




September Elementary School Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>All menus are subject to change! We do our best to provide our customers with all of our planned options; however, occasionally issues beyond our control do not allow it.</i></p>	<p>All Meals Include Choice of assorted Fruits & Vegetables</p> 	<p>1 CHOOSE ONE: Chicken Nuggets Pasta & Meatballs or Meat Sauce Yogurt & Fruit Parfait Ham & Cheese Croissant CHOOSE: Corn Niblets Sliced Cucumbers</p>	<p>2 CHOOSE ONE: Mandarin Orange Chicken with Rice & Chow Mein Noodles Grilled Cheese Chef Salad Chicken Caesar Wrap CHOOSE: Tomato Soup *Mixed Side Salad</p>	<p>3 CHOOSE ONE: Pizza Cheesy Fish Filet Sandwich Apple a Day Salad Deli Carver Combo Sub CHOOSE: Green Beans Fresh Veggie Dippers</p>
<p>6</p>  <p>LABOR DAY—NO SCHOOL</p>	<p>7 CHOOSE ONE: Beef or Pork Tacos Cheesy Bread Chicken Caesar Salad PBJ Kit CHOOSE: Marinara Cup * Corn Niblets Romaine Side Salad</p>	<p>8 CHOOSE ONE: Macaroni & Cheese Tacho Chicken Bowl w/ Breadstick Chef Salad Ham & Cheese Croissant CHOOSE: Broccoli Sliced Cucumbers</p>	<p>9 CHOOSE ONE: Chicken & Waffle BBQ Pork Flatbread Yogurt & Fruit Parfait Chicken Caesar Wrap CHOOSE: Crispy Fries Mixed Side Salad</p>	<p>10 CHOOSE ONE: Pizza Boneless Dill Chicken Wings w/ Roll Apple a Day Salad Deli Carver Combo Sub CHOOSE: Green Beans Veggie Dippers</p>
<p>13 CHOOSE ONE: Chicken Tenders & Cornbread Backyard Pizza Burger Fruit & Yogurt Plate Turkey Club Wrap CHOOSE: Mixed Vegetable Medley Fresh Veggie Dippers</p>	<p>14 CHOOSE ONE: Max Cheese Sticks Chicken Vegetable Dumpling w/ Chicken Fried Rice Chicken Caesar Salad PBJ Kit CHOOSE: Marinara Cup * Green Beans * Romaine Side Salad Assorted Fruits & Juice</p>	<p>15 CHOOSE ONE: Teriyaki Beef Dippers & Rice or Creamy Cheesy Cavatappi Pasta or Chef Salad or Ham & Cheese Croissant CHOOSE: Steamed Broccoli Sliced Cucumbers</p>	<p>16 CHOOSE ONE: Corn Dog or Hot Dog Popcorn Chicken, Mashed Potatoes, Gravy & Roll Yogurt & Fruit Parfait Chicken Caesar Wrap CHOOSE: Corn Niblets Mixed Side Salad</p>	<p>17 CHOOSE ONE: Pizza Chicken Tinga Tacos Apple a Day Salad Deli Carver Combo Sub CHOOSE: Country Baked Beans Fresh Veggie Dippers</p>
<p>20 CHOOSE ONE: Chicken Sandwich Loaded Beef & Cheese Nachos Fruit & Yogurt Plate Turkey Club Wrap CHOOSE: Santa Fe Black Beans Fresh Veggie Dippers</p>	<p>21 CHOOSE ONE: Breakfast for Lunch Mozz-Stuffed Garlic Breadsticks Chicken Caesar Salad PBJ Kit CHOOSE: Marinara Cup Deli Roasted Potatoes Romaine Side Salad</p>	<p>22 CHOOSE ONE: Chicken Nuggets Pasta & Meatballs or Meat Sauce Yogurt & Fruit Parfait Ham & Cheese Croissant CHOOSE: Corn Niblets Sliced Cucumbers</p>	<p>23 CHOOSE ONE: Mandarin Orange Chicken with Rice & Chow Mein Noodles Grilled Cheese Chef Salad Chicken Caesar Wrap CHOOSE: Tomato Soup Mixed Side Salad</p>	<p>24 CHOOSE ONE: Pizza Cheesy Fish Filet Sandwich Apple a Day Salad Deli Carver Combo Sub CHOOSE: Green Beans Fresh Veggie Dippers</p>
<p>27 CHOOSE ONE: Hamburger or Cheeseburger Sliders Chicken & Waffle Fruit & Yogurt Plate Turkey Club Wrap CHOOSE: Country Baked Beans Fresh Veggie Dippers</p>	<p>28 CHOOSE ONE: Beef or Pork Tacos Cheesy Bread Chicken Caesar Salad PBJ Kit CHOOSE: Marinara Cup * Corn Niblets Romaine Side Salad</p>	<p>29 CHOOSE ONE: Macaroni & Cheese Tacho Chicken Bowl w/ Breadstick Chef Salad Ham & Cheese Croissant CHOOSE: Broccoli Sliced Cucumbers</p>	<p>30 CHOOSE ONE: Featured Entrée- Cheesy Pull-Aparts Southwest or Italian BBQ Pork Flatbread Yogurt & Fruit Parfait Chicken Caesar Wrap CHOOSE: Crispy Fries *Mixed Side Salad</p>	<p>Pinellas County Schools FOOD AND NUTRITION</p>  <p>ENERGY FOR EDUCATION</p>

DAILY BREAKFAST CHOICES
Hot or cold breakfast choices are available daily, i.e.: Breakfast Sandwich, Pancakes, Cereal & Toast, or Cereal Bar & Toast.
Must choose at least 1: Fruit or Juice.
May choose 1: Milk
Skim, Low Fat White, or Fat Free Chocolate.

DAILY LUNCH CHOICES:
Choose 1: Entrée.
Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal)
May Choose: 1 Milk; Skim, Low Fat White, or Fat Free Chocolate.

Available for lunch daily: Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices

In accordance with Federal Law and US Department of Agriculture policy, Pinellas County School Food Service is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. (Not all prohibited bases apply to all programs). To file a complaint of discrimination, write: USDA, Director, Office of Civil Rights, 1400 Independence Av. SW, Washington D.C. 20250-9410; or email: program.intake@usda.gov. This institution is an equal opportunity provider/employer.