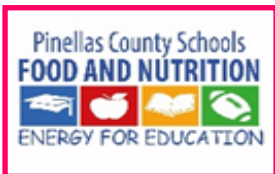


November 2023 Breakfast K-12 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>For Menu & Nutrition Information or to download the app on your device! Visit nutrislice.com</p>	<p>HAPPY THANKSGIVING</p>	<p>1 Sausage Biscuit or Grits & Sausage Bowl-Pak Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>2 Eggo Cinnamon Waffle Bites Bowl-Pak Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>3 Cheese Omelet Wrap/Toast Cheese Omelet w/ Bacon (Served at High School Only) Bowl-Pak Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>
<p>6 Sausage Gravy Breakfast Pizza Bowl-Pak Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>7 Breakfast Skillet Egg•Potato•Cheese•Biscuit Bowl-Pak Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>8 Eggo Chocolate Chip French Toast Minis Bowl-Pak Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>9 Maple Sausage Pancake Wraps Bowl-Pak Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>10 Egg & Cheese Croissant Bowl-Pak Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>
<p>13 Chicken Biscuit Bowl-Pak Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>14 Sausage Waffle Sandwich Bowl-Pak Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>15 Apple Cinnamon Texas Toast Bowl-Pak Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>16 Cinnamon Roll w/ Glaze Bowl-Pak Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>17 Blueberry Pancake Minis Bowl-Pak Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>
20	21	22	23	24
<p>THANKSGIVING BREAK</p>				
<p>27 Chicken Waffle Sandwich Bowl-Pak Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>28 Egg, Ham & Cheese Croissant Sandwich Bowl-Pak Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>29 Sausage Biscuit or Grits & Sausage Bowl-Pak Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>30 Eggo Cinnamon Waffle Bites Bowl-Pak Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>Menus are subject to change! We do our best to provide our customers with all of our planned options, however occasionally weather, crops, and supplies have other ideas!</p>

Breakfast Choices

Hot or Cold Entrée Choices Available Daily

i.e.: Pancakes, Breakfast Sandwich, Cereal & Toast, or Cereal Bar & Toast.

Must Choose 1:

Fruit or Juice

(may choose up to 2 servings of fruits)

May Choose: 1 Milk:

Low Fat White, Fat Free Chocolate, Fat Free Strawberry or Fat Free Skim

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MY SCHOOL BUCKS

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