


# MAY 2024

# Breakfast K-12 Menu

**Early Release**  
Last Day of School  
May 29th 2024  
Have A Great Summer!



Pinellas County Schools  
**FOOD AND NUTRITION**



ENERGY FOR EDUCATION

**Breakfast Choices**  
Hot or Cold Entrée  
Choices Available  
Daily

*i.e.:* Pancakes,  
Breakfast Sandwich,  
Breakfast Breads,  
Muffins, Cereal Bars,  
Pop-Tarts

**Must Choose 1:**  
Fruit or Juice  
(may choose up to  
2 servings of fruits)

**May Choose: 1 Milk:**  
Low Fat White,  
Fat Free Chocolate,  
Fat Free Strawberry or  
Fat Free Skim

**Available Daily**  
Assorted Cold Cereal  
Buttered & Cinnamon  
Toast

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Free &amp; Reduced Meal Benefits Convenient, Secure, &amp; Confidential</p>	<p>For Menu &amp; Nutrition Information or to download the app on your device! Visit <a href="http://nutrislice.com">nutrislice.com</a></p> 	<p>1 Cinnamon Waffle Bites Bowl-Pak Cereal Variety Strawberry Pop-Tart String Cheese Stick</p>	<p>2 Egg &amp; Cheese Croissant Bowl-Pak Cereal Variety Cocoa Cherry Bar Vanilla Yogurt Cup</p>	<p>3 Maple Sausage Pancake Wrap Minis Bowl-Pak Cereal Variety Trix Cereal Bar String Cheese Stick</p>
<p>6 Chicken Biscuit Bowl-Pak Cereal Variety Glazed Dunk'in Stick</p>	<p>7 Cinnamon Roll w/ Glaze Bowl-Pak Cereal Variety Cocoa Puff Cereal Bar Strawberry Yogurt Cup</p>	<p>8 Egg, Ham &amp; Cheese Croissant Sandwich Bowl-Pak Cereal Variety Blueberry Muffin Flat String Cheese Stick</p>	<p>9 Sausage Waffle Sandwich Bowl-Pak Cereal Variety Strawberry Nutri-grain Bar Vanilla Yogurt Cup</p>	<p>10 Blueberry Pancake Minis Bowl-Pak Cereal Variety Chocolate Pop-Tart String Cheese Stick</p>
<p>13 Sausage Biscuit, Grits &amp; Sausage Bowl-Pak Cereal Variety Ultra Cinnamon Bun</p>	<p>14 Apple Cinnamon Texas Toast Bowl-Pak Cereal Variety Cinnamon Pop-Tart Vanilla Yogurt Cup</p>	<p>15 Chicken Waffle Sandwich Bowl-Pak Cereal Variety Strawberry Nutri-grain Bar String Cheese Stick</p>	<p>16 Chocolate Chip French Toast Minis Bowl-Pak Cereal Variety Cocoa Cherry Bar Strawberry Yogurt Cup</p>	<p>17 Cheese Omelet Wrap Cheese Omelet Bacon Wrap (Served at High School Only) Bowl-Pak Cereal Variety Chocolate Muffin Flat String Cheese Stick</p>
<p>20 Sausage Gravy Breakfast Pizza Bowl-Pak Cereal Variety Banana Bread Slice</p>	<p>21 Breakfast Bowl w/ Biscuit (Eggs • Potato • Cheese) Bowl-Pak Cereal Variety Blueberry Nutri-grain Bar Strawberry Yogurt Cup</p>	<p>22 Cinnamon Waffle Bites Bowl-Pak Cereal Variety Strawberry Pop-Tart String Cheese Stick</p>	<p>23 Egg &amp; Cheese Croissant Bowl-Pak Cereal Variety Cocoa Cherry Bar Vanilla Yogurt Cup</p>	<p>24 Maple Sausage Pancake Wrap Minis Bowl-Pak Cereal Variety Trix Cereal Bar String Cheese Stick</p>
<p>27 Schools Closed</p> 	<p>28 Cinnamon Roll w/ Glaze Bowl-Pak Cereal Variety Cocoa Puff Cereal Bar Strawberry Yogurt Cup</p>	<p>29 <b>EARLY RELEASE DAY!</b> <b>Cold Grab &amp; Go Breakfast</b> Banana Bread Slice</p>		<p>Menus are subject to change!</p> <p>We do our best to provide our customers with all of our planned options, however occasionally weather, crops, and supplies have other ideas!</p>

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