



# January

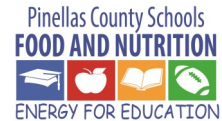
# Elementary Lunch Menu





**DAILY BREAKFAST CHOICES**  
Hot or cold breakfast choices are available daily, i.e.:  
Breakfast Sandwich, Pancakes, Cereal or Cereal Bar & Toast.  
**Must choose at least 1:**  
Fruit or Juice.  
**May choose 1:**  
**Milk**  
Fat Free Skim, Low Fat White, or Fat Free Chocolate.

**DAILY LUNCH CHOICES:**  
**Choose 1:** Entrée.  
**Must choose at least 1:**  
Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal)  
**May choose 1:**  
**Milk**  
Fat Free Skim, Low Fat White, or Fat Free Chocolate.

**Available for lunch daily:**  
Hot Entrée, meat or meatless Entrée Salads, Cold Sandwiches  
Vegetable choices hot & cold  
Variety of Fruits fresh, cupped, 100% juices



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p><b>Professional Development Day</b></p> <p><b>No School for Students!</b></p> 	<p>4</p> <p><b>Choose One:</b></p> <p>*** Hot Entrée Choices</p> <p>Chicken Caesar Salad PB&amp;J Kit</p> <p><b>Choose:</b></p> <p>Deli Roaster Potato Romaine Side Salad</p>	<p>5</p> <p><b>Choose One:</b></p> <p>*** Hot Entrée Choices</p> <p>Yogurt &amp; Fruit Parfait Ham &amp; Cheese Croissant</p> <p><b>Choose:</b></p> <p>Corn Niblets Sliced Cucumbers Side Salad</p>	<p>6</p> <p><b>Choose One:</b></p> <p>*** Hot Entrée Choices</p> <p>Chef Salad Chicken Caesar Wrap</p> <p><b>Choose:</b></p> <p>Tomato Soup Mixed Side Salad</p>	<p>7</p> <p><b>Choose One:</b></p> <p>*** Hot Entrée Choices</p> <p>Apple -A- Day Salad Deli Carver Combo Sub</p> <p><b>Choose:</b></p> <p>Green Beans Fresh Veggie Dippers</p>
<p>10</p> <p><b>Choose One:</b></p> <p>*** Hot Entrée Choices</p> <p>Fruit &amp; Yogurt Plate Turkey Club Wrap</p> <p><b>Choose:</b></p> <p>Country Baked Beans Fresh Veggie Dippers</p>	<p>11</p> <p><b>Choose One:</b></p> <p>*** Hot Entrée Choices</p> <p>Chicken Caesar Salad PB&amp;J Kit</p> <p><b>Choose:</b></p> <p>Corn Niblets Romaine Side Salad</p>	<p>12</p> <p><b>Choose One:</b></p> <p>*** Hot Entrée Choices</p> <p>Chef Salad Ham &amp; Cheese Croissant</p> <p><b>Choose:</b></p> <p>Broccoli Florets Sliced Cucumbers Side Salad</p>	<p>13</p> <p><b>Choose One:</b></p> <p>*** Hot Entrée Choices</p> <p>Yogurt &amp; Fruit Parfait Chicken Caesar Wrap</p> <p><b>Choose:</b></p> <p>Crispy Fries Mixed Side Salad</p>	<p>14</p> <p><b>Choose One:</b></p> <p>*** Hot Entrée Choices</p> <p>Apple -A- Day Salad Deli Carver Combo Sub</p> <p><b>Choose:</b></p> <p>Green Beans Fresh Veggie Dippers</p>
<p>17</p> <p><b>No School</b></p> <p><i>I Have A Dream</i></p>  <p><i>Martin Luther King, Jr. Day</i></p>	<p>18</p> <p><b>Choose One:</b></p> <p>Max Cheese Sticks Chicken Vegetable Dumpling w/ Chicken Fried Rice Chicken Caesar Salad PB&amp;J Kit</p> <p><b>Choose:</b></p> <p>Green Beans Marinara Sauce Cup Romaine Side Salad</p>	<p>19</p> <p><b>Choose One:</b></p> <p>Teriyaki Beef Dippers &amp; Rice Cavatappi Pasta Alfredo Chef Salad Ham &amp; Cheese Croissant</p> <p><b>Choose:</b></p> <p>Broccoli Florets Sliced Cucumbers Side Salad</p>	<p>20</p> <p><b>Choose One:</b></p> <p>Corn Dog or Hot Dog on a Bun Popcorn Chicken, Mashed Potatoes, Gravy &amp; Roll Yogurt &amp; Fruit Parfait Chicken Caesar Wrap</p> <p><b>Choose:</b></p> <p>Corn Niblets Mixed Side Salad</p>	<p>21</p> <p><b>Choose One:</b></p> <p>Pizza Variety Chicken Tinga Tacos Apple -A- Day Salad Deli Carver Combo Sub</p> <p><b>Choose:</b></p> <p>Country Baked Beans Fresh Veggie Dippers</p>
<p>24</p> <p><b>Choose One:</b></p> <p>Breaded Chicken Sandwich Loaded Beef &amp; Cheese Nachos Fruit &amp; Yogurt Plate Turkey Club Wrap</p> <p><b>Choose:</b></p> <p>Santé Fe Black Beans Fresh Veggie Dippers</p>	<p>25</p> <p><b>Choose One:</b></p> <p>Breakfast for Lunch Mozzarella Stuffed Garlic - Breadsticks Chicken Caesar Salad PB&amp;J Kit</p> <p><b>Choose:</b> Deli Roaster Potato Marinara Sauce Cup Romaine Side Salad</p>	<p>26</p> <p><b>Choose One:</b></p> <p>Chicken Nuggets Pasta w/ Meatballs or Pasta w/ Meat Sauce Yogurt &amp; Fruit Parfait Ham &amp; Cheese Croissant</p> <p><b>Choose:</b></p> <p>Corn Niblets Sliced Cucumbers Side Salad</p>	<p>27</p> <p><b>Choose One:</b></p> <p>Mandarin Orange Chicken Rice Bowl w/ Chow Mein Noodles Grilled Cheese Sandwich Chef Salad Chicken Caesar Wrap</p> <p><b>Choose:</b></p> <p>Tomato Soup Mixed Side Salad</p>	<p>28</p> <p><b>Choose One:</b></p> <p>Pizza Variety Cheesy Fish Filet Sandwich Apple -A- Day Salad Deli Carver Combo Sub</p> <p><b>Choose:</b></p> <p>Green Beans Fresh Veggie Dippers</p>
<p>31</p> <p><b>CHOOSE ONE:</b></p> <p>Hamburger Sliders or Cheeseburger Sliders Popcorn Chicken &amp; Waffle Fruit &amp; Yogurt Plate Turkey Club Wrap</p> <p><b>Choose:</b></p> <p>Country Baked Beans Fresh Veggie Dippers</p>	<p>*** Please check with your Cafeteria Manager for Hot Entrée Choices</p>			
<p><b>PLEASE NOTE:</b></p> <p>The nationwide labor, driver and product shortages are having a significant impact on our school cafeterias. We may need to change our menus without notice to accommodate the shortages while still offering students a variety of healthy menu options. This menu may not reflect what is actually offered in your cafeteria if substitutes are necessary. We apologize for any inconvenience.</p>				