

August 2023

Elementary Lunch Menu

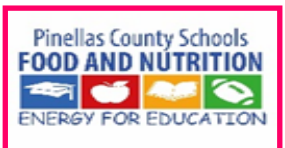
Monday

Tuesday

Wednesday

Thursday

Friday



Fun Fact!

- Watermelon**
- is 92% water
 - take 90 days to grow
 - the world's heaviest weighed over 350 lbs.
 - there are more than 1000 varieties
 - a hollow knock or plunk sound means its ripe

- Daily Lunch Choices**
- Choose 1:
Meat / Meatless Entrée, Entrée Salads, Cold Sandwiches
- Must Choose at least 1:
Hot & Cold Vegetables
Variety of Fruits & Juices (may choose up to 2 servings each of fruits & veggies with their meal)
- May Choose 1 Milk:
Low Fat White, Fat Free Chocolate, Fat Free Strawberry or Fat Free Skim

PAY FOR SCHOOL MEALS ONLINE



More than a Meal
The free/reduced priced meal program affects many areas—check it out!

School Funding
Increased funding to ensure students receive the support they need at school

Internet Access
Discount on home internet costs

College App Fees
Discount on fees associated with applying to college

SAT, ACT, AP Fees
Discount on fees for academic tests

Bus Passes
Discount on passes for the bus/light rail

School Meals
Discount on healthy & tasty school meals

Some of these benefits apply even if you don't qualify for free/reduced price meals.



14 Choose One:
Hamburger on a Bun or Cheeseburger on a Bun
Cherry Blossom Chicken
Rice Bowl
Apple a Day Salad Plate
Italian Sub Sandwich
Choose: Country Baked Beans
Tossed Side Salad

15 Choose One:
Grilled Cheese or Grilled Ham n Cheese
Meat Lovers Stromboli
Chicken Caesar Salad
Turkey Pinwheel Munchable
Choose: Tomato Soup
Marinara Sauce Cup
Sliced Cucumber Side Salad

16 Choose One:
Beefy Mac Casserole
Popcorn Chicken Bowl
Yogurt, Fruit & Granola Parfait
Ham & Cheese Croissant
Choose:
Mashed Potato & Gravy
Farmstand Veggie Dippers

17 **** Feature Entrée ****
Choose One:
Cheese Quesadilla or Chicken Cheese Quesadilla
****Chicken & Rice Bake****
Taco Salad - Beef or Pork
Chicken Caesar Wrap
Choose: Green Beans
Salsa Cup
Romaine Side Salad

18 Choose One:
Pizza Variety
Cheesy Shrimp Tacos w/ Tortillas
Fruit & Yogurt Plate
PBJ Uncrustable or Sandwich
Choose:
Broccoli Florets
Carrot Dippers Side Salad

21 Choose One:
Chicken n Waffles
Cheese Pizza Crunchers
Combo Chef Salad
Crispy Chicken Wrap
Choose:
Corn Niblets
Farmstand Veggie Dippers

22 **>> Nacho Rotation <<**
Choose One:
Cheesy Bread
>>Loaded Pork Nachos<<
Chicken BLT Salad
Turkey Pinwheel Munchable
Choose: Refried Fiesta Beans
Marinara Sauce Cup•Salsa Cup
Lettuce & Tomato Side Salad

23 Choose One:
Teriyaki Beef Dippers
Korean BBQ Drumstick (Both Entrées Served with Rice)
Yogurt, Fruit & Granola Parfait
Turkey & Cheese Croissant
Choose:
Broccoli Florets
Sliced Cucumber Side Salad

24 Choose One:
Chicken Parmesan Sub
Corn Dog (Chicken)
Apple a Day Salad Plate
Chicken Caesar Wrap
Choose:
Crinkle Crispy Fries
Romaine Side Salad

25 Choose One:
Pizza Variety
Fish & Tots Basket
Fruit & Yogurt Plate
PBJ Uncrustable or Sandwich
Choose:
Green Beans
Carrot Dippers Side Salad

28 Choose One:
Chicken Nuggets w/ Roll
Pasta & Meat Sauce w/ Roll
Yogurt, Fruit & Granola Parfait
Turkey Club Sub
Choose:
Sweet Potato Fries
Farmstand Veggie Dippers

29 Choose One:
Beef or Pork Tacos w/ Tortillas or Chips
Mini Cheese Calzones
Chicken Caesar Salad
Italian Pinwheel Munchable
Choose: Marinara Sauce Cup
Santa Fe Black Beans
Sliced Cucumber Side Salad

30 Choose One:
Teriyaki Chicken w/ Rice
Macaroni & Cheese
Apple a Day Salad Plate
Turkey & Cheese Croissant
Choose:
Broccoli Florets
Lettuce & Tomato Side Salad

31 Choose One:
Breakfast for Lunch
Chicken Patty on a Bun
Harvest Farmers Salad
Ham & Cheese Hoagie
Choose:
Deli Roasted Potato
Romaine Side Salad

Menus are subject to change!
We do our best to provide our customers with all of our planned options, however occasionally weather, crops, and supplies have other ideas!

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