turkey Wrap or PBJ Kit with Carrots & Dip & Fruit Juice

~OR~ Chicken Caesar Salad & Fruit Juice

Choose One:

Breakfast for Lunch with Roasted Potatoes & Fresh Fruit ~OR~

Chicken Caesar Wrap or PBJ Kit with Fresh Celery & Grape Tomatoes & Fresh Fruit ~OR~

Fruit & Yogurt Plate with Celery & Grape Tomatoes

Choose One:

21

Pasta & Meatballs with Steamed Broccoli & Fruit Cup ~OR~

Ham & Cheese Croissant or PBJ Kit with Sliced Cucumbers & Fruit Cup

> ~OR~ Sunshine Dipper Salad & Fruit Cup

22 Choose One:

Popcorn Chicken & Waffle & Sweet Potato Fries & Fresh Fruit ~OR~ |

Deli Combo Sub or PBJ Kit with Fresh Broccoli Florets & Fresh Fruit

$\sim OR \sim$

Yogurt & Fruit Parfait with Fresh Broccoli Florets

23 Choose One:

Pizza Choice with Corn Niblets & Fruit Juice ~OR~

Turkey & Cheese Sandwich or PBJ Kit with Carrot & Celery Cup & Fruit Juice

~OR~

Apple A Day Salad with Carrot & Celery Cup

26

Pinellas County Schools

FOOD AND NUTRITION

ENERGY FOR EDUCATION

NO SCHOOL **FOR STUDENTS**

27 Choose One:

Pork Tacos with Salsa Cup & Corn Niblets & Fresh Fruit ~OR~

Chicken Caesar Wrap or PBJ Kit *with* Fresh Celery & Grape Tomatoes & Fresh Fruit ~OR~

Fruit & Yogurt Plate with Celery & Grape Tomatoes

28 Choose One:

Macaroni & Cheese & Sweet Green Peas & Fruit Cup ~OR~

Ham & Cheese Croissant or PBJ Kit with Sliced Cucumbers & Fruit Cup

> ~OR~ Sunshine Dipper Salad & Fruit Cup

29 Choose One:

Terivaki Beef Dippers, Rice & Roll with Steamed Broccoli & Fresh Fruit ~OR~

Deli Combo Sub or PBJ Kit with Fresh Broccoli Florets & Fresh Fruit

> ~OR~ Yogurt & Fruit Parfait with Fresh Broccoli Florets

30 Choose One:

Cheesy Bread with Marinara Cup, Mixed Vegetables, & Fruit Juice

~OR~

Turkey & Cheese Sandwich or PBJ Kit with Carrot & Celery Cup & Fruit Juice

~OR~

Apple A Day Salad with Carrot & Celery Cup

In accordance with Federal Law and US Department of Agriculture policy, Pinellas County School Food Service is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. (Not all prohibited bases apply to all programs).

To file a complaint of discrimination, write: USDA, Director, Office of Civil Rights, 1400 Independence Av. SW, Washington D.C. 20250-9410; or email: program.intake@usda.gov. This institution is an equal opportunity provider/employer.