November 2023 Elementary Lunch Menu



Daily Lunch Choices Choose 1:

Meat / Meatless Entrée, Entrée Salads, Cold Sandwiches

Must Choose at least 1:

Hot & Cold Vegetables Variety of Fruits & Juices (may choose up to 2 servings each of fruits & veggies with their meal)

May Choose 1 Milk:

Low Fat White, Fat Free Chocolate, Fat Free Strawberry or Fat Free Skim

PAY FOR SCHOOL



For Menu & Nutrition

Information or to download

the app on your device!

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Wednesday

Choose One:

Chicken Teriyaki w/ Rice

Macaroni & Cheese

Apple a Day Salad Plate

Turkey & Cheese Croissant

Choose:

Broccoli Florets

Lettuce & Tomato Side Salad

Choose One: Breakfast for Lunch Chicken Patty on a Bun

Harvest Farmers Salad Ham & Cheese Hoagie Choose:

Thursday

Deli Roasted Potato Romaine Side Salad

Choose One: Pizza Variety Fish & Chips Basket Fruit & Yogurt Plate

Friday

PBJ Uncrustable or Sandwich Choose:

Green Beans Carrot Dippers Side Salad

Choose One: Hamburger on a Bun or Cheeseburger on a Bun **Cherry Blossom Chicken** Rice Bowl

HAPPY THANKSGIVING

TURKE

Apple a Day Salad Plate Italian Sub Sandwich Choose: Country Baked Beans Tossed Side Salad

13

Choose One: Chicken n Waffles **Cheese Pizza Crunchers**

Combo Chef Salad Crispy Chicken Wrap Choose: Corn Niblets

Farmstand Veggie Dippers

7 **Choose One:**

Grilled Cheese or Grilled Ham n Cheese **Meat Lovers Stromboli**

Chicken Caesar Salad Turkey Pinwheel Munchable **Choose:** Tomato Soup Marinara Sauce Cup Sliced Cucumber Side Salad

14

Choose One: Cheesy Bread Corn Dog

Chicken BLT Salad Ham Pinwheel Munchable Choose: Refried Fiesta Beans Marinara Sauce Cup Lettuce & Tomato Side Salad

8 **Choose One:** Beefy Mac Casserole Popcorn Chicken Bowl

Yogurt, Fruit & Granola Parfait Ham & Cheese Croissant Choose:

Mashed Potato & Gravy Farmstand Veggie Dippers ** Feature Entrée **

Cheese Quesadilla or Chicken Cheese Quesadilla **Chicken & Rice Bake**

Taco Salad - Beef or Pork Chicken Caesar Wrap Choose: Green Beans

Choose One:

Salsa Cup Romaine Side Salad

16 > Thanksgiving Meal <

Choose One:

Roast Turkey, Dressing, Gravy

Bean & Cheese Burrito

Cold Sandwich • Entrée Salad

Choose:

Mashed Potato • Green Beans

Sweet Potato • Side Salad

Gobbler Cookie with meal

10 Choose One: **Pizza Variety Cheesy Shrimp Tacos**

w/ Tortillas Fruit & Yogurt Plate PBJ Uncrustable or Sandwich Choose: Broccoli Florets

Choose One: Pizza Variety Fish & Tots Basket

Carrot Dippers Side Salad

Fruit & Yogurt Plate PBJ Uncrustable or Sandwich Choose:

Green Beans Carrot Dippers Side Salad

15

Choose One: Teriyaki Beef Dippers **Breaded Chicken Drumstick**

(Both Entrées Served with Rice) Yogurt, Fruit & Granola Parfait Turkey & Cheese Croissant Choose: Broccoli Florets

Sliced Cucumber Side Salad

23

24

THANKSGIVING BR

27

20

Choose One: Chicken Nuggets w/ Roll Pasta & Meat Sauce w/ Roll

Yogurt, Fruit & Granola Parfait Turkey Club Sub Choose: Sweet Potato Fries

Farmstand Veggie Dippers

28

21

Choose One: Beef or Pork Tacos w/ Tortillas or Chips Mini Cheese Calzones

Chicken Caesar Salad Italian Pinwheel Munchable Choose: Marinara Sauce Cup Santa Fe Black Beans Sliced Cucumber Side Salad

29

22

Choose One: Macaroni & Cheese

Apple a Day Salad Plate Turkey & Cheese Croissant Choose:

Broccoli Florets Lettuce & Tomato Side Salad 30

Choose One: Breakfast for Lunch Chicken Patty on a Bun

Harvest Farmers Salad Ham & Cheese Hoagie Choose:

Romaine Side Salad

Menus are subject to change!

We do our best to provide our customers with all of our planned options, however occasionally weather, crops, and supplies have other ideas!

MEALS ONLINE

Chicken Teriyaki w/ Rice

Deli Roasted Potato

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