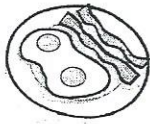


# Test Taking Tips



## BEFORE



1. Get a good night's sleep the night before you are to take a test. Go to bed on time and try to think of pleasant things while you are going to sleep.
2. Eat a healthy breakfast the morning of the test.
3. Leave home early enough that you have plenty of time to get to your classroom without rushing. This will help you relax.
4. Bring whatever materials your teacher tells you to bring, such as #2 pencils.
5. Think positively. Remember that you have worked hard in class and this is an opportunity to "show what you know." Don't worry if you are a little nervous because that is natural.



## DURING



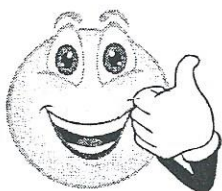
1. Once your teacher begins reading the directions for the test, listen very carefully to everything that is said. Pay particular attention to the time limits on the test.
2. Plan your time wisely. Do not spend too much time on one question.
3. Stay focused. Keep your mind on what you are reading. If your mind begins to wander, go back and reread that section.
4. For the reading portion of the test, read the passages very carefully. You may look back at the passage as often as you like. Remember to look back in the story or article to find the answer.
5. Read all questions very carefully. Make sure you understand what the question is asking. Eliminate any extra information that you don't need to answer the question.



## DURING



6. Read all answer choices very carefully. Try to eliminate two answer choices right away, if you can. That way, you can concentrate on the other two answer choices. Remember to choose the BEST answer. Two answer choices may be similar, but one of them will be a BETTER choice.
7. Remember, you may not know the answer to every question. That's OK, use your test-taking skills to choose which answer you think is the best one and then, move on.
8. If you get to a passage that seems hard or long or boring, don't give up. Give it your best try.
9. Remember to mark your answers neatly and clearly. If you have to change an answer, cleanly erase the mark that you do not want.



## AFTER



1. After you have finished the test, if you have time left, be sure to check your answers carefully.
2. Make sure that you have not skipped any questions.
3. Make sure that you only have one answer for each question.

# Be Your Best Cheerleader!



- *I Will Beat this Test!*
- *I'm not going to give up.*
- *I'm going to give it another try*
- *I have learned lots of strategies that will help me!*
- *I will keep my brain "turned on"!*
- *Let me read the next paragraph. I'll hang onto what I know so far!*
- *Maybe the next paragraph will be easier!*
- *I KNOW I can do this!*
- *I WILL NOT Give UP!*

---

- *I am going to keep reading with a "wide awake mind".*
- *The words were hard but I gave it my best go by trying different strategies and I didn't give up.*
- ***I was my best cheerleader!***