# K-12 Breakfast Menu

PCS PINELLAS COUNTY SCHOOLS

# November

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| **2**<br>**Egg & Cheese Croissant**<br>***OR***<br>**Cereal**<br><br>**WITH**<br>Cupped Fruit<br>100% OJ<br>Choice of Milk | **3**<br>**Chicken Biscuit**<br>***OR* Cereal**<br>***OR* Breakfast Bread**<br>*(Banana, Blueberry, or Zucchini)*<br>**WITH**<br>Fresh Fruit<br>100% OJ<br>Choice of Milk | **4**<br>**Maple Pancake Minis**<br>***OR***<br>**Cereal**<br><br>**WITH**<br>Cupped Fruit<br>100% OJ<br>Choice of Milk | **5**<br>**Sausage Biscuit**<br>***OR Cereal***<br>***OR* Chocolate-Chocolate Chip Muffin**<br>**WITH**<br>Fresh Fruit<br>100% OJ<br>Choice of Milk | **6**<br>**Cheese Omelet with Toast *or* Tortilla *(*HS only: w/ Bacon)**<br>***OR***<br>**Cereal**<br>**WITH**<br>Cupped Fruit<br>100% OJ<br>Choice of Milk |
| **9**<br>**Pancake Pup**<br>***OR***<br>**Cereal**<br><br>**WITH**<br>Cupped Fruit<br>100% OJ<br>Choice of Milk | **10**<br>**Eggs, Bacon, & Biscuit**<br>***OR* Cereal**<br>***OR* Breakfast Bread**<br>*(Banana, Blueberry, or Zucchini)*<br>**WITH**<br>Fresh Fruit<br>100% OJ<br>Choice of Milk | **11**<br>**Apple Cinnamon Texas Toast**<br>***OR* Cereal**<br>***OR* Pop Tart**<br><br>**WITH**<br>Cupped Fruit<br>100% OJ<br>Choice of Milk | **12**<br>**Biscuit w/ Sausage Gravy**<br>***OR Cereal***<br>***OR* Chocolate-Chocolate Chip Muffin**<br><br>**WITH**<br>Fresh Fruit<br>100% OJ<br>Choice of Milk | **13**<br>**Egg, Ham, & Cheese *English Muffin or Croissant* Breakfast Sandwich**<br>***OR***<br>**Cereal**<br>**WITH**<br>Cupped Fruit<br>100% OJ<br>Choice of Milk |
| **16**<br>**Egg & Cheese Croissant**<br>***OR***<br>**Cereal**<br><br>**WITH**<br>Cupped Fruit<br>100% OJ<br>Choice of Milk | **17**<br>**Chicken Biscuit**<br>***OR* Cereal**<br>***OR* Breakfast Bread**<br>*(Banana, Blueberry, or Zucchini)*<br>**WITH**<br>Fresh Fruit<br>100% OJ<br>Choice of Milk | **18**<br>**Maple Pancake Minis**<br>***OR***<br>**Cereal**<br><br>**WITH**<br>Cupped Fruit<br>100% OJ<br>Choice of Milk | **19**<br>**Sausage Biscuit**<br>***OR Cereal***<br>***OR* Chocolate-Chocolate Chip Muffin**<br><br>**WITH**<br>Fresh Fruit<br>100% OJ<br>Choice of Milk | **20**<br>**Cheese Omelet with Toast *or* Tortilla *(HS only: w/ Bacon)***<br>***OR***<br>**Cereal**<br><br>**WITH**<br>Cupped Fruit<br>100% OJ<br>Choice of Milk |
| **23**<br>~ ~ ~ THANKSGIVING BREAK ~ ~ ~ | **24** | **25** | **26** | **27** |
| **30**<br>**Pancake Pup**<br>***OR***<br>**Cereal**<br><br>**WITH**<br>Cupped Fruit<br>100% OJ<br>Choice of Milk | | | ***All menus are subject to change! We do our best to provide our customers with all of our planned options; however, occasionally issues beyond our control prohibit it.*** | Pinellas County Schools<br>FOOD AND NUTRITION<br>ENERGY FOR EDUCATION |

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