

Please note:

The nationwide labor, driver, and product shortages are having a significant impact on our school cafeterias. We may need to change our menus without notice to accommodate the shortages while still offering students a variety of healthy menu options. This menu may not reflect what is actually offered in your cafeteria if substitutions are necessary. We apologize for any inconveniences.

NOVEMBER 2022

Elementary



PAY FOR MEALS ONLINE
MySchoolBucks.com

Monday

Tuesday

Wednesday

Thursday

Friday



CHOOSE ONE:

Breakfast for Lunch
Mini Cheese Calzones
Chicken Caesar Salad
PBJ Kit **or** School Made
CHOOSE:
Marinara Cup
Deli Roasted Potatoes *
Romaine Side Salad

1

CHOOSE ONE:

Chicken Nuggets
Pasta w/Meat sauce **or** Lasagna Rollup
Yogurt & Fruit Parfait
Ham & Cheese Croissant
CHOOSE:
Corn Niblets
Sliced Cucumbers

2

CHOOSE ONE:

Teriyaki Chicken & Rice Bowl w/ Roll
Grilled Cheese
Chicken BLT Salad
Chicken Caesar Wrap
CHOOSE:
Broccoli
Mixed Side Salad

3

CHOOSE ONE:

Pizza Variety
Corn Dog **or** Hot Dog on a Bun
Apple a Day Salad
Combo Ham, Turkey and Cheese Sub
CHOOSE:
Sweet Potato Fries
Fresh Veggie Dippers

4

CHOOSE ONE:

Hamburger **or** Cheeseburger
Chicken & Waffles
Fruit & Yogurt Plate
Turkey Club Wrap
CHOOSE:
Country Baked Beans
Fresh Veggie Dippers

7

CHOOSE ONE:

Beef **or** Pork Tacos
Cheesy Bread
Chicken Caesar Salad
PBJ Kit **or** School Made
CHOOSE:
Marinara Cup
Broccoli
Romaine Side Salad

8

CHOOSE ONE:

Macaroni & Cheese
Boneless Dill Chicken Wings
Chicken BLT Salad
Ham & Cheese Croissant
CHOOSE:
Crispy Fries
Sliced Cucumbers

9

CHOOSE ONE:

Popcorn Chicken Mashed Bowl w/ Roll
BBQ Pork Sandwich
Yogurt & Fruit Parfait
Chicken Caesar Wrap
CHOOSE:
Corn Niblets
Mixed Side Salad

10

CHOOSE ONE:

Pizza Variety
Chicken Tinga Rice Bowl w/ Roll **or**
Chicken Tinga Taco w/ Set-up
Apple a Day Salad
Combo Ham, Turkey and Cheese Sub
CHOOSE:
Green Beans
Veggie Dippers

11

****CHOOSE ONE:**

Chicken Sandwich
Beef and Cheese Nachos
Fruit & Yogurt Plate
Turkey Club Wrap
CHOOSE:
Santa Fe Black Beans
Fresh Veggie Dippers

14

****CHOOSE ONE:**

Breakfast for Lunch
Mini Cheese Calzones
Chicken Caesar Salad
PBJ Kit **or** School Made
CHOOSE:
Marinara Cup
Deli Roasted Potatoes *
Romaine Side Salad

15

****CHOOSE ONE:**

Chicken Nuggets
Pasta w/Meat sauce **or** Lasagna Rollup
Yogurt & Fruit Parfait
Ham & Cheese Croissant
CHOOSE:
Corn Niblets
Sliced Cucumbers

16

****CHOOSE ONE:**

Teriyaki Chicken & Rice Bowl w/ Roll
Grilled Cheese
Chicken BLT Salad
Chicken Caesar Wrap
CHOOSE:
Broccoli
Mixed Side Salad

17

****CHOOSE ONE:**

Pizza Variety
Corn Dog **or** Hot Dog on a Bun
Apple a Day Salad
Combo Ham, Turkey and Cheese Sub
CHOOSE:
Sweet Potato Fries
Fresh Veggie Dippers

18

****This menu may be replaced with a Thanksgiving Meal during week (November 14-18)**

Happy Thanksgiving !

No School

November 21-25

CHOOSE ONE:

Hamburger **or** Cheeseburger
Chicken & Waffles
Fruit & Yogurt Plate
Turkey Club Wrap
CHOOSE:
Country Baked Beans
Fresh Veggie Dippers

28

CHOOSE ONE:

Beef **or** Pork Tacos
Cheesy Bread
Chicken Caesar Salad
PBJ Kit **or** School Made
CHOOSE:
Marinara Cup
Broccoli
Romaine Side Salad

29

CHOOSE ONE:

Macaroni & Cheese
Boneless Dill Chicken Wings
Chicken BLT Salad
Ham & Cheese Croissant
CHOOSE:
Crispy Fries
Sliced Cucumbers

30



Daily Lunch Choices

Choose 1: Entrée. **Must choose at least 1:** Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal)
May Choose: 1 Milk: Skim, Low Fat White, or Fat Free Chocolate.
Available for lunch daily: Meat / Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits & Juices

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