

# September

# Elementary School Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>DAILY LUNCH CHOICES:</b></p> <p><b>Choose 1:</b> Entrée.</p> <p><b>Must choose at least 1:</b></p> <p>Fruit or Vegetable (may choose up to 2 servings each of fruits &amp; veggies with their lunch meal)</p> <p><b>May Choose:</b> <b>1 Milk;</b></p> <p>Skim, Low Fat White, or Fat Free Chocolate.</p> <p><b>Available for lunch daily:</b></p> <p>Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot &amp; Cold Vegetable choices, Variety of Fruits (fresh or cupped) &amp; Juices</p> <p>Pinellas County Schools <b>FOOD AND NUTRITION</b>  ENERGY FOR EDUCATION</p>	<p><b>All Meals Include Milk &amp; Fruit Choices</b></p> <p></p>	<p>All menus are subject to change! We do our best to provide our customers with all of our planned options; If necessary, we may provide similar substitutions</p>	<p><b>1 CHOOSE ONE:</b> Popcorn Chicken Mashed Bowl w/ Roll BBQ Pork Sandwich Yogurt &amp; Fruit Parfait Chicken Caesar Wrap <b>CHOOSE:</b> Corn Niblets Mixed Side Salad</p>	<p><b>2 CHOOSE ONE</b> Pizza Variety Chicken Tinga Rice Bowl w/ Roll <b>or</b> Chicken Tinga Taco w/ Set-up Apple a Day Salad Combo Ham, Turkey and Cheese Sub <b>CHOOSE:</b> Green Beans Veggie Dippers</p>
<p><b>5</b></p> <p></p> <p><b>LABOR DAY—NO SCHOOL</b></p>	<p><b>6 CHOOSE ONE:</b> Breakfast for Lunch Mini Cheese Calzones Chicken Caesar Salad PBJ Kit <b>or</b> School Made <b>CHOOSE:</b> Marinara Cup Deli Roasted Potatoes * Romaine Side Salad</p>	<p><b>7 CHOOSE ONE:</b> Chicken Nuggets Pasta w/Meat sauce or Lasagna Rollup Yogurt &amp; Fruit Parfait Ham &amp; Cheese Croissant <b>CHOOSE:</b> Corn Niblets Sliced Cucumbers</p>	<p><b>8 CHOOSE ONE</b> Teriyaki Chicken &amp; Rice Bowl w/ Roll Grilled Cheese Chicken BLT Salad Chicken Caesar Wrap <b>CHOOSE:</b> Broccoli Mixed Side Salad</p>	<p><b>9 CHOOSE ONE</b> Pizza Variety Corn Dog or Hot Dog on a Bun Apple a Day Salad Combo Ham, Turkey and Cheese Sub <b>CHOOSE:</b> Sweet Potato Fries Fresh Veggie Dippers</p>
<p><b>12 CHOOSE ONE:</b> Hamburger <b>or</b> Cheeseburger Chicken &amp; Waffles Fruit &amp; Yogurt Plate Turkey Club Wrap <b>CHOOSE:</b> Country Baked Beans Fresh Veggie Dippers</p>	<p><b>13 CHOOSE ONE:</b> Beef <b>or</b> Pork Tacos Cheesy Bread Chicken Caesar Salad PBJ Kit <b>or</b> School Made <b>CHOOSE:</b> Marinara Cup Broccoli Romaine Side Salad</p>	<p><b>14 CHOOSE ONE:</b> Macaroni &amp; Cheese Boneless Dill Chicken Wings Chicken BLT Salad Ham &amp; Cheese Croissant <b>CHOOSE:</b> Crispy Fries Sliced Cucumbers</p>	<p><b>15 CHOOSE ONE:</b> Popcorn Chicken Mashed Bowl w/ Roll BBQ Pork Sandwich Yogurt &amp; Fruit Parfait Chicken Caesar Wrap <b>CHOOSE:</b> Corn Niblets Mixed Side Salad</p>	<p><b>16 CHOOSE ONE</b> Pizza Variety Chicken Tinga Rice Bowl w/ Roll <b>or</b> Chicken Tinga Taco w/ Set-up Apple a Day Salad Combo Ham, Turkey and Cheese Sub <b>CHOOSE:</b> Green Beans Veggie Dippers</p>
<p><b>19 CHOOSE ONE:</b> Chicken Sandwich Beef and Cheese Nachos Fruit &amp; Yogurt Plate Turkey Club Wrap <b>CHOOSE:</b> Santa Fe Black Beans Fresh Veggie Dippers</p>	<p><b>20 CHOOSE ONE:</b> Breakfast for Lunch Mini Cheese Calzones Chicken Caesar Salad PBJ Kit <b>or</b> School Made <b>CHOOSE:</b> Marinara Cup Deli Roasted Potatoes * Romaine Side Salad</p>	<p><b>21 CHOOSE ONE:</b> Chicken Nuggets Pasta w/Meat sauce or Lasagna Rollup Yogurt &amp; Fruit Parfait Ham &amp; Cheese Croissant <b>CHOOSE:</b> Corn Niblets Sliced Cucumbers</p>	<p><b>22 CHOOSE ONE</b> Teriyaki Chicken &amp; Rice Bowl w/ Roll Grilled Cheese Chicken BLT Salad Chicken Caesar Wrap <b>CHOOSE:</b> Broccoli Mixed Side Salad</p>	<p><b>23 CHOOSE ONE</b> Pizza Variety Corn Dog or Hot Dog on a Bun Apple a Day Salad Combo Ham, Turkey and Cheese Sub <b>CHOOSE:</b> Sweet Potato Fries Fresh Veggie Dippers</p>
<p><b>26 CHOOSE ONE:</b> Hamburger <b>or</b> Cheeseburger Chicken &amp; Waffles Fruit &amp; Yogurt Plate Turkey Club Wrap <b>CHOOSE:</b> Country Baked Beans Fresh Veggie Dippers</p>	<p><b>27 CHOOSE ONE:</b> Beef <b>or</b> Pork Tacos Cheesy Bread Chicken Caesar Salad PBJ Kit <b>or</b> School Made <b>CHOOSE:</b> Marinara Cup Broccoli Romaine Side Salad</p>	<p><b>28 CHOOSE ONE:</b> Macaroni &amp; Cheese Boneless Dill Chicken Wings Chicken BLT Salad Ham &amp; Cheese Croissant <b>CHOOSE:</b> Crispy Fries Sliced Cucumbers</p>	<p><b>29 CHOOSE ONE:</b> Popcorn Chicken Mashed Bowl w/ Roll BBQ Pork Sandwich Yogurt &amp; Fruit Parfait Chicken Caesar Wrap <b>CHOOSE:</b> Corn Niblets Mixed Side Salad</p>	<p><b>30 CHOOSE ONE</b> Pizza Variety Chicken Tinga Rice Bowl w/ Roll <b>or</b> Chicken Tinga Taco w/ Set-up Apple a Day Salad Combo Ham, Turkey and Cheese Sub <b>CHOOSE:</b> Green Beans Veggie Dippers</p>

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