

K-12 School Breakfast Menu

January

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>Egg & Cheese Croissant <i>OR</i> Cereal</p> <p>WITH Cupped Fruit 100% OJ Choice of Milk</p>	<p>5</p> <p>Chicken Biscuit <i>OR</i> Cereal OR Breakfast Bread <i>(Banana, Blueberry, or Zucchini)</i></p> <p>WITH Fresh Fruit 100% OJ Choice of Milk</p>	<p>6</p> <p>Maple Pancake Minis <i>OR</i> Cereal</p> <p>WITH Cupped Fruit 100% OJ Choice of Milk</p>	<p>7</p> <p>Sausage Biscuit <i>OR</i> Cereal OR Chocolate-Chocolate Chip Muffin WITH Fresh Fruit 100% OJ Choice of Milk</p>	<p>8</p> <p>Cheese Omelet with Toast <i>or</i> Tortilla <i>(HS only: w/ Bacon)</i> OR Cereal WITH Cupped Fruit 100% OJ Choice of Milk</p>
<p>11</p> <p>Sausage & Pancake <i>OR</i> Cereal</p> <p>WITH Cupped Fruit 100% OJ Choice of Milk</p>	<p>12</p> <p>Egg, Bacon, & Biscuit <i>OR</i> Cereal OR Breakfast Bread <i>(Banana, Blueberry, or Zucchini)</i></p> <p>WITH Fresh Fruit 100% OJ Choice of Milk</p>	<p>13</p> <p>Apple Cinnamon Texas Toast <i>OR</i> Cereal OR Pop Tart WITH Cupped Fruit 100% OJ Choice of Milk</p>	<p>14</p> <p>Biscuit w/ Sausage Gravy <i>OR</i> Cereal OR Blueberry Muffin WITH Fresh Fruit 100% OJ Choice of Milk</p>	<p>15</p> <p>Egg, Ham, & Cheese <i>English Muffin or Croissant</i> Breakfast Sandwich OR Cereal WITH Cupped Fruit 100% OJ Choice of Milk</p>
<p>18</p> <p>NO SCHOOL</p> 	<p>19</p> <p>NO SCHOOL <i>teacher planning day</i></p>	<p>20</p> <p>Maple Pancake Minis <i>OR</i> Cereal</p> <p>WITH Cupped Fruit 100% OJ Choice of Milk</p>	<p>21</p> <p>Sausage Biscuit <i>OR</i> Cereal OR Chocolate-Chocolate Chip Muffin WITH Fresh Fruit 100% OJ Choice of Milk</p>	<p>22</p> <p>Cheese Omelet with Toast <i>or</i> Tortilla <i>(HS only: w/ Bacon)</i> OR Cereal WITH Cupped Fruit 100% OJ Choice of Milk</p>
<p>25</p> <p>Sausage & Pancake <i>OR</i> Cereal</p> <p>WITH Cupped Fruit 100% OJ Choice of Milk</p>	<p>26</p> <p>Egg, Bacon, & Biscuit <i>OR</i> Cereal OR Breakfast Bread <i>(Banana, Blueberry, or Zucchini)</i></p> <p>WITH Fresh Fruit 100% OJ Choice of Milk</p>	<p>27</p> <p>Apple Cinnamon Texas Toast <i>OR</i> Cereal OR Pop Tart WITH Cupped Fruit 100% OJ Choice of Milk</p>	<p>28</p> <p>Biscuit w/ Sausage Gravy <i>OR</i> Cereal OR Blueberry Muffin WITH Fresh Fruit 100% OJ Choice of Milk</p>	<p>29</p> <p>Egg, Ham, & Cheese <i>English Muffin or Croissant</i> Breakfast Sandwich OR Cereal WITH Cupped Fruit 100% OJ Choice of Milk</p>
<p><i>All menus are subject to change! We do our best to provide our customers with all of our planned options; however, occasionally issues beyond our control prohibit it.</i></p>				<p>Pinellas County Schools FOOD AND NUTRITION  ENERGY FOR EDUCATION</p>